

Commonwealth Lists 2014 (as at 23rd July)
(Compiled by Stan Greenberg)

MEN		10.17A	Henricho Bruintjies (RSA)
100m		10.18	Deji Tobais (ENG)
9.82	Richard Thompson (TTO)	10.18	Egwero Ogho-Oghene (NGR)
9.93	Kemarley Brown (JAM)	10.18	Kieran Daly (ENG)
9.96	Chijindu Ujah (ENG)	Windy	
9.96	Kim Collins (SKN)	9.74	Richard Thompson (TTO)
9.97	Nickel Ashmeade (JAM)	9.89	Nesta Carter (JAM)
9.98	Nesta Carter (JAM)	9.90	Senoj Givans (JAM)
9.98A	Simon Magakwe (RSA)	9.90	Adam Harris (GUY)
10.00	Keston Bledman (TTO)	9.95	Nickel Ashmeade (JAM)
10.01	Antoine Adams SKN)	9.95	Kemar Bailey-Cole (JAM)
10.02	Yohan Blake (JAM)	10.03	Andre de Grasse (CAN)
10.02A	Akani Simbine (RSA)	10.03	Adrian Griffith (BAH)
10.03	Gerald Phiri (ZAM)	10.06	Dwain Chambers (ENG)
10.03	Julian Forte (JAM)	10.06	Kemar Hyman (CAY)
10.03	James Dasaolu (ENG)	10.07	Emmanuel Callender (TTO)
10.03	Kemar Bailey-Cole (JAM)	10.11	Brijesh Lawrence (SKN)
10.04	Jason Rogers (SKN)	10.12	Odean Skeen (JAM)
10.04	Adam Gemili (ENG)	10.14	Jevaughn Minzie (JAM)
10.05	Darrel Brown (TTO)	10.14A	Isaac Makwala (BOT)
10.05	Jason Livermore (JAM)		
10.06	Ramon Gittens (BAR)	200m	
10.07	Aaron Brown (CAN)	19.82	Warren Weir (JAM)
10.08	Harry Aikines-Aryeetey (ENG)	19.95	Nickel Ashmeade (JAM)
10.09	Rondell Sorrillo (TTO)	19.96	Isaac Makwala (BOT)
10.09	Andrew Fisher (JAM)	20.04	Rasheed Dwyer (JAM)
10.10	Senoj Givans (JAM)	20.08	Antoine Adams (SKN)
10.11	Shavez Hart (BAH)	20.16	Aaron Brown (CAN)
10.12	Zharnel Hughes (AIA)	20.17	Carvin Nkanata (KEN)
10.12	Richard Kilty (ENG)	20.19	Wayde van Niekerk (RSA)
10.12	Adam Harris (GUY)	20.20	Adam Gemili (ENG)
10.12	Kimhari Roach (JAM)	20.22	Rondell Sorrillo (TTO)
10.12	Mark Jelks (NGR)	20.25	Jason Livermore (JAM)
10.12	Dwain Chambers (ENG)	20.29	Jermaine Brown (JAM)
10.13	James Ellington (ENG)	20.32	Zharnel Hughes (AIA)
10.13	Jared Connaughton (CAN)	20.34	Brijesh Lawrence (SKN)
10.13	Mosito Lehata (LES)	20.35	Shavez Hart (BAH)
10.14	Adrian Griffith (BAH)	20.36	Dan Talbot (ENG)
10.14	Odean Skeen JAM)	20.37	Jevaughn Minzie (JAM)
10.14	Dan Talbot (ENG)	20.38	Kemarley Brown (JAM)
10.14	Sean Safo-Antwi (ENG)	20.38	Andre de Grasse (CAN)
10.14	Oshane Bailey (JAM)	20.38	Lalonde Gordon (TTO)
10.14	Warren Fraser (BAH)	20.39	Renny Quow (TTO)
10.15	Andre de Grasse (CAN)	20.41	Brendon Rodney (CAN)
10.15	Daniel Bailey(ANT)	20.41	Edino Steele (JAM)
10.15	Kemar Hyman (CAY)	20.41A	Ncincihli Titi (RSA)
10.15	Asafa Powell (JAM)	20.41A	Akani Simbine (RSA)
10.16	Jevaughn Minzie (JAM)	20.44	James Ellington (ENG)
10.16	Brijesh Lawrence (SKN)	20.44	Ramon Gittens (BAR)
10.17	Winston Barnes (JAM)	20.44	Mosito Lehata (LES)

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20.45	Gavin Smellie (CAN)	400m	
20.47	Trevorvano Mackey (BAH)	43.74	Kirani James (GRN)
20.48	Sheldon Mitchell (JAM)	44.01	Isaac Makwala (BOT)
20.48	Yohan Blake (JAM)	44.36	Deon Lendore (TTO)
20.49	Julian Forte (JAM)	44.38	Wayde van Niekerk (RSA)
20.50	Michael O'Hara (JAM)	44.59	Chris Brown (BAH)
20.50	Michael Mathieu (BAH)	44.91	Lalonde Gordon (TTO)
20.51	Segun Makinde (CAN)	44.97	LaToy Williams (BAH)
20.52A	Simon Magakwe (RSA)(20.56)	44.97	Matthew Hudson-Smith (ENG)
20.53	Omar Johnson (JAM)	44.98	Jarrin Solomon (TTO)
20.54	Nesta Carter (JAM)	45.00	Javon Francis (JAM)
20.54	Adrian Griffith (BAH)	45.00	Akheem Gauntlett (JAM)
20.57	Martin Manley (JAM)	45.03	Martyn Rooney (ENG)
20.57	Teray Smith (BAH)	45.04A	Pako Scribe (BOT)(45.21)
20.57	Chris Clarke (ENG)	45.08	Rennie Quow (TTO)
20.58	Javon Francis (JAM)	45.11	Michael Mathieu (BAH)
20.58	Jereem Richards (TTO)	45.13	Michael Bingham (ENG)
20.59	Jarrod Geddes (AUS)	45.18	Bralon Taplin (GRN)
20.59	Ramon Miller (BAH)	45.2A	Boniface Mucheru (K)(45.43A)
20.59	Andrew Hinds (BAR)	45.21	Ramon Miller (BAH)
20.59	Joel Redhead (GRN)	45.23	Machel Cedenio (TTO)
20.59	Daniel Bailey (ANT)	45.25	Rusheen McDonald (JAM)
20.59	Kyle Greaux (TTO)	45.30	Demetrius Pinder (BAH)
20.63	Kirani James (GRN)	45.36	Steve Solomon (AUS)
20.64	Delano Williams (ENG)	45.41	Rabah Yousif (ENG)
20.64A	Roscoe Engel (RSA)	45.42	Omar Johnson (JAM)
20.66	Steven Gardiner (BAH)	45.43	Hugh Graham (JAM)
20.66	Hendrico Bruintjies (RSA)	45.44	Edino Steele (JAM)
20.67	Levi Cadogan (BAR)	45.46	Conrad Williams
20.67	Senoj Givans (JAM)	45.48	Savior Kombe (ZAM)
20.68	Everton Clarke (JAM)	45.55	Daundre Barnaby (CAN)
Windy		45.56	Nijel Amos (BOT)
20.02	Aaron Brown (CAN)	45.57	Winston George (GUY)
20.19	Leastrod Roland (SKN)	45.59	Demetrius Pinder (BAH)
20.23	Chris Clarke (ENG)	45.62	Chumaine Fitten (JAM)
20.28	Senoj Givans (JAM)	45.66	Carlyle Roudette (TTO)
20.29	Kemarley Brown (JAM)	45.66A	Shaun de Jager (RSA)(45.74)
20.33	Gavin Smellie (CAN)	45.68	Nigel Levine (ENG)
20.46	Michael Mathieu (BAH)	45.69	Emmanuel Tugumisirize(UGA)
20.49	Akheem Gauntlett (JAM)	45.70	Dane Hyatt (JAM)
20.50	Sam Watts (ENG)	45.70	Allodin Fothergill (JAM)
20.51	Thomas Somers (ENG)	45.73	Andrew Steele (ENG)
20.54	Harry Aikines-Aryeetey (ENG)	45.85	Daniel Awde (ENG)
indoors			
20.68	Deon Lendore (TTO)		

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800m

1:42.45 Nijel Amos (BOT)
 1:42.84 Ferguson Cheruiyot (KEN)
 1:42.98 David Rudisha (KEN)
 1:43.34 Asbel Kiprop (KEN)
 1:43.65 Tomothy Kitum (KEN)
 1:44.2A Alfred Kipketer(KEN)(1:45.67A)
 1:44.40 Alex Rowe (AUS)
 1:44.42 Andre Olivier (RSA)
 1:44.6A Job Kinyor (KEN)(1:44.70)
 1:44.69 Robert Biwott (KEN)
 1:44.72 Anthony Chemut (KEN)
 1:44.85 Jeremiah Mutai (KEN)
 1:45.27 Ronald Musagala (UGA)
 1:45.3A Sammy Kirongo(KEN)(1:45.38)
 1:45.35 Brandon McBride (CAN)
 1:45.37 Eliud Rutto (KEN)
 1:45.37 Andrew Osagie (ENG)
 1:45.50A Evans Kipkorir (KEN)
 1:45.5A Edward Kemboi (KEN)(1:46.14)
 1:45.7A Nicholas Kipkoech (KEN)
 1:45.73A Cornelius Kiplangat (KEN)
 1:45.81 Joshua Ralph (AUS)
 1:45.81 Jeff Riseley (AUS)
 1:45.85A Joshua Masikonde (KEN)
 1:45.87 Edwin Melly (KEN)
 1:45.89 Michael Rimmer (ENG)
 1:45.92A Timothy Cheruiyot (KEN)
 1:46.09 Felix Kitur (KEN)
 1:46.13 Abraham Kiplagat (KEN)
 1:46.27 Ryan Gregson (AUS)
 1:46.3A Patrick Rono (KEN)(1:46.46)
 1:46.39 Kaffri Neal (CAN)
 1:46.55 Reuben Bett (KEN)
 1:46.56 Mukhtar Mohammed (ENG)
 1:46.68A Ryhardt van Rensburg (RSA)
 1:46.7A Isaac Kipkosgei (KEN)
 1:46.77 David Mutua (KEN)
 1:46.77 Jordan Williamsz (AUS)
 1:46.80 Anthony Romaniw (CAN)
 1:46.8A Andrew Kiptoo (KEN)
 1:46.85 Guy Learmonth (SCO)
 1:46.94 Leonard Kosencha (KEN)

indoors

1:45.22 Andrew Osagie (ENG)
 1:45.98 Edward Kemboi (KEN)
 1:46.30 Abraham Rotich (?KEN)

1500m

3:27.64 Silas Kiplagat (KEN)
 3:28.45 Asbel Kiprop (KEN)
 3:28.81 Ronald Kwemoi (KEN)
 3:29.91 Nick Willis (NZL)
 3:30.61 James Magut (KEN)
 3:31.22 Bethwell Birgen (KEN)
 3:32.29 Collins Cheboi (KEN)
 3:33.31 Johan Cronje (RSA)
 3:34.09 Vincent Kibet (KEN)
 3:34.64 Nixon Chepseba (KEN)
 3:35.0A Elijah Mwanangoi (KEN)
 3:35.06 Chris O'Hare (SCO)
 3:35.49 Jake Wightman (SCO)
 3:35.5A Augustine Choge (KEN)
 3:35.59 Charlie Grice (ENG)
 3:35.63 Vincent Mutai (KEN)
 3:35.8A Caleb Mwangangi Ndiku (KEN)
 3:35.81 Elijah Kipchirchir Kiptoo (KEN)
 3:36.17 Ryan Gregson (AUS)
 3:36.21 Hillary Maiyo (KEN)
 3:36.21 Abednego Chesebe (KEN)
 3:36.34 Lawi Lalang (KEN)
 3:36.50 Edward Cheserek (KEN)

Mile

3:47.88 Silas Kiplagat (KEN)
 3:49.43 James Magut (KEN)
 3:49.56 Collins Cheboi (KEN)
 3:49.83 Nick Willis (NZL)
 3:50.26 Asbel Kiprop (KEN)
 3:50.70 Johan Cronje (RSA)
 3:51.12 Bethwell Birgen (KEN)
 3:53.72 Zane Robertson (NZL)
 3:53.85 Ryan Gregson (AUS)
 3:54.92 Collis Birmingham (AUS)

Indoors

3:52.88 Lawi Lalang (KEN)
 3:54.30 Lee Emanuel (ENG)
 3:54.32 Nathan Brannen (CAN)
 3:54.66 Chris O'Hare (SCO)

3000m

7:31.66 Caleb Mwangangi Ndiku (KEN)
 7:36.91 Nick Willis (NZL)
 7:38.97 John Kipkoech (KEN)
 7:39.63 Jonathan Ndiku (KEN)
 7:41.27 Cornelius Kangogo (KEN)
 7:41.37 Zane Robertson (NZL)

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7:41.57	Augustine Choge (KEN)	13:22.08	Hiram Ngatia (KEN)
7:41.79	Joseph Kiplimo (KEN)	13:22.27	Tom Farrell (ENG)
7:42.89	Collis Birmingham (AUS)	13:22.75	David Bett (KEN)
7:44.14	Phillip Kipyeko (UGA)	13:23.42	Mo Farah (ENG)
7:44.20	Elroy Gelant (RSA)	13:23.89	David Njuguna (KEN)
7:45.82	Moses Kipsiro (UGA)	13:23.94	Patrick Mutonga (KEN)
7:45.95	Eric Tirop (KEN)	13:23.97	Zane Robertson (NZL)
7:47.04	Thomas Longosiwa (KEN)	13:24.74	Leonard Korir (KEN)
7:47.71	Geoffrey Barusei (KEN)	13:25.56	James Macharia (KEN)
7:48.12	Abdallah Kibet Mande (UGA)	13:25.68	Ben St Lawrence (AUS)
7:48.59	Edwin Soi (KEN)	13:26.44+	Stephen Sambu (KEN)
Indoors		13:26.53	Elroy Gelant (RSA)
7:37.17	Bethwell Birgen (KEN)	13:26.98	Kennedy Kithuka (KEN)
7:37.22	Paul Koech (KEN)	13:27.13	William Malel Sitonik (KEN)
7:39.14	Isiah Koech (KEN)	13:27.27	James Wilkinson (ENG)
7:39.55	Elroy Gelant (RSA)	13:28.02	Mohd Ahmed (CAN)
7:41.59	Cam Levins (CAN)	13:28.13	David McNeill (AUS)
7:44.78	Edwin Soi (KEN)	13:28.36	Matt Hughes (CAN)
7:45.12	Lee Emanuel (ENG)	13:28.60	Kareem Thuku (KEN)
7:45.21	Sam Chelanga (KEN)	13:28.61	Joseph Kamathi (KEN)
7:45.49	Andy Vernon (ENG)	13:29.06	Isiah Koech (KEN)
7:46.73	Jonathan Mellor (ENG)	13:29.54	Phillip Kipyeko (UGA)
7:47.54	Tom Farrell (ENG)	indoors	
		13:04.35	Sam Chelanga (KEN)
5000m		10,000m	
12:59.82	Edwin Soi (KEN)	26:49.41	Paul Tanui (KEN)
13:00.53	Paul Tanui (KEN)	26:52.36	Bidan Karoki (KEN)
13:01.71	Caleb Mwangangi Ndiku (KEN)	26:54.61	Stephen Sambu (KEN)
13:01.74	Thomas Longosiwa (KEN)	27:21.61	Emmanuel Kipkemei Bett(KEN)
13:03.85	Lawi Lalang (KEN)	27:23.66	James Mwangi (KEN)
13:06.71	Augustine Choge (KEN)	27:25.56	William Malel Sitonik (KEN)
13:07.55	Isiah Koech (KEN)	27:26.92	Edward Waweru (KEN)
13:08.23	John Kipkoech (KEN)	27:28.27	Kareem Thuku (KEN)
13:11.14	Cornelius Kangogo (KEN)	27:30.94	Kenneth Kipkemoi (KEN)
13:11.50	Andy Vernon (ENG)	27:36.00	Cam Levins (CAN)
13:12.72	Wilfrid Kimitei (KEN)	27:36.79	Shadrack Kipchirchir(KEN)
13:12.94	Jonathan Ndiku (KEN)	27:41.77	Kennedy Kithuka (KEN)
13:13.16	Kenneth Kipkemoi (KN)	27:43.27	Timothy Toroitich (UGA)
13:14.64	Bernard Kimani (KEN)	27:46.38	Patrick Mwaka (KEN)
13:14.91	Emmanuel Bett(KEN)	27:56.26	Joshua Cheptegei (UGA)
13:15.25	Bidan Karoki(KEN)	27:59.74	Sam Chelanga (KEN)
13:15.38	Cam Levins (CAN)	28:00.33	Enock Omwamba (KEN)
13:16.06	James Mwangi (KEN)	28:01.09	Macheria Ndirangu (KEN)
13:16.42	Vincent Rono (KEN)	28:01.54	Daniel Gitau (KEN)
13:18.57	Collis Birmingham (AUS)	28:01.85	Leonard Korir (KEN)
13:18.71	Edward Cheserek (KEN)	28:02.87	Johana Maina (KEN)
13:19.26	Moses Mukono (KEN)	28:03.21	Wilson Kiprono Too (KEN)
13:20.33	Nick Willis (NZL)	28:03.40	Joseph Kamathi (KEN)
13:21.44	Leonard Barsoton (KEN)	28:03.45	Lewis Korir (KEN)
13:21.53	Ronald Kwemoi (KEN)		

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28:03.51	Aron Rono (KEN)	8:22.76	James Wilkinson (ENG)
28:06.2A	Josphat Bett (KEN)	8:24.10A	Barnabas Kipyegon (KEN)
28:06.5A	Peter Kirui (KEN)	8:24.45	Nelson Kipkogei (KEN)
28:07.5A	Charles Bore (KEN)	8:26.05	Benjamin Kiplagat (UGA)
28:08.5A	Peter Mwololo (KEN)	8:27.0A	Joash Kiplimo (KEN)
28:10.0A	Hosea Macharinyang (KEN)	8:27.81	Taylor Milne (CAN)
		8:28.17	Chris Winter (CAN)
Marathon		8:28.83	Nicholas Bett (KEN)
2:04:29	Wilson Kipsang (KEN)	8:29.28A	Dominic Kiptarus (KEN)
2:04:55	Stanley Biwott (KEN)	8:30.54	Anthony Rotich (KEN)
2:05:00	Eliud Kipchoge (KEN)	8:34.64	James Nipperess (AUS)
2:05:42	Dickson Chumba (KEN)	8:34.71	Alex Genest (CAN)
2:06:08	Bernard Koech (KEN)		
2:06:24	Stephen Chemlany (KEN)	110mH	
2:06:30	Sammy Kitwara (KEN)	12.94	Hansle Parchment (JAM)
2:06:44	Gilbert Kirwa (KEN)	13.19	Andrew Riley (JAM)
2:06:58	Michael Kipyego (KEN)	13.20	Wayne Davis II (TTO)
2:07:01	Eric Ndiema (KEN)	13.21	William Sharman (ENG)
2:07:05	Peter Some (KEN)	13.24	Shane Brathwaite (BAR)
2:07:08	Philemon Rono (KEN)	13.35	Greggmar Swift (BAR)
2:07:18	Nixson Kurgat (KEN)	13.37	Ryan Brathwaite (BAR)
2:07:37	Geoffrey Kipsang (KEN)	13.41	Lawrence Clarke (ENG)
2:07:37	James Kwambai (KEN)	13.42	Mikel Thomas (TTO)
2:07:43	Elijah Kemboi (KEN)	13.44	Omar McLeod (JAM)
2:07:53	Jacob Kendagor (KEN)	13.47	Andy Turner (ENG)
2:07:58	Bernard Kipyego (KEN)	13.52	Damian Warner (CAN)
Non-Kenyans		13.54	Alex Al-Ameen (NGR)
2:08:21	Mo Farah (ENG)	13.56	Tyrone Akins (NGR)
2:09:23	Abraham Kiplimo (UGA)	13.57	Deuce Carter (JAM)
2:10:21	Benedict Moeng (RSA)	13.61	David Omoregie (WAL)
		13.62A	Ruan de Vries (RSA)
3000mSt		13.64	Richard Phillips (JAM)
8:02.37	Jairus Birech (KEN)	13.64	Durell Busby (TTO)
8:04.12	Ezekiel Kemboi (KEN)	13.65	Nicholas Hough (AUS)
8:04.64	Brimin Kipruto (KEN)	13.65	Milan Trajkovic (CYP)
8:05.47	Paul Koech (KEN)	13.69	Sam Baines (AUS)
8:09.07	Hillary Yego (KEN)	13.69	Ronald Forbes (CAY)
8:09.81	Conseslus Kipruto (KEN)	Windy	
8:10.72	Jonathan Ndiku (KEN)	13.18	William Sharman (ENG)
8:11.86	Gilbert Kirui (KEN)	13.38	Mikel Thomas (TTO)
8:12.81	Matt Hughes (CAN)	13.59	Ben Reynolds (NIR)
8:15.01	Bernard Nganga (KEN)		
8:15.83	Abel Mutai (KEN)	400mH	
8:16.96	Clement Kemboi (KEN)	48.42	Cornel Fredericks (RSA)
8:19.90	Lawrence Kemboi (KEN)	48.48	Roxroy Cato (JAM)
8:19.99	John Koech (?KEN)	48.58	Annsert Whyte (JAM)
8:20.01	Haron Lagat (KEN)	48.80	Niall Flannery (ENG)
8:20.84	Jacob Araptany (UGA)	48.95	Jeffrey Gibson (BAH)
8:22.26	Hillary Kemboi (KEN)	48.95	Rhys Williams (WAL)
8:22.46A	Titus Kipyego (KEN)	48.96A	LJ van Zyl (RSA)(48.97)

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49.00	Leford Green (JAM)	3:06.58	Scotland
49.25A	Boniface Mucheru (KEN)		
49.29	Jehue Gordon (TT0)	High Jump	
49.39	Amaechi Morton (NGR)	2.40	Derek Drouin (CAN)
49.46	Rick Yates (ENG)	2.29	Tom Parsons (ENG)
49.49	Jaheel Hyde (JAM)	2.28	Michael Mason (CAN)
49.51	Seb Rodger (ENG)	2.28	Fernan Djoumessi (CMR)
49.52	Ian Dewhurst (AUS)	2.28	Ryan Ingraham (BAH)
49.54	Wouter de Roux (RSA)	2.28	Ray Bobrownicki (SCO)
49.54	Josef Robertson (JAM)	2.28A	Kabelo Kgosiemang (BOT)(2.26)
49.56A	Kurt Couto (MOZ)	2.27	Chris Baker (ENG)
49.57	Emanuel Mayers (TTO)	2.25	Trevor Barry (BAH)
49.66	Tom Burton (ENG)	2.25	Brandon Starc (AUS)
49.72	Mike Cochrane (NZL)	2.25	Allan Smith (SCO)
49.75A	Nicholas Bett (KEN)	2.25	Donald Thomas (BAH)
49.85	Tristan Thomas (AUS)	2.25	David Smith (SCO)
49.89	Isa Phillips (JAM)	indoors	
49.89	Dai Greene (WAL)	2.33	Donald Thomas (BAH)
49.94	Demar Murray (JAM)	2.30	Michael Mason (CAN)
50.16	Cameron French (NZL)	2.30	Tom Parsons (ENG)
50.22	Ben Sumner (ENG)	2.28	Chris Baker (ENG)
50.29A	Le Roux Hamman (RSA)	2.27	Robbie Grabarz (ENG)
4x100m		Pole Vault	
37.71	Jamaica	5.70	Steve Lewis (ENG)
37.93	England	5.65	Shawn Barber (CAN)
38.04	Trinidad & Tobago	5.62	Max Eaves (ENG)
38.55	Canada	5.60	Jax Thoires (SCO)
38.76	St Kitts/Nevis	5.60	Luke Cutts (ENG)
39.21	Australia	5.52	Nikandros Stylianou (CYP)
39.27	Barbados	5.50	Jason Wurster (CAN)
39.28	Nigeria	5.45	Gregor Maclean (SCO)
39.50A	South Africa (39.76)	5.41	Joel Pocklington (AUS)
39.76	Cayman Is	5.40	Harry Coppell (ENG)
39.86	Antigua	indoors	
39.93	Singapore	5.83	Luke Cutts (ENG)
40.15	New Zealand	5.75A	Shawn Barber (CAN)
40.30	Wales	5.71	Steve Lewis (ENG)
40.30	Scotland	5.61	Jax Thoires (ENG)
		5.45	Paul Walker (WAL)
4x400m		5.40	Andrew Sutcliffe (ENG)
2:57.59	Bahamas	5.40	Nick Cruchley (ENG)
2:58.34	Trinidad & Tobago	5.40	Daniel Gardner (ENG)
3:00.32	England	5.40A	Cheyne Rahme (RSA)
3:01.17	Jamaica		
3:03.6A	Kenya (3:04.69)		
3:04.48	Nigeria		
3:04.61	Australia		
3:04.67	Canada		
3:05.95	Botswana		

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Long Jump		Triple Jump	
8.51	Greg Rutherford (ENG)	17.17	Arpinder Singh (IND)
8.31A	Zarck Visser (RSA)(8.18)	16.99	Phillips Idowu (ENG)
8.23	Chris Tomlinson (ENG)	16.91	Latario Collie-Minns (BAH)
8.13A	Rushwal Samaai (RSA)(7.89)	16.82	Julian Reid (ENG)
8.10	Henry Frayne (AUS)	16.73	Olu Olamigoke (NGR)
8.10	Damar Forbes (JAM)	16.69	Nathan Fox (ENG)
8.05	J J Jegede (ENG)	16.68A	Godfrey Mokoena(RSA)(16.38)
8.03	Robbie Crowther (AUS)	16.65	Nathan Douglas (ENG)
8.02	Godfrey Mokoena (RSA)	16.61	Kola Adedoyin (ENG)
7.96A	Tera Langat (KEN)	16.60A	Yordanis Duranona (DMA)
7.94	Tim McGuire (AUS)	16.60	Tosin Oke (NGR)
7.93	Samson Idiata (NGR)	16.57A	Roger Haitengi (NAM)
7.93A	Elijah Kimitai (KEN)	16.54	Renjith Maheswary (IND)
7.92	Robert Martey (GHA)	16.52A	Tumelo Thagane (RSA)
7.90	M Vigneshwar (IND)	16.46	Ben Williams (ENG)
7.89	Duwayne Boer (RSA)	16.41	Muhd Ismail (MAS)
7.88	Raymond Higgs (BAH)	16.40A	Elijah Kimitai (KEN)
7.87	Fabrice Lapierre (AUS)	16.38A	Bolpelo Mothlabele (RSA)
7.87	Matthew Burton (ENG)	16.29	Hugo Mamba (CMR)
7.86	Tyrone Smith (BER)	Windy	
7.86	Julian Reid (ENG)	17.21	Tosin Oke (NGR)
7.86A	John Kariuki (KEN)	17.12	Latario Collie-Minns (BAH)
7.84	David Registe (DMA)	16.75	Lathone Collie-Minns (BAH)
7.84	Shamar Rock (BAR)	16.73	Ben Williams (ENG)
7.83	Rolf Pienaar (RSA)	16.37	Alwyn Jones (AUS)
7.82A	Kiplagat Ruto (KEN)	indoors	
7.81	Allan Hamilton (SCO)	16.87	Julian Reid (ENG)
7.80	Angus Gould (AUS)	16.32	Jonathan Reid (JAM)
Wind		16.31	Daniel Lewis (JAM)
8.06	J J Jegede (ENG)		
8.00	Rushwal Samaai (RSA)	Shot	
7.97	Roelf Pienaar (RSA)	21.23	Tom Walsh (NZL)
7.97	Bradley Pickup (ENG)	21.11	O'Dayne Richards (JAM)
7.94	Raymond Higgs (BAH)	20.98	Tim Nedow (CAN)
7.93	Nicholas Gordon (JAM)	20.70	Jacko Gill (NZL)
indoors		20.63	Orazio Cremona (RSA)
7.99	Raymond Higgs (BAH)	20.46	Stephen Mozia (NGR)
7.83	Julian Reid (ENG)	20.35	Ray Brown (JAM)
7.81	Kamal Fuller (JAM)	20.19	Justin Rodhe (CAN)
7.80	Dan Bramble (ENG)	19.86	Jaco Engelbrecht (RSA)
		19.82	Ramone Baker (JAM)
		19.69	Damien Birkinhead (AUS)
		19.54	Ashinia Miller (JAM)
		19.15	Chad Wright (JAM)
		19.02	Om Prakash Singh (IND)
		Indoors	
		21.26	Tom Walsh (NZL)
		20.79	Stephen Mozia (NGR)
		19.07	Om Prakash Singh (IND)

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Discus		67.94	Garth Suppes (CAN)
66.75	Fedrick Dacres (JAM)	67.64	Renaldo Frechou (RSA)
65.94	Benn Harradine (AUS)	67.63	Pradeep Kumar (IND)
65.62	Vikas Gowda (IND)	67.53	Michael Kolokotronis (CYP)
65.01	Julian Wruck (AUS)	67.28	Trey Henderson (CAN)
64.72	Jason Morgan (JAM)	67.23	Matt Denny (AUS)
63.96	Chad Wright (JAM)	67.22	Huw Peacock (AUS)
63.89	Apostolos Parellis (CYP)	67.18	Michael Bomba (ENG)
63.47	Victor Hogan (RSA)	66.90	Adam Keenan (CAN)
63.34	Brett Morse (WAL)	66.62	Dempsey McGuigan (NIR)
62.80	Stephen Mozia (NGR)	66.32	Daniel Nova (CAN)
62.51	Carl Myerscough (ENG)	66.28	Jonathan Edwards (WAL)
61.90	Eldred Henry (IVB)	66.01	Vivek Yadav (IND)
61.77	Orestis Antoniadis (CYP)		
61.48A	Russel Tucker (RSA)(61.05)	Javelin	
61.15	Zane Duquemin (JER)	84.44	Julius Yego (KEN)
59.30	Tom Norman (ENG)	83.94	Keshorn Walcott (TTO)
59.04	Matt Denny (AUS)	82.48	Josh Robinson (AUS)
58.61	Nick Percy (SCO)	82.24	Hamish Peacock (AUS)
58.41	Jan-Louw Kotze (RSA)	79.69	Stuart Farquhar (NZL)
58.25	Marshall Hall (NZL)	79.57A	Robert Oosthuizen (RSA)
57.64A	Dewald van Heerden (RSA)	78.58	Ray Dykstra (CAN)
57.28	Matt Stoppel (AUS)	78.19	Luke Cann (AUS)
56.99	Mitch Cooper (AUS)	78.05	Matthew Outzen (AUS)
56.92	Dillon Simon (DMA)	78.02	Ravinder Singh (IND)
56.90	Greg Thompson (ENG)	77.59A	Rocco van Rooyen (RSA)
56.82	Angus McInroy (SCO)	76.71A	Tobie Holtzhausen (RSA)
56.73	Dharmraj Yadav (IND)	76.61	Lee Doran (WAL)
56.55	Shane Loveridge (AUS)	76.60	Devinder Singh (IND)
56.16	Alan Toward (ENG)	76.20	Caleb Jones (CAN)
56.15A	Orazio Cremona (RSA)	76.15A	Phil-Mar van Rensburg (RSA)
56.04	Mark Plowman (ENG)	76.13	Joe Dunderdale (ENG)
Hammer		Decathlon	
75.27	James Steacy (CAN)	8199pA	Willem Coertzen (RSA)
74.38	Nick Miller (ENG)	8141p	Ashley Bryant (ENG)
73.52	Alex Smith (ENG)	7846p	John Lane (ENG)
73.27	Mark Dry (SCO)	7601p	Jake Stein (AUS)
72.60	Constantinos Stathelakos (CYP)	7572p	Friedrich Pretorius (RSA)
72.58	Chris Bennett (SCO)	7565p	Osman Muskwe (ENG)
71.39	Chris Harmse (RSA)	7537p	Guillaume Thierry (MRI)
71.19	Andy Frost (SCO)	7533p	Liam Ramsay (ENG)
70.37	Kamalpreet Singh (IND)	7517p	Ben Gregory (WAL)
70.07	Amir Williamson (ENG)	7506p	Brent Newdick (NZL)
69.72	James Bedford (ENG)	7496p	Martin Brockman (ENG)
69.53	Tim Driesen (AUS)	7493p	Stephen Cain (AUS)
69.38	Chandrodaya Narayan Singh (IND)	7444p	Ben Hazell (ENG)
69.28	Alexandros Poursanides (CYP)	7408p	James Turner (CAN)
68.49	Adam Keenan (CAN)	7394p	David Guest (WAL)
68.28	Jordan Young (CAN)	7390p	Kyle Cranston (AUS)

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7385p	Patrick Arbour (CAN)	11.14	Dina Asher-Smith (ENG)
7378p	Curtis Matthews (WAL)	11.15	Gloria Asumnu (NGR)
7377p	Richard Reeks (ENG)	11.16	Aleen Bailey (JAM)
7375p	Nicholas Gerrard (NZL)	11.17	Elaine Thompson (JAM)
7341p	David Brock (AUS)	11.17	Bianca Williams (ENG)
		11.17	Carina Horn (RSA)
		11.19	Christania Williams (JAM)
20kmW		11.19	Carrie Russell (JAM)
1:20:13	Evan Dunfee (CAN)	11.19	Asha Philip (ENG)
1:20:18	Inaki Gomez (CAN)	11.20	Jodie Williams (ENG)
1:20:19	Benjamin Thorne (CAN)	11.23	Desiree Henry (ENG)
1:20:27	Dane Bird-Smith (AUS)	11.23	Trisha-Ann Hawthorne (JAM)
1:20:55	Jared Tallent (AUS)	Windy	
1:21:09	Kolothum Thodi Irfan (IND)	10.95	Remona Burchell (JAM)
1:21:20	Gurmeet Singh (IND)	11.03	Dina Asher-Smith (ENG)
1:21:29	Basant Bahadur Rana (IND)	11.04	Desiree Henry (ENG)
1:21:49	Devender Singh (IND)	11.09	Janet Amponsah (GHA)
1:22:19	Chris Erickson (AUS)	11.11	Asha Philip (ENG)
1:22:20	Tom Bosworth (ENG)	11.13	Jodie Williams (ENG)
1:22:41	Krishnan Ganapathi (IND)	11.15	Stephanie Kalu (NGR)
1:23:58	Rhydian Cowley (AUS)	11.15	Ashleigh Nelson (ENG)
1:23:58A	David Kimutai (KEN)	11.16	Reyare Thomas (TTO)
1:23:59	Kuldeep Singh (IND)	11.16	Danielle Williams (JAM)
1:23:59	S Gathimba (KEN)	11.16	Carina Horn (RSA)
1:24:09	Lebogang Shange (RSA)	11.17	Jonielle Smith (JAM)
		11.17	Tahesia Harrigan-Scott (IVB)
50kmW			
3:42:48	Jared Tallent (AUS)	200m	
3:49:33	Chris Erickson (AUS)	22.23	Blessing Okagbare (NGR)
3:50:22	Quentin Rew (NZL)	22.50	Anthonique Strachan (BAH)
3:56:22	Sandeep Singh (IND)	22.53	Shelly-Ann Fraser-Pryce(JAM)
4:02:08	Manish Singh (IND)	22.60	Jodie Williams (ENG)
4:02:19	Marc Mundell (RSA)	22.67	Samantha Henry-Robinson (J)
4:09:17	Surinder Singh (IND)	22.67	Simone Facey (JAM)
		22.72	Anneisha McLaughlin (JAM)
		22.74	Dina Asher-Smith (ENG)
		22.77	Michelle-Lee Ahye (TTO)
WOMEN		22.79	Bianca Williams (ENG)
100m		22.87	Shaunae Miller (BAH)
10.85	Michelle-Lee Ahye (TTO)	22.88	Tynia Gaither (BAH)
10.86	Veronica Campbell-Brown(J)	22.88	Schillonie Calvert (JAM)
10.97	Blessing Okagbare (NGR)	22.89	Katarina Johnson-Thompson(ENG)
11.00	Samantha Henry-Robinson(J)	22.89	Aleen Bailey (JAM)
11.01	Shelly-Ann Fraser-Pryce(JAM)	22.92	Anyika Onuora (ENG)
11.02	Kerron Stewart (JAM)	22.93	Stephanie-Ann McPherson(J)
11.03	Remona Burchell (JAM)	22.94	Veronica Campbell-Brown (J)
11.06	Natasha Morrison (JAM)	22.97	Sheniqua Ferguson (BAH)
11.08	Schillonie Calvert (JAM)	23.02A	Justine Palframan (RSA)
11.09	Simone Facey (JAM)	23.03	Kimberley Hyacinthe (CAN)
11.11	Melissa Breen (AUS)	23.04	Crystal Emmanuel (CAN)

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23.05	Janet Amponsah (GHA)	52.00	Ada Benjamin (NGR)
23.06	Amantle Montsho (BOT)	52.11	Shana Cox (ENG)
23.10	Kai Selvon (TTO)	52.16	Rosemarie Whyte Robin (JAM)
23.16	Jura Levy (JAM)	52.20	Chizoba Okodogbe (NGR)
23.17	Reyare Thomas (TTO)	52.22	Anneisha McLaughlin (JAM)
23.17	Kineke Alexander (VIN)	52.22	Morgan Mitchell (AUS)
23.18	Sally Pearson (AUS)	52.29	Kelly Massey (ENG)
23.19	Jade Bailey (BAR)	52.35	Anneliese Rubie (AUS)
23.19A	Melissa Hewitt (RSA)	52.40	Eilidh Child (SCO)
Windy		52.41	Laniece Clarke (BAH)
22.30	Veronica Campbell-Brown(J)	52.48	Nadia Cummins (BAR)
22.57	Reyare Thomas (TTO)	52.48A	Justine Palframan (RSA)
22.80	Tynia Gaither (JAM)	52.50	Ristananna Tracey (JAM)
22.97	Kineke Alexander (VIN)	52.56	Danielle Dowie (JAM)
23.08	Gayon Evans (JAM)	Indoors	
23.08	Nivea Smith (BAH)	51.63	Shaunae Miller (BAH)
23.09	Aleen Bailey (JAM)	52.69	Margaret Adeoye (ENG)
23.10	Ella Nelson (AUS)		
23.10	Kayelle Clarke (TTO)	800m	
23.11	Kamaria Durant (TTO)	1:57.92	Eunice Sum (KEN)
Indoors		1:58.63	Winnie Nanyondo (UGA)
23.11	Patricia Hall (JAM)	1:58.70	Janeth Jekpsgei (KEN)
		1:59.67	Lynsey Sharp (SCO)
400m		1:59.70	Melissa Bishop (CAN)
50.05	Novlene Williams–Mills (JAM)	1:59.77	Jessica Judd (ENG)
50.16	Christine Day (JAM)	2:00.08	Alison Leonard (NG)
50.37	Amantle Montsho (BOT)	2:00.28	Natoya Goule (JAM)
50.40	Stephanie–Ann McPherson (J)	2:00.32	Jenny Meadows (ENG)
50.8	Kineke Alexander (VIN)(51.23)	2:00.50	Hannah England (ENG)
50.84	Anastasia LeRoy (JAM)	2:00.56	Tintu Luka (IND)
51.00	Kaliese Spencer (JAM)	2:00.59	Angela Smit (NZL)
51.1	Carline Muir (CAN)(52.13)	2:00.6A	Hellen Obiri (KEN)
51.23	Shericka Williams (JAM)	2:00.92	Jessica Smith (CAN)
51.29	Patience Okon George (NGR)	2:00.95	Agatha Jeruto Kimaswai(KEN)
51.30	Regina George (NGR)	2:01.26	Brittany McGowan (AUS)
51.32	Foloshade Abugan (NGR)	2:01.38	Diane Cummins (CAN)
51.32	Shericka Jackson (JAM)	2:01.46	Karine Belleau-Beliveau (CAN)
51.39	Chris–Ann Gordon (JAM)	2:01.50	Jemma Simpson (ENG)
51.49	Janieve Russell (JAM)	2:01.53	Kelly Hetherington (AUS)
51.55	Patricia Hall (JAM)	2:01.57	Marilyn Okoro (ENG)
51.56	Omolara Omotoso (NGR)	2:01.75	Katharine Katsanevakis (AUS)
51.66	Christine Ohuruogu (ENG)	2:01.78	Georgia Wassall (AUS)
51.67	Kabange Munpopo (ZAM)	2:01.85	Sylvia Chesebe (KEN)
51.73	Machettira Poovamma(IND)	2:01.89	Emily Dudgeon (SCO)
51.78	Anyika Onuora (ENG)	2:01.94	Shelayna Oskan-Clarke (ENG)
51.78A	Maureen Maiyo (KEN)	2:01.96	Selma Kajan (AUS)
51.83	Janeil Bellile (TTO)	2:02.01	Adelle Tracey (ENG)
51.86	Shaunae Miller (BAH)	2:02.02	Nicole Sifuentes (CAN)
51.94A	Florence Uwakwe (NGR)	2:02.05	Sushma Devi (IND)
51.95	Emily Diamond (ENG)	2:02.10	Helen Crofts (CAN)

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2:02.13	Hanna Tarver (ENG)	3000m	
2:02.18	Rachel Francois (CAN)	8:20.68	Hellen Obiri (KEN)
2:02.21	Zoe Buckman (AUS)	8:21.14	Mercy Cherono (KEN)
2:02.21	Rachel Aubrey (CAN)	8:23.55	Faith Kipyegon (KEN)
2:02.43	Simoya Campbell (JAM)	8:24.41	Viola Kibiwott (KEN)
2:02.50	Jenna Westaway (CAN)	8:28.51	Irene Jelagat (KEN)
2:02.51	Kimarra McDonald (JAM)	8:40.65	Betsy Saina (KEN)
2:02.58A	Dorcus Ajok (UGA)	8:43.43	Sally Kipyego (KEN)
2:02.61	Samantha Murphy (CAN)	8:47.26	Agnes Tirop (KEN)
2:02.62	Kate van Buskirk (CAN)	8:48.30	Stacy Ndiwa (KEN)
2:02.66	Caster Semenya (RSA)	8:48.90	Julia Bleasdale (ENG)
2:02.73	Nikki Hamblin (NZL)	8:49.94	Purity Rionoripo (KEN)
2:02.78	Katie Kirk (NIR)		
2:02.92	Laura Muir (SCO)	5000m	
2:02.95	Katy Brown (SCO)	14:33.73	Viola Kibiwott (KEN)
indoors		14:43.11	Mercy Cherono (KEN)
2:00.94	Laura Muir (SCO)	14:37.18	Sally Kipyego (KEN)
2:01.89	Jenna Westaway (CAN)	14:39.49	Betsy Saina (KEN)
		14:52.59	Janet Kisa (KEN)
1500m		15:00.19	Agnes Tirop (KEN)
3:57.05	Hellen Obiri (KEN)	15:01.73	Irene Jelagat (KEN)
3:58.01	Faith Kipyegon (KEN)	15:04.87	Jo Pavey (ENG)
4:00.07	Laura Muir (SCO)	15:07.45	Emelia Gorecka (ENG)
4:00.17	Laura Weightman (ENG)	15:11.68	Julia Bleasdale (ENG)
4:01.31	Viola Kibiwott (KEN)	15:13.21	Jessica O'Connell (CAN)
4:01.54	Eunice Sum (KEN)	15:15.14	Stacy Ndiwa (KEN)
4:03.98	Perine Nengampi (KEN)	15:15.80	Selly Chepyego (KEN)
4:04.09	Zoe Buckman (AUS)	15:16.50	Perine Nengampi (KEN)
4:04.83	Irene Jelagat (KEN)	15:17.02	Eloise Wellings (AUS)
4:04.87	Nicole Sifuentes (CAN)	15:17.76	Irene Cheptai (KEN)
4:05.23	Ann Karindi Mwangi (KEN)	15:19.00	Rosemary Wanjiru (KEN)
4:05.27	Hannah England (ENG)	15:19.93	Gladys Chesire (KEN)
4:05.38	Kate van Buskirk (CAN)	15:20.92	Laura Whittle (ENG)
4:07.07	Nikki Hamblin (NZL)	15:22.95	Lucy van Dalen (NZL)
4:07.11	Violah Lagat (KEN)	15:24.40	Helen Clitheroe (ENG)
4:07.37	Jemma Simpson (ENG)	15:27.75	Madeline Heiner (AUS)
4:07.92	Kaila McKnight (AUS)	15:27.90	Kate Avery (ENG)
4:08.58	Mercy Cherono (KEN)	15:29.55	Pauline Kamulu (KEN)
4:08.85A	Sela Jepleting (KEN)	15:29.94	Katie Brough (ENG)
4:08.92	Melissa Duncan (AUS)	15:30.18A	Margaret Muriuki (KEN)
4:09.84A	Stacy Ndiwa (KEN)	15:30.50	Nicole Sifuentes (CAN)
4:10.36	Bridey Delaney (AUS)		
		10,000m	
Mile		30:42.26	Sally Kipyego (KEN)
4:26.90	Melissa Duncan (AUS)	30:57.30	Betsy Saina (KEN)
4:28.08	Kate van Buskirk (CAN)	31:28.07	Selly Chepyego (KEN)
4:29.43	Violah Lagat (KEN)	31:42.02	Julia Bleasdale (ENG)
Indoors		31:45.24	Dorica Obare (KEN)
4:28.97	Nicole Sifuentes (CAN)	31:48.6A	Florence Kiplagat (KEN)
		32:11.04	Jo Pavey (ENG)

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32:17.05	Elinor Kirk (WAL)	3000mSt	
32:22.14	Grace Kimanzi (KEN)	9:21.91	Milcah Chemos (KEN)
32:29.61	Lanni Marchant (CAN)	9:22.58	Hyvin Jepkemoi (KEN)
32:33.1A	Joyce Chepkirui (KEN)	9:23.43	Purity Kirui (KEN)
32:39.36	Sonia Samuels (ENG)	9:24.07	Lydia Chepkurui (KEN)
32:40.22	Elvin Kibet (KEN)	9:33.19	Genevieve LaCaze (AUS)
32:42.11	Kate Avery (ENG)	9:33.45	Jessica Furland (CAN)
32:43.14	Natasha Labeaud (CAN)	9:36.61	Madeleine Heiner (AUS)
32:45.69	Beth Potter (SCO)	9:41.02	Fancy Cherotich (KEN)
32:46.0A	Emily Chebet (KEN)	9:42.01	Victoria Mitchell (AUS)
32:46.68	Susan Wairimu (KEN)	9:42.88	Gladys Kipkemboi (KEN)
32:50.37A	Lucy Kabuu (KEN)	9:43.25A	Rosaline Chepngetich (KEN)
32:51.26	Lily Partridge (ENG)	9:44.00A	Nancy Rotich (UGA)
32:56.90	Hannah Walker (ENG)	9:44.69	Eilish McColgan (SCO)
		9:45.42	Chantelle Groenewoud (CAN)
Marathon		9:46.4A	Agnes Chesang (KEN)
2:18:57dh	Rita Jeptoo (KEN)	9:48.17	Lennie Waite (SCO)
2:20:21	Edna Kiplagat (KEN)	9:52.2	Nancy Kimaiyo (KEN)
2:20:24	Florence Kiplagat (KEN)	9:52.94	Kerry O'Flaherty (NIR)
2:20:41dh	Jemima Jelagat (KEN)	9:52.97	Magdalene Masai (KEN)
2:22:44	Flomina Cheyech (KEN)	9:53.02A	Daisy Jepkemoi (KEN)
2:23:00dh	Sharon Cherop (KEN)	9:53.15	Kate Spencer (AUS)
2:23:22dh	Philes Ongori (KEN)	9:53.96	Genevieve Lalonde (CAN)
2:24:16	Lucy Kabuu (KEN)	9:54.24	Pippa Woolven (ENG)
2:24:35	Caroline Rotich (KEN)	9:54.57	Rachael Bamford (ENG)
2:26:03	Janet Rono (KEN)	9:56.98	Rosa Flanagan (NZL)
2:26:48	Georgina Rono (KEN)	9:58.56	Julie-Ann Staehli (CAN)
2:27:29	Helah Kiprop (KEN)	10:00.74	Sarah Benson (SCO)
2:27:51	Agnes Kiprop (KEN)	10:01.71A	Norah Tanui (KEN)
2:27:57	Winnie Jepkorir (KEN)	10:02.0A	Elizabeth Mueni (KEN)
2:28:27	Helaria Johannes (NAM)	10:02.18	Virginia Nyambura (KEN)
2:28:40	Visiline Jepkesho (KEN)	10:02.62	Maria Bernard (CAN)
2:29:18	Caroline Chepkwony (KEN)		
2:29:53	Gladys Kipsoi (KEN)	100mH	
2:30:34dh	Lanni Marchant (CAN)	12.59	Sally Pearson (AUS)
2:30:37	Agnes Barsosio (KEN)	12.65	Tiffany Porter (ENG)
2:30:50	Emily Ngetich (KEN)	12.89	Angela Whyte (CAN)
2:31:00	Beata Naigambo (NAM)	12.94	Monique Morgan (JAM)
2:31:20	Jane Jepkogei Kiptoo (KEN)	12.95	Shermaine Williams (JAM)
2:31:23	Jessica Trengove (AUS)	12.98	Indira Spence (JAM)
2:31:34	Helena Kirop (KEN)	12.98	Kierre Beckles (BAR)
2:31:39	Ruth Wanjiru (KEN)	12.99	Danielle Williams (JAM)
2:31:42	Mercy Kibarus (KEN)	13.00	Brianne Theisen-Eaton (CAN)
2:31:59	Faith Chemaoui (KEN)	13.01	Samantha Scarlett (JAM)
		13.05	Samantha Elliott (JAM)
		13.06	Nickiesha Wilson (JAM)
		13.07	Danielle Thomas (JAM)
		13.07	Megan Simmonds (JAM)
		13.08	Phylicia George (CAN)
		13.12	Kimberley Laing (JAM)

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13.15	Shannon McCann (AUS)	4x100m	
13.15	Andrea Bliss (JAM)	42.28	Jamaica
13.16	Latoya Greaves (JAM)	42.59	Trinidad & Tobago
13.16	Jessica Zelinka (CAN)	42.67	Nigeria
13.17A	Rikenette Steenkamp (RSA)	42.74	England(Great Britain)
13.20	Chanice Chase (CAN)	43.33	Canada
13.20	Lucy Hatton (ENG)	43.46	Bahamas
13.21	Nichole Denby (NGR)	44.36	Australia
13.22	Hayley Warren (CAN)	44.53	British Virgin Is (IVB)
13.22	Serita Solomon (ENG)	44.66	Wales
13.23	Michelle Jenneke (AUS)	45.11	Cyprus
13.23	Natasha Ruddock (JAM)	46.55	Scotland
13.24	Sade-Mariah Greenidge (BAR)	47.88	Papua/New Guinea
13.25	Keisha Wallace (JAM)		
13.27	Sirena Williams (JAM)	4x400m	
13.29A	Josanne Lucas (TTO)	3:23.26	Jamaica
Windy		3:23.41	Nigeria
12.99	Kimberley Laing (JAM)	3:27.30	Great Britain(mixed)
13.09	Jessica Zelinka (CAN)	3:30.91	Trinidad & Tobago
13.16	Nichole Denby (NGR)	3:30.92	Australia
13.17	Sade-Mariah Greenidge (BAR)	3:31.71	Bahamas
13.17	Hayley Warren (CAN)	3:32.58	Canada
		3:35.36A	Kenya
400mH		3:35.89	Scotland
53.41	Kaliese Spencer (JAM)	3:37.26	Botswana
54.39	Eilidh Child (SCO)	indoors	
54.75	Janeive Russell (JAM)	3:33.49	England
54.82	Wenda Nel (RSA)	3:35.27	Scotland
55.12	Ristananna Tracey (JAM)	3:35.60	New Zealand
55.18	Nikita Tracey (JAM)		
55.22	Nickeisha Wilson (JAM)	High Jump	
55.41	Janeil Bellile (TTO)	1.96	Levern Spencer (LCA)
55.55	Meghan Beesley (ENG)	1.94	Eleanor Patterson (AUS)
55.56	Shevon Stoddart (JAM)	1.94	Morgan Lake (ENG)
55.69	Lauren (Boden) Wells (AUS)	1.92	Leontia Kallenou (CYP)
56.27	Chanice Chase (CAN)	1.91	Nicole Oudenaarden (CAN)
56.41	Rushell Clayton (JAM)	1.91	Isobel Pooley (ENG)
56.43	Hayley McLean (ENG)	1.91	Jeannelle Scheper (LCA)
56.47	Noelle Montcalm (CAN)	1.90	Katarina Johnson-Thompson(ENG)
56.56	Anneri Ebersohn (RSA)	1.89	Sarah Cowley (NZL)
56.62	Danielle Dowie (JAM)	1.89	Sahana Kumari (IND)
56.63	Samantha Elliott (JAM)	1.89	Alyx Treasure (CAN)
56.67	Ese Okoro (ENG)	1.89	Hannah Joye (AUS)
56.77	Amaka Ogoebune (NGR)	1.88	Kimberly Williamson (JAM)
56.79	Shona Richards (ENG)	1.87	Amy Pejkovic (AUS)
56.86	Jen Cotton (CAN)	1.87	Brianne Theisen-Eaton(CAN)
56.97	Christine McMahon (NIR)	1.87	Jillian Drouin (CAN)
57.11	Lyndsay Pekin (AUS)	1.86	Nicola McDermott (AUS)
57.17	Laura Wake (ENG)	1.86	Zoe Timmers (AUS)
57.30	Jess Gulli (AUS)		

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indoors		indoors	
1.96	Katarina Johnson-Thompson(ENG)	6.73A	Lorraine Ugen (ENG)(6.59)
1.88	Emma Nuttall (SCO)	6.45	Chantel Malone (IVB)
1.87	Saniel Atkinson-Grier (JAM)		
1.87	Jayne Nisbet (SCO)	Triple Jump	
1.87	Akela Jones (BAR)	14.59	Kimberley Williams (JAM)
		14.00	Shanieka Thomas (JAM)
PoleVault		13.93	Linda Leverton (AUS)
4.65	Alana Boyd (AUS)	13.86	Ayanna Alexander (TTO)
4.45	Zoe Brown (NIR)	13.85	Yamile Aldama (ENG)
4.41	Alysha Newman (CAN)	13.72	Mayookha Johnny (IND)
4.40	Liz Parnov (AUS)	13.59	Blessing Ibrahim (NGR)
4.40	Eliza McCartney (NZL)	13.58	Laura Samuel (ENG)
4.40	Sally Peake (WAL)	13.55	Nneka Okpala (NZL)
4.35	Lucy Bryan (ENG)	13.51	Tamara Moncrieffe (JAM)
4.30	Vicky Parnov (AUS)	Windy	
4.30	Henrietta Paxton (SCO)	14.05	Yamile Aldama (ENG)
4.30	Nina Kennedy (AUS)		
4.25	Emma Philippe (AUS)	Shot	
4.15	Leanna Carriere (CAN)	20.46	Valerie Adams
4.15	Sally Scott (ENG)	19.10	Cleopatra Borel (TTO)
indoors		17.45	Julie Labonte (CAN)
4.73	Holly Bleasdale (ENG)	17.15	Annie Alexander (TTO)
4.25	Heather Hamilton (CAN)	17.07	Eden Francis (ENG)
4.15	Robin Bone (CAN)	17.05	Dani Samuels (AUS)
4.15	Gabriella Duclos-Lasnier (CAN)	16.82	Danniel Thomas (JAM)
		16.76	Rachel Wallader (ENG)
Long Jump		16.48	Taryn Suttie (CAN)
6.92	Katarina Johnson-Thompson (ENG)	16.47	Sophie McKinna (ENG)
6.86	Blessing Okagbare (NGR)	16.40	Chelsea Whalen (CAN)
6.82	Shara Proctor (ENG)	16.38	Chinwe Okoro (NGR)
6.73	Christabel Nettey (CAN)	16.34	Brittany Crew (CAN)
6.70	Brooke Stratton (AUS)	16.11	Candicea Bernard (JAM)
6.68	Ese Brume (NGR)	16.09	Kirsty Yates (SCO)
6.65	Bianca Stuart (BAH)	16.07	Lezaan Jordan (RSA)
6.62	Margaret Gayen (AUS)	16.01	Florentia Kappa (CYP)
6.59	Brianne Theisen-Eaton (CAN)	indoors	
6.56	Mayookha Johnny (IND)	20.67	Valerie Adams (NZL)
6.55	Akela Jones (BAR)	16.97	Danniel Thomas (JAM)
6.54	Jessica Penney (AUS)	16.01	Kellion Knibb (JAM)
6.53	Chanice Porter (JAM)		
6.49	Jazmin Sawyers (ENG)	Discus	
6.48	Rochelle Farquharson (JAM)	67.99	Dani Samuels (AUS)
6.47A	Carla Marais (RSA)	61.34	Kellion Knibb (JAM)
6.46	Arantxa King (BER)	59.72	Seema Antil (IND)
6.45	Claudette Allen (JAM)	59.65	Siositina Hakeai (NZL)
6.45A	Lynique Prinsloo (RSA)	59.38	Danniel Thomas (JAM)
Windy		59.17	Krishna Poonia (IND)
6.64	Abigail Irozuru (ENG)	58.25	Jade Lally (ENG)
		57.83	Chinwe Okoro (NGR)

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57.64A	Elizna Naude (RSA)	54.45	Tori Peeters (NZL)
57.15	Kirsty Law (SCO)		
56.93A	Maryke Oberholzer (RSA)		
56.84	Julie Labonte (CAN)	Heptathlon	
56.79	Christie Chamberlain (AUS)	6682p	Katarina Johnson-Thompson (ENG)
56.69	Androniki Lada (CYP)	6641p	Brianne Theisen-Eaton (CAN)
56.50	Taryn Gollshewsky (AUS)	6128p	Jessica Zelinka (CAN)
56.37	Annie Alexander (TTO)	6081p	Morgan Lake (ENG)
56.29	Eden Francis (ENG)	6018p	Angela Whyte (CAN)
55.15	Alix Kennedy (AUS)	5972p	Jillian Drouin (CAN)
54.64	Devene Brown (JAM)	5928p	Natasha Jackson (CAN)
54.54	Te Rina Keenan (NZL)	5833pA	Salcia Slack (JAM)
		5813p	Jessica Taylor (ENG)
		5789p	Rachael McIntosh (CAN)
Hammer		5770p	Jessica Tappin (ENG)
75.73	Sultana Frizell (CAN)	5721p	Nicole Oudenaarden (CAN)
71.53	Sophie Hitchon (ENG)	5710p	Grace Clements (ENG)
70.28	Julia Ratcliffe (NZL)	5695p	Portia Bing (NZL)
67.43	Jillian Weir (CAN)	5655p	Sophie Stanwell (AUS)
66.85	Shaunagh Brown (ENG)	5558p	Ashleigh Hamilton (AUS)
66.80	Carys Parry (WAL)	5542p	Kaymarie Jones (JAM)
66.73	Heather Steacy (CAN)	5534p	Maddie Buttinger (CAN)
66.30	Rachel Hunter (SCO)	5480p	Georgia Ellenwood (CAN)
66.29	Paraskevi Theodorou (CYP)	5476p	Alysha Burnett (AUS)
65.54	Sarah Holt (ENG)	5456pA	Bianca Erwee (RSA)
65.05	Lauren Stuart (CAN)		
64.14	Megann Rodhe (CAN)	20kmW	
63.98	Gabrielle Neighbour (AUS)	1:30:43	Rachel Lavallee Seaman (CAN)
63.82	Susan McKelvie (SCO)	1:31:40	Kushbir Kaur (IND)
63.11	Lara Nielsen (AUS)	1:32:36	Tanya Holliday (AUS)
63.11	Myra Perkins (SCO)	1:33:43	Jo Atkinson (ENG)
62.78	Daina Levy (JAM)	1:34:00	Kelly Ruddick (AUS)
62.74	Manju Bala Singh (IND)	1:35:40A	Grace Njue (KEN)
62.30	Louisa James (ENG)		
62.17	Galina Mityayeva (?CAN)		
		Abbreviations	
		i – Indoor Performance	
		A – Altitude; p – points	
		dh - downhill	
		mx – Mixed event	
		+ - Intermediate time	
		e – estimated time	
		? – Doubt about time or nationality	
Javelin			
66.83	Kim Mickle (AUS)		
66.10	Kathryn Mitchell (AUS)		
64.77A	Sunette Viljoen (RSA)(64.23)		
64.50	Liz Gleadle (CAN)		
63.92	Kelsey-Lee Roberts (AUS)		
62.75	Goldie Sayers (ENG)		
58.83	Annu Rani (IND)		
58.63	Izzy Jeffs (ENG)		
58.56	Nadeeka Lakhmali (SRI)		
57.60	Mackenzie Little (AUS)		
56.92	Suman Devi (IND)		
55.36	Freya Jones (ENG)		
54.71	Kike Oniwinde (ENG)		
54.67A	Megan Wilke (RSA)		

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COUNTRIES OF THE COMMONWEALTH

AIA	Anguilla	MAW	Malawi
ANT	Antigua & Barbuda	MDV	Maldives
AUS	Australia	MLT	Malta
BAH	Bahamas	MNT	Montserrat
BAN	Bangladesh	MOZ	Mozambique
BAR	Barbados	MRI	Mauritius
BER	Bermuda	NAM	Namibia
BIZ	Belize	NGR	Nigeria
BOT	Botswana	NIR	Northern Ireland
BRU	Brunei	NRU	Nauru
CAN	Canada	NZL	New Zealand
CAY	Cayman Is	PAK	Pakistan
CMR	Cameroon	PNG	Papua New Guinea
COK	Cook Is	RSA	South Africa
CYP	Cyprus	RWA	Rwanda
DOM	Dominica	SAM	Samoa
ENG	England	SCO	Scotland
FIJ	Fiji	SEY	Seychelles
FLK	Falkland Is	SIN	Singapore
GHA	Ghana	SKN	St Kitts & Nevis
GIB	Gibraltar	SLE	Sierra Leone
GRN	Grenada	SOL	Solomon Is
GUE	Guernsey	SRI	Sri Lanka
GUY	Guyana	SWZ	Swaziland
IND	India	TAN	Tanzania
IOM	Isle of Man	TGA	Tonga
IVB	British Virgin Is	TKS	Turks & Caicos Is
JAM	Jamaica	TTO	Trinidad & Tobago
JER	Jersey	TUV	Tuvalu
KEN	Kenya	UGA	Uganda
KIR	Kiribati	VAN	Vanuatu
LCA	St Lucia	VIN	St Vincent & The Grenadines
LES	Lesotho	WAL	Wales
MAS	Malaysia	ZAM	Zambia

Note: The Gambia withdrew its membership of the Commonwealth last year. Zimbabwe withdrew a few years ago. Fiji was reinstated recently.