

Triple Jump Event Booklet Updates - MEN

UK PERFORMANCES AT MAJOR CHAMPIONSHIPS

OLYMPIC GAMES

1900	4	Patrick Leahy IRE 13.36	2001	14	Julian Golley 16.68 dng	14	Denis Field E 14.38	
1906	1	Peter O'Connor IRE 14.075,	2001	1	Jonathan Edwards 17.92	15	Mike Ralph E 14.23	
	2	Con Leahy IRE 13.98		7	(17.45q)	16	Tom Cairns NIR 14.13	
1908	1	Tim Ahearne IRE 14.92		9	Larry Achike 16.79 (17.15q)	18	Hugh Murray S 13.82	
		(14.72q)	2003	12	Phillips Idowu 16.60 (16.74q)	19	Richard Dodd W 13.73	
	11	Cyril Dugmore 13.31,		12	Jonathan Edwards 16.31	1962	3	Fred Alsop E 16.03
	12	Michael Dineen 13.23.	2005	15	(16.94q)		11	Lynn Davies W 14.47
	dng	George Mayberry mark	2007	6	Nathan Douglas 16.53w dng		12	John Howell E 14.33
		unknown	2009	1	Phillips Idowu 17.09 (17.07q)	1966	3	Fred Alsop E 15.96
1912	19	Tim Carroll 12.56		10	Phillips Idowu 17.73 (17.32q)	1970	10	Alan Lerwill E 15.19 (15.01q)
1920	8	Howard Baker 13.675,		10	Nathan Douglas 16.79		13	Tony Wadhams E 13.70w
	14	Charles Lively 13.15		13	(17.00q)		14	(15.80w q)
1924	12	John Odde 13.40,	2011	2	Larry Achike 16.94 dng		14	Hamish Robertson S 14.91w
	13	Jack Higginson 13.34,	2017	19	Phillips Idowu 17.77 (17.17q)		17	dng
	15	Harold Langley 12.74	2019	17	Nathan Fox 16.49 dng		24	Graham Webb W 14.64 dng
1936	dng	Edward Boyce		17	Ben Williams 16.77 dng		24	Graham Hamlyn E 13.96 dng
1948	dng	Sidney Cross 14.30,				1974	10	Alan Lerwill E 15.08 (15.31q)
	dng	Allan Lindsay 13.70,					11	Willie Clark S 14.86 (15.24q)
	dng	Robert Hawkey mark unknown				1978	1	Keith Connor E 17.21w
1956	9	Ken Wilmshurst 15.54 (14.89q)					3	Aston Moore E 16.69
1960	12	Fred Alsop 15.49 (15.46q)					8	Dave Johnson E 15.84
1964	4	Fred Alsop 16.46 (16.41q)						(16.11q)
	18	Mike Ralph 15.57 dng	1966	12	Michael Ralph 15.31 dng		9	John Phillips W 15.59
1968	16	Derek Boosey 16.01 dng	1966	12	Fred Alsop 15.93 (15.83q)	1982	1	Keith Connor E 17.81w
	23	Fred Alsop 15.71 dng	1969	9	Tony Wadhams 15.90w		3	Aston Moore 16.76w
1976	nj	Aston Moore 3 no-jumps			(16.49q q)		5	John Herbert 16.48w
1980	4	Keith Connor 16.87 (16.57q)	1978	6	Keith Connor 16.64	1986	1	John Herbert E 17.27w
1984	3	Keith Connor 16.87 (16.60q)		8	Aston Moore 16.55		2	Mike Makin E 16.87
	8	Eric McCalla 16.66 (17.01q)	1982	1	Keith Connor 17.29		5	Aston Moore E 16.07
	10	John Herbert 16.40(16.64q)		11	John Herbert 15.92		7	Craig Duncan S 15.68
1988	13	Vernon Samuels 16.28 dng	1986	10	Mike Makin 16.63 (16.65q)		9	David Wood W 15.28
	16	John Herbert 16.18 dng		16	John Herbert 16.32 dng	1990	2	Jonathan Edwards E 16.93
	23	Jonathan Edwards 15.88 dng	1990	9	John Herbert 16.73 (16.79q)		4	John Herbert E 16.65
1992	18	Francis Agyepong 16.55 dng	1994	6	Jonathan Edwards 16.85		7	Vernon Samuels E 16.45
				9	(16.72q)	1994	1	Julian Golley E 17.03
	26	Julian Golley 16.18 dng		-	Julian Golley 16.35 (16.41q)		2	Jonathan Edwards E 17.00
	35	Jonathan Edwards 15.76 dng	1998	1	Francis Agyepong nj dng		6	Francis Agyepong E 16.33
				1	Jonathan Edwards 17.99		14	John Mackenzie S 16.12w dng
1996	2	Jonathan Edwards 17.88			(16.97q)		16	Michael Macdonald NIR 15.75
		(16.96q)		17	Julian Golley 16.32 dng			dng
	13	Francis Agyepong 16.71 dng		21	Larry Achike 16.13 dng	1998	1	Larry Achike E 17.10
2000	1	Jonathan Edwards 17.71	2002	3	Jonathan Edwards 17.32		4	Julian Golley E 16.83
		(17.08q)			(16.99q)		7	Femi Akinsanya E 16.02
	5	Larry Achike 17.29 (17.30q)		5	Phillips Odowu 16.92 (17.54q)	2002	1	Jonathan Edwards E 17.86
	6	Phillips Idowu 17.08 (17.12q)		nj	Tosin Oke (16.48q)		2	Phillips Idowu E 17.68
2004	nj	Phillips Idowu (17.33q)	2006	2	Nathan Douglas 17.21		5	Tosin Oke E 16.65
	13	Nathan Douglas 16.84 dng			(16.84q)		6	Steven Shalders W 16.37w
2008	2	Phillips Idowu 17.62 (17.44q)		5	Phillips Idowu 17.02 (17.01q)	2006	1	Phillips Idowu E 17.45
	7	Larry Achike 17.17 (17.18q)		14	Larry Achike 16.58 dng		10	Steven Shalders W 16.18
	20	Nathan Douglas 16.72 dng	2010	1	Phillips Idowu 17.81 (17.10q)	2010	4	Nathan Douglas E 16.96
2012	14	Phillips Idowu 16.53 dng		10	Nathan Douglas 16.48		8	Larry Achike E 16.59
					(16.80q)	2014	5	Phillips Idowu E 16.45 (16.70q)
				2012	Larry Achike 16.25 dng		6	Nathan Fox E 16.26 (16.17q)
				2014	Julian Reid 16.52 dng		11	Nathan Douglas E 14.56
				2016	Julian Reid 16.76 (16.62q)			(16.05q)
				15	Nathan Douglas 16.33w (dng)	2018	5	Nathan Douglas E 16.35
				2018	Nathan Douglas 16.71			(16.27q)
					(16.56q)			

WORLD CHAMPIONSHIPS

1983	15	Keith Connor 16.18 dng
	17	John Herbert 16.12 dng
1991	13	John Herbert 16.79 dng
1993	3	Jonathan Edwards 17.44
		(16.98q)
	22	Tosi Fasinro 16.71 dng
	26	Francis Agyepong 16.46 dng
1995	1	Jonathan Edwards 18.29 WR
		(17.46q)
	14	Francis Agyepong 16.58 dng
1997	2	Jonathan Edwards 17.69
		(17.28q)
	13	Francis Agyepong 16.83 dng
1999	3	Jonathan Edwards 17.48
		(17.28q)
	10	Larry Achike 16.59 (16.96q)

EUROPEAN CHAMPIONSHIPS

1946	9	Denis Watts 13.49
1950	10	Sidney Cross 13.97
1958	23	Ken Wilmshurst 12.94 dng
1962	14	Fred Alsop 15.33 dng
	15	Michael Ralph 15.31 dng
1966	12	Fred Alsop 15.93 (15.83q)
1969	9	Tony Wadhams 15.90w
		(16.49q q)
1978	6	Keith Connor 16.64
	8	Aston Moore 16.55
1982	1	Keith Connor 17.29
	11	John Herbert 15.92
1986	10	Mike Makin 16.63 (16.65q)
	16	John Herbert 16.32 dng
1990	9	John Herbert 16.73 (16.79q)
1994	6	Jonathan Edwards 16.85
		(16.72q)
	9	Julian Golley 16.35 (16.41q)
	-	Francis Agyepong nj dng
1998	1	Jonathan Edwards 17.99
		(16.97q)
	17	Julian Golley 16.32 dng
	21	Larry Achike 16.13 dng
2002	3	Jonathan Edwards 17.32
		(16.99q)
	5	Phillips Odowu 16.92 (17.54q)
	nj	Tosin Oke (16.48q)
2006	2	Nathan Douglas 17.21
		(16.84q)
	5	Phillips Idowu 17.02 (17.01q)
	14	Larry Achike 16.58 dng
2010	1	Phillips Idowu 17.81 (17.10q)
	10	Nathan Douglas 16.48
		(16.80q)
2012	16	Larry Achike 16.25 dng
2014	13	Julian Reid 16.52 dng
2016	3	Julian Reid 16.76 (16.62q)
	15	Nathan Douglas 16.33w (dng)
2018	6	Nathan Douglas 16.71
		(16.56q)

COMMONWEALTH GAMES

1930	2	Reginald Revans E 14.29
1934	4	Edward Boyce NIR 13.80
	5	Jack Higginson jnr E 13.73
	6	Bertie Shillington NIR 13.69
1938	6	Bertie Shillington NIR 13.94
1950	8	Allan Lindsay S 13.97
	10	Harry Whittle E 12.90
1954	1	Ken Wilmshurst E 15.28
1958	5	Ken Wilmshurst E 15.40
	13	Fred Wyers E 14.43

WORLD INDOORS

1989	8	John Herbert 16.57
1993	7	Jonathan Edwards 16.76
1995	7	Francis Agyepong 16.74
2001	2	Jonathan Edwards 17.26
2003	4	Jonathan Edwards 17.19
2006	7	Nathan Douglas 17.05
		(17.01q)
2008	1	Phillips Idowu 17.75

EUROPEAN INDOORS

1969	6	Derek Boosey 15.63
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1970 11 Tony Wadhams 15.67
 1978 2 Keith Connor 16.53
 7 David Johnson 16.13
 1981 3 Aston Moore 16.73
 1982 4 Aston Moore 16.74
 1984 6 John Herbert 16.70
 1988 5 John Herbert 16.87
 1990 4 Vernon Samuels 16.57
 8 John Herbert 16.18
 1992 8 Francis Agyepong 16.36
 10 Vernon Samuels 16.22
 1994 13 Francis Agyepong 16.36
 14 Julian Golley 16.17
 1996 2 Francis Agyepong 16.93
 (16.97 IPB Q)
 1998 1 Jonathan Edwards 17.43
 (17.15q)
 8 Francis Agyepong 16.57
 (16.89 q)
 16 Julian Golley 16.19 dng
 2000 8 Julian Golley 16.16 (16.48q)
 2005 4 Nathan Douglas 16.89
 (16.57q)
 10 Larry Achike 16.49 dng
 11 Phillips Idowu 16.44 dng
 2007 1 Phillips Idowu 17.56 (16.82q)
 2 Nathan Douglas 17.47
 (16.96q)
 2019 7 Nathan Douglas 16.33
 (16.48q)
 17 Julian Reid 15.93 dng

WORLD CUP

1989 3 Jonathan Edwards 17.28
 1992 1 Jonathan Edwards 17.34
 1994 2 Julian Golley 17.06
 1998 7 Larry Achike 16.69
 2002 1 Jonathan Edwards 17.34

EUROPEAN CUP

1965 1SF Fred Alsop 16.15
 4 Fred Alsop 15.93
 1967 3SF Fred Alsop 15.75
 1970 6SF Derek Boosey 15.28
 1973 4SF Chris Colman 15.26
 6 Willie Clark 15.64
 1975 4SF David Johnson 15.63
 8 David Johnson 15.65
 1977 4SF Keith Connor 15.78
 4 Keith Connor 16.17
 1979 6SF Aston Moore 15.85
 6 Aston Moore 16.60
 1981 3SF Aston Moore 16.52
 2 Aston Moore 16.86
 1983 4 Keith Connor 16.62
 1985 1 John Herbert 17.39
 1987 5 John Herbert 16.70
 1989 7 Vernon Samuels 16.24
 1991 4 John Herbert 16.63
 1993 2 Jonathan Edwards 17.27
 1994 4 Jonathan Edwards 16.88
 1995 1 Jonathan Edwards 18.43w
 1996 1 Jonathan Edwards 17.79
 1997 1 Jonathan Edwards 17.74
 1998 1 Jonathan Edwards 17.29
 1999 2 Jonathan Edwards 17.24
 2000 1 Larry Achike 17.31w
 2001 1 Jonathan Edwards 17.26

2002 1 Jonathan Edwards 17.19
 2003 4 Tosin Oke 16.45
 2004 3 Phillips Idowu 17.10w
 2005 5 Nathan Douglas 16.54
 2006 4 Nathan Douglas 16.62
 2007 2 Phillips Idowu 17.21
 2008 1 Phillips Idowu 17.46

EUROPEAN TEAM

2009 2 Phillips Idowu 17.50
 2010 2 Phillips Idowu 17.12
 2011 10 Kola Adedoyin 15.32w
 2013 3 Nathan Douglas 16.45
 2014 4 Phillips Idowu 16.37
 2015 11 Dan Bramble 15.92
 2017 2 Ben Williams 16.73
 2019 1 Ben Williams 17.14

WORLD STUDENT/UNIVERSITY GAMES

1939 4 R Dickie SCO 13.33
 5 R G Eccles SCO 12.04
 1947 6 Prince Adegboyega Adedoyin
 GBR/NGR 13.74
 1953 6 James Monteith JAM 14.16
 7 William Laing GHA 13.97
 11 Frederick Wyers 13.74
 15 Norman Finch 13.22
 1957 9 Hugh Murray 14.03
 1963 4 Mike Ralph 15.60
 1967 9 Derek Boosey 15.15
 1970 16 Derek Boosey 15.27 (15.36q)
 1973 9 Peter Blackburn 15.47
 (15.58q)
 1981 3 Keith Connor 16.88
 1983 3 John Herbert 17.05
 1985 3 John Herbert 17.41
 1987 9 Jonathan Edwards 15.96
 (16.18q)
 1989 7 Vernon Samuels 16.68
 1991 12 Peter Akwaboah 15.68
 1993 1 Tosi Fasinro 16.91w
 3 Julian Golley 16.88w
 1995 5 Tosi Fasinro 16.56
 11 Julian Golley 15.89
 2005 2 Steven Shalders 16.67
 2007 13 Gary White 15.94 dng
 2011 5 Julian Reid 16.61 (16.28q)
 2017 12 Sam Trigg 14.94 (15.61q)

EUROPEAN U23 CUP (1992-94) AND CHAMPIONSHIPS (1997-)

1992 1 Julian Golley 16.21
 1994 1 Tosi Fasinro 16.74
 1997 3 Tayo Erogbogbo 16.28
 1999 5 Philips Idowu 16.39 (16.08q)
 2001 7 Stephen Shalders 16.28
 (15.88q)
 dng Tosin Oke nj
 2003 14 Nathan Douglas 15.68 dng
 2007 1 Gary White 16.33
 15 Elliott O'Neill 15.69 dng
 2019 25 Ade Mason 15.15 dng

WORLD JUNIORS

1986 10 Lawrence Lynch 15.24
 (15.80q)
 1990 4 Tosi Fasinro 16.17
 11 Julian Golley 15.57 (15.61q)

1992 11 Larry Achike 15.33 (15.73q)
 1994 1 Larry Achike 16.67w
 1998 18 John Wallace 15.53 dng
 22 Nicholas Thomas 15.40 dng
 2000 10 Stephen Shalders 15.99
 (15.84q)
 2010 11 Ben Williams 15.42 (15.50q)
 nm Kola Adedoyin (15.85q)

EUROPEAN JUNIORS

1970 12 Chris Colman 12.46
 1973 15 Richard Maull 14.56 dng
 1975 1 Aston Moore 16.16
 1977 10 Megarry Effiong 15.08 (15.31q)
 14 Nick Stoppard 15.04 dng
 1981 3 Mike Makin 15.95
 9 John Herbert 15.02 (15.67q)
 1983 12 Vernon Samuels 15.58
 (15.91q)
 dng Steve Anderson nj
 1985 5 Lawrence Lynch 15.63
 1987 7 Paul Johnson 15.79
 1991 1 Tosi Fasinro 16.68
 1993 3 Larry Achike 16.31
 1997 4 Phillip Idowu 16.34w
 dng Jonathan Wallace 14.99
 1999 1 Tosin Oke 16.57
 15 Stephen Shalders 14.91
 2001 2 Jonathan Moore 16.43
 (15.89q)
 2009 14 Kola Adedoyin 15.39 dng
 17 Ben Williams 14.92 dng
 2013 4 Efe Uwaifo 15.70 (15.47q)
 2015 5 Montel Nevers 15.98 (15.76q)

WORLD YOUTH CHAMPIONSHIPS

2001 1 Jonathan Moore 16.36
 (15.80q)
 2009 1 Ben Williams 15.91 (15.10q)

EUROPEAN YOUTHS

2015 7 Jude Bright-Davies 14.78
 (15.40q)

IAAF GRAND PRIX FINAL

(points = points over the whole season
 prior to the final)
 1988 6 John Herbert 16.74
 1992 8 Jonathan Edwards 16.48 (8th
 18 points)
 John Herbert 10th eq. 13 points
 1994 8 Jonathan Edwards 15.81 (4th=
 21 points)
 1996 1 Jonathan Edwards 17.59 (1st
 72 points)
 5 Francis Agyepong 16.59 (4th
 30 points)
 1998 Jonathan Edwards (2nd 59
 points)
 Julian Golley (9= 22 points)
 2000 1 Jonathan Edwards 17.12 (3rd
 33 points)
 3 Larry Achike 16.49 (2nd 34
 points)

DOMESTIC CHAMPIONSHIPS

AAA/NATIONAL CHAMPIONSHIPS

2002	Phillips Idowu 17.02	Tosin Oke 16.60	Steve Shalders 16.09
2003	Larry Achike 16.55	Nick Thomas 16.44	Nathan Douglas 16.12
2004	Nathan Douglas 16.95	Tosin Oke 16.49	Steven Shalders 16.41
2005	Nathan Douglas 17.64	Steven Shalders 17.00w	Phillips Idowu 16.29w
2006	Phillips Idowu 17.50	Nathan Douglas 16.99	Tosin Oke 16.33
2007	Tosin Oke 16.59	Julian Golley 16.13	Mike McKernan 16.06
2008	Phillips Idowu 17.58	Larry Achike 17.18	Nathan Douglas 17.18
2009	Phillips Idowu 17.05	Nathan Douglas 17.01	Larry Achike 16.45
2010	Phillips Idowu 17.12	Nathan Douglas 17.03	Nathan Fox 15.39
2011	Larry Achike 16.83	Julian Reid 16.53	Ade Babatunde 15.94
2012	Larry Achike 16.19	Kola Adedoyin 16.07	Nathan Fox 15.73
2013	Julian Reid 16.79	Nathan Douglas 16.74	Nathan Fox 16.22
2014	Julian Reid 16.82	Ben Williams 16.73w	Nathan Fox 16.59w
2015	Julian Reid 16.95	Nathan Douglas 16.94	Nathan Fox 16.29
2016	Nathan Douglas 16.58	Julian Reid 16.45	Ben Williams 16.31
2017	Ben Williams 16.71	Nathan Fox 16.42w	Nonso Okolo 16.29
2018	Nathan Douglas 16.83w	Julian Reid 16.70w	Jonathan Ilori 16.25
2019	Ben Williams 17.27	Nathan Douglas 16.88	Nathan Fox 16.47

AGE GROUP CHAMPIONSHIPS

U23		U20	
2002	Tosin Oke 16.27w	Kevin Thompson 15.07	
2003	Nathan Douglas 16.30	Gary White 14.99	
2004	Nathan Douglas 16.42	Moussa Qarqaran KSA 15.52w	
2005	Jonathan Moore 15.75	Jude Beimers 14.92	
2006	Gary White 15.47	Matt Burton 14.99	
2007	Gary White 15.74	Jeremy Odametey 15.01	
2008	Jonathan Carr 15.09	Ben Williams 15.76w	
2009	Jonathan Carr 15.52	Ben Williams 15.70	
2010	Trevor Okorafor 16.00	Tunde Amosu 15.39	
2011	Kola Adedoyin 16.06	Joe Lawrence 15.48	
2012	Kola Adedoyin 16.25	Jonathan Ilori 15.55w	
2013	Jonny Sawyers 15.56w	Efe Uwaifo 15.55	
2014	Ben Williams 16.31	Efe Uwaifo 15.53	
2015	Sam Trigg 15.41	Montel Nevers 15.83	
2016	Montel Nevers 15.62w	Jude Bright-Davies 15.39	
2017	Efe Uwaifo 15.91	Teepee Princewell 15.19	
2018	Montel Nevers 15.65	Jude Bright-Davies 15.12	
2019	Kevin Metzger 15.17	Daniel Falode 15.49	
U17		U15	
2002	Graham Jackson 14.29w	Ryhan Thomas 12.04	
2003	Shaun Batt 13.95	Sean Wynter 12.97	
2004	Lanre Ali-Balogun 14.81	Chris Bartlett 13.20	
2005	Sean Wynter 14.06w	Nathan Fox 14.11	
2006	Trevor Okoroafar 13.88	Dwyte Smith 13.67	
2007	Nathan Fox 15.10	Julien Allwood 13.27w	
2008	Tunde Amosu 15.08w	Jimi Tele 13.49w	
2009	Julien Allwood 14.58	Joshua Olawore 12.92	
2010	Jimi Tele 14.68	Montel Nevers 13.24	
2011	Efe Uwaifo 14.57	Elliot Henry 13.26	
2012	Montel Nevers 14.81	Kevin Metzger 13.59	
2013	Stefan Amokwando 14.56	Osaze Aghedo 13.22	
2014	Kevin Metzger 14.66	Teepee Princewell 13.47w	
2015	Jude Bright-Davies 14.62	Callum Orange 12.44	
2016	Wesley Matsuka-Williams 14.78	Miraj Ahmed 13.63	
2017	Joel Townley 13.99	Oyare Aneju 13.31	

2018 Archie Yeo 14.43 Aaron Ashmead-Shoye 13.11
 2019 Michael Anderson 14.48 Kresten Calvert 12.76

INDOORS

2002 Tosin Oke 15.95	Julian Golley 15.54	Martin Rossiter 15.11
2003 Tosin Oke 16.61	Femi Akinsanya 16.29	Martin Rossiter 15.11
2004 Julien Kapek FRA 16.32	Femi Akinsanya 15.79	Karl Thompson 15.50
2005 Phillips Idowu 17.30	Nathan Douglas 16.76	Jonathan Moore 15.89
2006 Nathan Douglas 16.55	Nick Thomas 16.49	Julian Golley 16.18
2007 Nathan Douglas 17.19	Phillips Idowu 16.68	Julian Golley 15.95
2008 Phillips Idowu 17.24	Nathan Douglas 16.72	Tosin Oke 16.26
2009 Julian Golley 16.07	Tosin Oke NGR 16.01	Ben Williams 15.67
2010 Tosin Oke NGR 16.76	Nick Thomas JAM 16.22	Ben Williams 15.94
2011 Ben Williams 15.88	Ade Babatunde 15.60	Michael Puplampu 15.34
2012 Nick Thomas JAM 16.18	Kola Adedoyin 15.93	Michael Puplampu 15.61
2013 Tosin Oke NGR 16.87	Kola Adedoyin 16.50	Michael Puplampu 16.43
2014 Julian Reid 16.87	Nathan Fox 16.37	Daniel Lewis 16.31
2015 Tosin Oke NGR 16.59	Nathan Fox 16.25	Nonso Okolo 15.60
2016 Tosin Oke NGR 16.48	Nathan Fox 16.21	Nathan Douglas 15.93
2017 Nathan Fox 16.53	Tosin Oke 16.40	Julian Reid 16.30
2018 Nathan Douglas 16.77	Julian Reid 16.54	Lawrence Davis 15.68
2019 Michael Puplampu 16.28	Nathan Douglas 16.27	Nathan Fox 15.12
2020 Michael Puplampu 16.21	Efe Uwaifo 16.18	Julian Reid 16.08

U20

2002 Kevin Thompson 14.93	U17	Graham Jackson 13.53
2003 Christian Campbell 14.28	Dexter Nicholls 13.26	
2004 Christian Campbell 15.16	Jeremy Odametey 14.21	
2005 James Townsend 14.41	Sean Wynter 13.68	
2006 Jude Beimers 15.23	Stefan Tseng Ke Shen SIN 15.18	
2007 Stefan Tseng Ke Shen SIN 14.82	Kola Adedoyin 13.77	
2008 Stefan Tseng Ke Chen SIN 15.71	Babatunde Amosu 14.70	
2009 Babatunde Amosu 15.19	Julien Allwood 14.12	
2010 Ben Williams 15.95	Bradley Pike 14.13	
2011 Joe Lawrence 15.10	Efe Ufaifo 14.24	
2012 Jose Martin-Fullerton 15.00	Nnamdi Amadi 13.76	
2013 Efe Ufaifo 15.22	Stefan Amokwando 14.34	
2014 Lawrence Davis 15.23	Jacob Veerapen 13.98	
2015 Montel Nevers 14.82	Osaze Aghedo 14.18	
2016 Kevin Metzger 15.00	Emmanuel Odunbanjo 14.52	
2017 Jude Bright-Davies 15.29	Josh Woods 13.00	
2018 Wesley Matsuka-Williams 15.24	Miraji Ahmed 14.03	
2019 Theo Fadayiro 14.88	Daniel Falode 15.03	
2020 Daniel Falode 15.77	Aaron Ashmead-Shoye 14.59	

Scot

2002 David Watson 14.24w
 2003 Alasdair Strange 13.76w
 2004 Darren Ritchie 15.20w
 2005 Alasdair Strange 15.19w
 2006 Jonathan Carr 15.07
 2007 Alasdair Strange 15.14
 2008 Elliot O'Neill 15.60
 2009 Jonathan Carr 15.30
 2010 Jonathan Carr 15.18w
 2011 David Watson 15.05
 2012 Chukwudi Onyia 14.80
 2013 Chukwudi Onyia 15.13
 2014 Antony Daffurn 15.54w

N Ireland

Patrick Shannon IRE 15.11w
 Patrick Shannon IRE 14.33
 Simon Sawney 14.08
 Michael McDonald IRE 14.02
 Alan Kennedy 14.50
 Jonathan Ritchie IRE 14.30
 Alan Kennedy 14.57
 Jonathan Ritchie IRE 13.51
 Alan Kennedy 14.85
 Alan Kennedy 14.39
 Conall Mahon 12.57
 Callum Hunter 13.12
 Adam McMullan 14.55

Welsh

Charles Madeira-Cole 15.10
 Steven Frost 13.50
 Navid Childs 14.42
 Steven Shalders 16.25
 Wyn Roberts 14.15
 Owen Jones 13.20
 Alex Obiako 13.98
 Alex Obiako 13.81
 Navid Childs 14.13
 Navid Childs 14.91w
 Navid Childs 13.09
 Gary White 15.82
 Navid Childs 14.96w

2015	Chukwudi Onyia 15.16	Caolin O'Callaghan IRE 12.92	Navid Childs 14.68w
2016	Chukwudi Onyia 15.57	Alan Kennedy IRE 14.25	Navid Childs 14.36
2017	Chukwudi Onyia 15.63	Caolin O'Callaghan IRE 13.10	Osaze Aghedo 14.98
2018	Antony Daffurn 15.31	Jai Benson 13.84	Thomas Walley 14.29w
2019	Chukwudi Onyia 15.34	Jai Benson 14.69	Thomas Walley 14.08

England

2010	Julian Golley 15.34w
2011	Julian Golley 15.55w
2012	Michael Puplampu 15.41

South

2002	Tosin Oke 15.76
2003	Julian Golley 15.09
2004	Martin Rossiter 15.00
2005	Julian Golley 16.25
2006	Julian Golley 15.98w
2007	Julian Golley 16.16
2008	Tosin Oke 16.09
2009	Julian Golley 15.29
2010	Gary Wilson 14.99
2011	Daniel Lewis 15.17w
2012	
2013	Nonso Okolo 15.50
2014	Sam Trigg 15.05w
2015	Julian Golley 14.79
2016	Jonathan Ilori 15.34w
2017	Jonathan Ilori 16.06
2018	Tosin Oke NGR 16.28
2019	Jonathan Ilori 16.03

Midlands

Mike McKernan 14.27w
Mike McKernan 14.88
David Mountford 15.13w
Gary White 14.80w
Lawrence Harvey 14.38
Mike McKernan 15.22
Mike McKernan 15.25
Konrad Katarzynski POL 14.80w
Nathan Douglas 15.85
Mike McKernan 15.32
Travis Francis 12.08
Mitchell Kirby 13.64
Matt Madden 14.36
Mitchell Kirby 14.34
Mitchell Kirby 14.41
Fraser Kesteven 13.45w
Armani James 14.05
Joseph Gilkes 14.26w

North

Dave Sanderson 14.53
Kevin Thompson 15.09
Kevin Thompson 15.04w
Elliot O'Neill 14.92
David Budd 15.23
Matt Barton 15.12
Matt Barton 15.11
Matt Barton 14.66
Craig Fiddes 13.97
Babatunde Amosu 15.39
Joshua Bones 14.57
Jonny Sawyers 15.08
Julien Gittens 11.92
Joshua Bones 14.95
Seun Okome 14.96
Kevin Metzger 15.35
Jonathan Ferryman 13.94
Kevin Metzger 15.25

CAREER MARKS

NATHAN DOUGLAS 1999: 14.31, 2000 15.18, 2001 15.50 GARY WHITE 1999: 12.90, 2000: 14.03, 2001: 14.41

	PHILLIPS IDOWU	LARRY ACHIKE	NATHAN DOUGLAS	JULIAN GOLLEY	JON CARR	NICK THOMAS	MIKE McKERNAN	GARY WHITE	TOSIN OKE GBR>NGR 2010
2002	17.68	16.71	16.13w/15.69	15.77w/15.66		16.17	16.01w/15.12	14.48	16.65
2003		16.55	16.30	16.00w/15.50	13.49	16.44	15.44w/15.26	14.99	16.61i
2004	17.47	16.68	16.95	16.35w/15.72	14.04i	16.27i	14.95	15.15w/15.11	16.75w/16.49
2005	17.30i	17.03	17.64	16.25	14.94	15.69w/15.65	14.81w/14.78	15.56	16.30w/16.12
2006	17.50	16.74	17.42	16.50w/16.20	15.65w/15.07	16.49i	15.16	15.72	16.50w/16.33
2007	17.56i	16.43	17.47i	16.51	15.20i	15.99i	16.06	16.33	16.86
2008	17.75i	17.20	17.18	16.35	15.19	15.86i	15.39i	16.01i	16.63w/16.47
2009	17.73	17.07	17.01	16.12i	15.88	15.86i	15.22w/15.16i	14.77	16.87
2010	17.81	16.87w/16.67	17.03	15.54	15.18w/14.98	16.44	15.22		17.22A
2011	17.77	16.83		15.61	15.47i	16.30w/16.17	15.90	15.78	17.21
2012	17.31	16.30	16.46	15.19	15.63	16.18i	15.26w/15.05	15.31	17.23
2013	16.44		16.74	15.57w/15.43	15.01i		14.33i	15.82	
2014	16.99		16.65	14.97	15.47			15.19	17.21
2015			16.94	15.25					17.10
2016			16.58				15.19w/14.50i		17.13
2017			16.80				14.57		16.70
2018			16.83w/16.77						16.37
2019			16.88						16.09

	FEMI AKINSANYA	CHARLES MADEIRA-COLE	STEVE SHALDERS	JONATHAN EDWARDS	REZ CAMERON	JONATHAN MOORE			
2002	15.66	NATHAN	15.43w/15.22	16.41	17.86	13.94			
2003	16.44	FOX	14.60w/14.01	16.04	KOLA	17.61	14.06		
2004	15.85i			16.62	ADEDOYIN		14.06i		
2005	15.76	14.11	JULIAN REID	17.00w/16.71	12.62	JONATHON	13.67	16.13	
2006	15.83	14.74		EFE	16.39i	13.48	SAWYERS	13.61w/13.41	
2007	15.05	15.11	15.83	UWAIFO	15.75	15.08	13.17	13.61	14.82
2008	14.63	14.74	16.55	11.14		14.50w/14.13	13.76	14.11	12.85i
2009		15.39	17.10w/16.98	12.90		15.63	13.94i	13.14	
2010		15.42i		13.75		15.93	14.91	12.76	
2011		15.39	16.77	15.22		16.06	15.21	12.75	
2012	ADE	16.29	16.76w/16.35i			16.25	14.11i		
2013	MASON	16.22	16.79	15.70		16.50i	15.64		
2014	13.03	16.69	16.87i	15.57		16.61	15.45		
2015	12.38	16.65	16.95	15.88i		15.79	15.60		
2016		16.44	16.96w/16.76	15.98		15.96	15.51		
2017	14.73	16.81	16.30	16.18w/15.91		15.70i	15.57		
2018	15.71	16.11	16.70w/16.53	15.84					
2019	16.38	16.47	16.45	16.16/16.31w					

	MICHAEL PUPLAMPU	DANIEL LEWIS	BEN WILLIAMS	NONSO OKOLO	JONATHAN ILORI	
2005		13.95		13.81		
2006	14.32	14.44	12.63	14.69	11.30	
2007	14.37	14.76	14.65w/14.52	MONTEL	14.95	11.93
2008	14.50	14.69	15.78w/15.72	NEVERS	15.18w/15.01	13.36
2009	15.44	15.63w/15.18	16.09`		14.00/14.06w	
2010	14.69	15.90w/15.48	15.91	13.24		14.84
2011	15.42i	15.48w/15.05	15.88i	14.23		15.26/15.35w
2012	16.59w/16.19	15.72	15.43w/15.28i	14.81		15.22/15.57w
2013	16.20	16.04		15.15	15.50	15.53i
2014	15.94	16.31i	16.73w/16.46	15.14	16.06	15.89/16.10w
2015		15.91	16.74	15.98w/15.83	15.60i	15.75/16.07w
2016	15.45	15.76	16.41	16.15i	16.28w/16.06	15.76
2017		15.74w/15.32	16.73	16.05w/15.99	16.45	16.06
2018	16.41	15.96		15.99	16.16	16.28
2019	16.50	15.96	17.27	15.85	15.17i	16.27

WOMEN

UK PERFORMANCES AT MAJOR CHAMPIONSHIPS

OLYMPIC GAMES

1996 4 Ashia Hansen 14.49 (14.55q)
18 Michelle Griffith 13.70 dng
2000 11 Ashia Hansen 13.44 (14.29q)
2012 5 Yamile Aldama 14.48 (14.45q)

WORLD CHAMPIONSHIPS

1993 9 Michelle Griffith 13.69 (13.48q)
15 Rachel Kirby 13.33 dng
1995 12 Michelle Griffith 13.59 (14.03q)
21 Ashia Hansen 13.61 dng
1997 5 Ashia Hansen 14.49 (14.77q)
25 Michelle Griffith 13.67 dng
1999 12 Ashia Hansen 13.39 (14.28q)
2001 7 Ashia Hansen 14.10 (14.51q)
2011 5 Yamile Aldama 14.50 (14.35q)

EUROPEAN CHAMPIONSHIPS

1994 10 Michelle Griffith 13.60 (13.64q)
11 Rachel Kirby 13.45 (13.64q)
15 Ashia Hansen 13.45 dng
1998 20 Connie Henry 13.77 dng
2002 1 Ashia Hansen 15.00w (14.22q)
2016 15 Laura Samuel 13.65 dng
2018 12 Naomi Ogbeta 13.94 (14.15q)

COMMONWEALTH GAMES

1998 1 Ashia Hansen 14.32
3 Connie Henry 13.94
5 Michelle Griffith 13.77
2002 1 Ashia Hansen 14.86
7 Taneisha Robinson-Scanlon
12.98
8 Michelle Griffith 12.90
2006 3 Nadia Williams 13.42
7 Michelle Robinson (Griffith)
12.80
2010 6 Nadia Williams 13.66
8 Yasmine Regis 13.55
2014 2 Laura Samuel E 14.09
(13.54q)
8 Chioma Matthews E 13.46
(13.14q)
dns Yamile Aldama E (13.29q)

WORLD INDOORS

1997 2 Ashia Hansen 14.70 UKIR
1999 1 Ashia Hansen 15.02
2003 1 Ashia Hansen 15.01

2012 1 Yamile Aldama 14.82

EUROPEAN INDOORS

1990 6 Evette Finikin 12.43
7 Michelle Griffith 12.39
8 Alison Forbes 11.51
1992 14 Michelle Griffith 13.10
1994 10 Michelle Griffith 13.55 (13.41q)
15 Rachel Kirby 13.31 dng
16 Ashia Hansen 13.30 dng
1996 nj Ashia Hansen (14.32 Q)
22 Michelle Griffith 12.36 dng
1998 1 Ashia Hansen 15.16 WIR
(14.48q)
2002 2 Ashia Hansen 14.71 (14.30q)
2013 6 Yamile Aldama 13.95 (13.92q)
2019 9 Naomi Ogbeta 13.80 dng

EUROPEAN INDOOR TEAM CUP

2003 8 Rebecca White 12.85

WORLD CUP

1994 4 Michelle Griffith 13.70
2002 2 Ashia Hansen 14.32

EUROPEAN CUP

1993 4 Michelle Griffith 13.54
1994 4 Michelle Griffith 13.75
1995 1 Ashia Hansen 14.37 UKR
1996 1 Ashia Hansen 14.57
1997 3 Ashia Hansen 14.52
1998 4 Connie Henry 13.95 PB
1999 2 Ashia Hansen 14.58
2000 7 Michelle Griffith 13.50
2001 7 Rebecca White 12.82
2002 2 Ashia Hansen 14.62
2003 8 Rebecca White 12.70
2004 8 Ashia Hansen 13.32
20051L 5 Yasmine Regis 12.82
2006 9 Nadia Williams 12.55
20071L 5 Nadia Williams 13.29w
2008 8 Nony Mordi 13.36

EUROPEAN TEAM

2009 10 Nadia Williams 13.21
2010 10 Nadia Williams 13.38
2011 9 Yasmine Regis 13.27
2013 4 Yamile Aldama 13.90
2014 7 Yamile Aldama 13.31
2015 4 Laura Samuel 14.06

2017 9 Shara Proctor 13.39
2019 7 Naomi Ogbeta 13.90

WORLD STUDENT/UNIVERSITY GAMES

1991 5 Mary Berkeley 13.36
10 Rachel Kirby 12.82w
1993 4 Michelle Griffith 13.75
14 Connie Henry 12.99w dng

WORLD JUNIORS

2010 3 Laura Samuel 13.75 UKJR
(12.98q)

EUROPEAN U23 CUP (1992-4) AND CHAMPIONSHIPS (1997-)

1992 3 Ashia Hansen 13.31
1994 4 Connie Henry 13.07
2019 4 Naomi Ogbeta 13.64 (13.57q)

EUROPEAN JUNIORS

1991 13 Lorna Turner 12.01
2005 13 Yasmine Regis 12.70 dng
2007 17 Jayne Nisbet 12.71 dng
2011 12 Ahtolla Rose 12.43 (12.57q)
2017 3 Naomi Ogbeta 13.68w
(13.25q)
14 Emily Gargan 12.46 dng
2019 - Lily Hlland nm dng

WORLD YOUTH CHAMPIONSHIPS

1999 17 Rachel Hogg 11.65 dng
2015 13 Naomi Ogbeta 12.75w dng

EUROPEAN YOUTHS

2018 - Lily Hlland nj (12.58q)

IAAF GRAND PRIX FINAL

(points = points over the whole season prior to the final)
1993 6 Michelle Griffith 13.59
1995 5 Ashia Hansen 14.45 (8= 18 points)
1997 1 Ashia Hansen 15.15 UKR (2nd 52 points)
1999 1 Ashia Hansen 14.96 (5th 39 points)

DOMESTIC CHAMPIONSHIPS

AAA/NATIONAL CHAMPIONSHIPS

2002	Ashia Hansen 14.50	Yamile Aldama CUB 14.40	Michelle Griffith 13.18
2003	Yamile Aldama CUB 14.98	Taneisha Scanlon IRE 13.12	Rebecca White 12.78
2004	Michelle Griffith 13.43	Nadia Williams 12.74	Rebecca White 12.71
2005	Taneisha Scanlon IRE 13.30	Nadia Williams 12.95	Stephanie Aneto 12.90
2006	Tiombe Hurd USA 14.15	Ashia Hansen 13.65	Nadia Williams 13.27
2007	Nadia Williams 13.58	Rebecca White 13.17	Gillian Kerr 12.88
2008	Nadia Williams 13.35w	Yasmine Regis 13.13w	Gillian Kerr 13.03w
2009	Nadia Williams 13.67	Yasmine Regis 13.43w	Claire Linskill 12.91
2010	Laura Samuel 13.52	Nadia Williams 13.49	Zainab Ceesay 12.74
2011	Laura Samuel 13.67	Yasmine Regis 13.61	Nadia Williams 13.37
2012	Laura Samuel 13.73	Nadia Williams 13.46	Shakira Whight 13.30
2013	Laura Samuel 13.75w	Chioma Matthews 13.38	Sineade Gutzmore 13.09
2014	Yamile Aldama 13.60	Laura Samuel 13.58	Chioma Matthews 13.25
2015	Sineade Gutzmore 13.35	Yamile Aldama 13.08	Alexandra Russell 13.05
2016	Laura Samuel 14.09	Sineade Gutzmore 13.53	Yamile Aldama 13.07
2017	Naomi Ogbeta 13.64	Sineade Gutzmore 13.44	Jahisha Thomas 13.25
2018	Naomi Ogbeta 13.95	Laura Samuel 13.75	Sineade Gutzmore 13.51w
2019	Naomi Ogbeta 13.87	Angela Barrett 13.22	Mary Fasipe 13.07

AGE GROUPS

	U23	U20	U17
2002	Rebecca White 12.90	Emily Parker 12.19w	Sally Peake 11.89w
2003	Zainab Ceesay 12.38	Emily Parker 12.63w	Rebekah Paisley 12.19
2004	Zainab Ceesay 12.28	Yasmine Regis 12.64w	Tanine Nicholas 11.69
2005	Karlene Turner 12.98	Yasmine Regis 13.13	Hannah Frankson 12.19w
2006	Danae Matthew 12.82	Claire Linskill 12.62w	Kayley Akorn 11.78
2007	Nony Mordi 13.01	Melissa Carr 12.45w	Desola Bakre 11.79
2008	Sineade Gutzmore 13.02w	Melissa Carr 12.67	Emma Pringle 12.08
2009	Claire Linskill 12.78	Laura Samuel 12.64	Sophie Brown 11.93w
2010	Claire Linskill 12.63	Laura Samuel 12.71w	Naomi Reid 12.23
2011	Hannah Frankson 13.44	Naomi Reid 12.76	Mary Fasipe 12.18
2012	Laura Samuel 13.75	Ahtollah Rose 12.11	Nikita Campbell-Smith 12.09
2013	Laura Samuel 13.10	Rachel Williamson 12.55w	Morgan Lake 12.34w
2014	Emma Pringle 12.80	Kerri Davidson 12.48	Naomi Ogbeta 12.61
2015	Lisa James 13.22w	Naomi Ogbeta 12.98	Grace Sullivan 11.57
2016	Sarah Buggy IRE 13.25	Naomi Ogbeta 12.92	Claudimira Landim 12.37
2017	Simi Fajemisin 12.39	Naomi Ogbeta 13.36w	Jade Oni 12.25
2018	Naomi Ogbeta 13.58	Abazz Shayaam-Smith 12.68	Ellie O'Hara 11.50
2019	Naomi Ogbeta 13.67	Temi Ojora 13.08w	Melissa Booth 12.39w

	U15
2017	Eleanor Brown 11.16
2018	Georgina Scoot 11.80
2019	Halle Ferguson 11.81

INDOORS

2002	Ashia Hansen 13.53	Taniesha Scanlon IRL 13.00	Rebecca White 12.64
2003	Sandra Swennen BEL 13.51	Rebecca White 12.94	Taniesha Scanlon IRL 12.93
2004	Trecia Smith JAM 14.13 (5 – best UK Stephanie Aneto 12.17)	Tiombe Hurd USA 13.95	Ann-Maria Thorpe BAR 12.35
2005	Taneisha Scanlon IRL 13.28	Emily Parker 13.02	Leandra Polius 12.90
2006	Tiombe Hurd USA 13.67	Rebecca White 13.18	Nadia Williams 13.03
2007	Ashia Hansen 13.68	Nadia Williams 13.29	Gillian Kerr 12.83
2008	Nadia Williams 13.39	Stephanie Aneto 13.01	Nony Mordi 12.95
2009	Nony Mordi 13.23	Nadia Williams 13.18	Stephanie Aneto 13.07
2010	Trecia Smith JAM 13.69	Nadia Williams 13.41	Stephanie Aneto 12.78

2011	Laura Samuel 13.24	Hannah Frankson 13.02	Sineade Gutzmore 12.95
2012	Yamile Aldama 14.09	Nadia Williams 13.53	Yasmine Regis 13.50
2013	Yamile Aldama 13.44	Sineade Gutzmore 13.29	Angela Barrett 13.04
2014	Laura Samuel 13.32	Nadia Williams 13.27	Chioma Matthews 13.18
2015	Laura Samuel 13.66	Zainab Ceasay 13.12	Zara Asante 13.00
2016	Sineade Gutzmore 13.35	Angela Barrett 13.03	Allison Wilder 12.77
2017	Alexandra Russell 13.27	Sarah Buggy IRE 13.08	Emily Gargan 12.47
2018	Kimberly Williams JAM 14.16	Naomi Ogbeta 13.65	Sineade Gutzmore 13.29
2019	Naomi Ogbeta 14.05	Laura Samuel 13.61	Alexandra Russell 13.27
2020	Naomi Ogbeta 13.83	Shanara Hibbert 13.03	Evian Richardson 12.73

U20

2002 Linsi Robinson 11.84
 2003 Karlene Turner 12.41
 2004 Anna Kelly 12.00
 2005 Yasmine Regis 12.65
 2006 Denae Matthew 12.56
 2007 Jayne Nisbet 12.37
 2008 Mia Nielsen Haave NOR 12.89
 2009 Laura Samuel 12.40
 2010 Laura Samuel 12.74
 2011 Naomi Reid 12.16
 2012 Ahtollah Rose 12.28
 2013 Nikita Campbell-Smith 11.96
 2014 Nikita Campbell-Smith 12.59
 2015 Kerri Davidson 12.24
 2016 Naomi Ogbeta 12.62
 2017 Abazz Shayaam-Smith 11.79
 2018 Jade Oni 12.12
 2019 Lily Hulland 12.60
 2020 Temi Ojora 12.92

U17

Angela Barrett 11.85
 Anna Kelly 11.48
 Tanine Nicholas 11.55
 Hannah Frankson 11.76
 Kayley Alcorn 11.48
 Jade Ellams 11.41
 Mariam Shazana SIN 11.75
 Ahtollah Rose 11.48
 Naomi Reid 11.46
 Kate Anson 11.13
 Nikita Campbell-Smith 11.66
 Kerri Davidson 11.80
 Emily Gargan 11.69
 Katie Rowe 11.67
 Adelaide Omitowoju 11.86
 Eloise Harvey 12.02
 Jazz Sears 12.34
 Ellie O'Hara 11.75
 Lucy Robinson 11.91

Scot

2002 Julia Straker 11.44w
 2003 Sharon Foley/Gallen IRE 12.73w
 2004 Mary Egbo CAN 12.09
 2005 Katherine Streatfield 12.35w
 2006 Nony Mordi 12.81
 2007 Gillian Kerr 13.05
 2008 Jayne Nisbet 12.83
 2009 Mary Devlin IRE 12.04
 2010 Nony Mordi 13.15w
 2011 Zara Asante 12.12
 2012 Zara Asante 12.41
 2013 Nony Mordi 12.84
 2014 Zara Asante 12.58
 2015 Zara Asante 12.51
 2016 Emily Gargan 12.36
 2017 Chioma Matthews 12.45
 2018 Zara Asante 12.94
 2019 Zara Asante 12.89w

N Ireland

Sharon Foley IRE 12.39w
 Sharon Foley/Gallen IRE 12.59
 Mary McLoone IRE 11.99
 Mary McLoone IRE 11.94
 Mary McLoone IRE 12.41
 Gillian Kerr 12.97
 Mary McLoone IRE 12.05
 Mary Devlin IRE 11.78
 Mary Devlin IRE 11.68
 Holly Johnston 10.85
 Mary Devlin IRE 11.63
 Mary Devlin IRE 11.55
 Lydia Mills 10.84
 Laura Saulters 11.15
 Laura Saulters 11.80
 Sarah Buggy IRE 13.18w
 Lydia Mills 11.30
 Michaela Byrne 10.83

Wales

Helen Baker 11.57
 Helen Baker 12.16
 Helen Baker 12.07w
 Sally Peake 12.13
 Sally Peake 11.40
 Sally Peake 12.14
 Sally Peake 12.42w
 Sara Barry 12.61
 Sara Barry 12.62w
 Imogen Miles 11.79w
 Imogen Miles 11.67
 Sara Barry/Wheeler 12.15
 Sian Swanson 11.33w
 Sian Swanson 11.06
 Sian Swanson 11.47
 Sian Swanson 12.08w
 Sian Swanson 11.63
 Macey Jones 11.30

England

2010 Nadia Williams 13.54w
 2011 Nadia Williams 13.94w
 2012 Nadia Williams 13.71

South

2002 Michelle Griffith 12.66
 2003 Taneisha Robinson IRE 12.93w

Midlands

Debbie Rowe 12.71w
 Alison McAllister 12.36

North

Hazel Carwardine 12.38w
 Nicky Clark 11.56

2004	Michelle Griffith 13.12	Alison McAllister 12.06	Hazel Carwardine 11.97w
2005	Nadia Williams 13.31	Michelle Dunkley 12.33w	Julia Straker 11.64
2006	Nadia Williams 13.20	Debbie Rowe 12.58	Julia Straker 11.83
2007	Nadia Williams 13.59	Debbie Rowe 12.36	Julia Straker 12.23
2008	Stephanie Aneto 13.03	Linzi Robinson 12.35	Claire O'Reilly 12.05
2009	Zainab Ceesay 13.04	Denae Matthew 12.51w	Rebecca White 12.47
2010	Nadia Williams 13.75w	Denae Matthew 12.33w	Kelly Hilton 12.68
2011	Nadia Williams 13.45w	Laura Samuel 12.91	Kelly Hilton 12.52
2012		Laura Samuel 13.63	Kelly Hilton 12.60
2013	Stephanie Aneto 12.11	Sineade Gutzmore 12.74	Nony Mordi 13.29
2014	Nadia Williams 12.50	Sophie Worrall 11.47	Michelle Robbins 12.21
2015	Angela Barrett 12.78	Sineade Gutzmore 13.21	Lisa James 12.90
2016	Lia Stephenson 12.27	Anna Bates 11.96w	Naomi Reid 12.60
2017	Zara Asante 12.57	Anna Bates 12.04	Amy Lupton 11.35w
2018	Shanara Hibbert 11.88	Laura Samuel 13.30	Michelle Robbins-Hulse 12.06
2019	Lia Stephenson 13.13	Lisa James 12.61	Michelle Robbins-Hulse 12.19

CAU MEN

2002 Julian Golley M'sex 15.77
 2003 Martin Rossiter Hants 15.58
 2004 Julian Golley M'sex 16.35
 2005 Larry Achike M'sex 16.39
 2006 Nick Thomas Essex 16.20
 2007 Julian Golley M'sex 15.68
 2008 Julian Golley M'sex 15.85
 2009 Julian Golley M'sex 15.21
 2010 Darren March Kent 15.26w
 2011 Babatunde Amosu Surrey 15.75
 2012 John Carr Scot E 15.63
 2013 Jonny Sawyers Berks 15.01
 2014 Antony Daffurn W Scot 15.36w
 2015 Nathan Fox 15.89
 2016 Ben Williams 16.07
 2017 Nathan Douglas 16.40w
 2018 Jonathan Ilori 15.90
 2019 Nathan Fox 16.06

CAU WOMEN

Michelle Griffith Berks 12.98
 Charmaine Turner Berks 12.54
 Rachel Brenton Oxford 12.47
 Taneisha Scanlon Beds 13.39
 Nadia Williams M'sex 13.34
 Gillian Kerr E Scotland 13.20
 Zainab Ceesay Surrey 12.96
 Nadia Williams M'sex 13.20
 Nadia Williams M'sex 13.16
 Nadia Williams M'sex 13.40
 Sineade Gutzmore 13.18w
 Angela Barrett Warwicks 12.75
 Angela Barrett M'sex 12.55
 Alexandra Russell 12.96w
 Sineade Gutzmore 13.53
 Angela Barrett 13.15
 Naomi Ogbeta 14.15w
 Naomi Ogbeta 13.67

CAREER MARKS

	ASHIA HANSEN	YASMINE REGIS	NADIA WILLIAMS	NONY MORDI	STEPHANIE ANETO	ZAINAB CEESAY	REBECCA WHITE	GILLIAN KERR	DEBBIE ROWE
2002	15.00w/14.86	10.74			12.30		13.15w/12.97	11.07w	12.84
2003	15.01i	11.95	11.92		12.41i	12.78w/12.71	13.25w/12.95i	11.86w/11.82	12.35
2004	14.47i	12.71w/12.49	12.75w/12.74	12.43w/12.34	12.48	12.54	13.02	11.92	12.12w/11.86
2005		13.13	13.31	12.50	13.03	12.87	13.51w/13/10	12.22	12.90
2006	13.65	13.75w/13.14	13.42	12.88	12.93w/12.91		13.23i	13.17w/12.98	13.09
2007	13.68i	13.35w/13.27i	13.59	13.22	12.98		13.17	13.42w/13.25	12.74
2008	13.31	13.85A/13.52	13.45	13.76w/13.62	13.04i	13.27	11.81	13.05i	
2009		13.82w/13.75	13.67	13.45i	13.17w/13.07i	13.04	12.98	12.23i	
2010		13.55	13.75w/13.68	13.15w/13.13	13.24	12.82	12.81		
2011		13.76	13.94w/13.77		12.73	12.32			NAOMI
2012	SIMI	13.50i	13.71	12.78i	12.90				OGBETA
2013	FAJEMISIN			13.44	12.24	13.27			9.88
2014	12.16		13.27i	12.98w/12.94		12.95			12.61
2015	11.97					13.12i			12.98
2016						12.91			12.99i
2017	12.96								13.68w/13.64
2018	13.11i								14.15
2019	13.27i								14.05

YAMILE ALDAMA: Cuba to 2000, Sudan from 2004 and GBR from 2011

1994: 13.92, 1995: 13.84, 1996: 14.43, 1997: 14.46, 1998: 14.55, 1999: 14.77, 2000: 14.47, 2001: 13.85i.....

	LIZ PATRICK	MICHELLE GRIFFITHS	KARLENE TURNER	EMILY PARKER	CAROLINE STEAD	HANNAH FRANKSON	YAMILE ALDAMA	SINEADE GUTZMORE	ANGELA BARRETT
2002	12.06w/11.83	13.44	12.39w/11.95	12.52	12.24		14.54w/14.40		11.85i
2003	12.09i	13.03i	12.61w/12.54	12.67w/12.60	12.48w/12.42		15.29		
2004	11.42	13.85w/13.49	12.44	12.97			15.28	11.92	
2005	11.56		12.98	13.02i	LAURA	12.24	14.82	11.96w/11.64	12.03
2006	11.38	12.80	13.31		SAMUEL	12.32	14.86i	12.43	12.05
2007	11.59					11.94w/11.54	14.58	12.83	11.30
2008		CHIOMA	12.79		11.81	11.19	14.51	13.02w/12.97	12.60w/12.55
2009	LISA	MATTHEWS			12.98	12.86	14.68w/14.48	12.61	12.60i
2010	JAMES	12.60w/12.58		11.78w	13.75		12.41i	13.09	12.77
2011		13.18w/12.76			13.77w	13.44	14.50	13.22	13.18i
2012	11.54	13.02	13.10	11.81i	13.75	13.33	14.82i	13.37w/13.30	12.69
2013	12.37	13.50	12.81		13.75w/13.73	12.95	14.06	13.38	13.04i
2014	12.58	13.46	LILY		14.09		14.05w/13.85		13.09i
2015	13.22w/13.03	13.53	HULLAND		14.06		13.08	13.54	13.18i
2016	12.83	13.34	10.88		14.09		13.74	13.70	13.19
2017		13.00	12.09		13.60			13.44	13.43
2018	12.43w/12.01		12.88		13.75			13.51w/13.29i	13.32
2019			13.16		13.61				13.22/13.24w

	ALEXANDRA RUSSELL	SHARA PROCTOR	JAHISHA THOMAS
2008	11.01		
2009		13.74	
2010	11.24	13.88i	11.17
2011	11.60w/11.47		11.58
2012		12.95i	11.43
2013	11.96		11.59
2014	11.76		
2015	13.05		
2016	13.40w/12.98		12.89w/12.72
2017	13.27i	13.82	13.25
2018	13.09		13.46
2019	13.39i		13.56