

NUTS STATISTICAL HISTORIES – UPDATES

MEN'S JAVELIN

AAA/UK CHAMPIONSHIPS

1999	Steve Backley 87.59	Nick Nieland 81.83	Mark Roberson 80.23
2000	Steve Backley 86.70	Nick Nieland 85.09	Mick Hill 80.28
2001	Mark Roberson 80.80	Mick Hill 79.98	Nick Nieland 77.91
2002	Mick Hill 77.86	Mark Roberson 74.23	Nick Nieland 73.20
2003	Mick Hill 76.35	Michael Allen 68.92	Neil McLellan 67.74
2004	Steve Backley 81.25	Nick Nieland 79.06	Mick Hill 79.00
2005	Nick Nieland 78.30	David Parker 72.98	Mark Roberson 69.72
2006	Nick Nieland 80.56	David Parker 72.39	Neil McLellan 71.19
2007	Nick Nieland 73.95	Neil McLellan 73.62	Mervyn Luckwell 72.05
2008	Michael Allen 75.07	Mervyn Luckwell 72.13	Neil McLellan 70.38
2009	Mervyn Luckwell 77.70	Chris Hughff 70.47	Lee Doran 69.33
2010	James Campbell 74.00	Brett Byrd 69.88	Mervyn Luckwell 68.57
2011	Lee Doran 78.63	Mervyn Luckwell 75.06	James Campbell 74.63
2012	Lee Doran 79.72	Roald Bradstock 72.78	Neil Crossley 70.25
2013	Lee Doran 70.77	Bonne Buwembo 69.73	Joe Dunderdale 68.35
2014	Lee Doran 70.71	Bonne Buwembo 70.59	James Campbell 68.12
2015	Bonne Buwembo 70.34	Matti Mortimore 66.78	Gavin Johnson-Assoon 64.30

AGE GROUP CHAMPIONSHIPS

U23

1999	Robert Charlesworth 60.92
2000	Dan Carter 71.90
2001	David Parker 75.53
2002	Phil Sharpe 71.09
2003	Jon Lundman 64.24
2004	Anthony Lovett 67.30
2005	Alex van der Merve 71.49
2006	Alex van der Merve 64.64
2007	James Hopley 66.12
2008	James Campbell 71.88
2009	James Campbell 70.07
2010	James Campbell 73.41
2011	Dan Pembroke 73.19
2012	Joe Dunderdale 75.73
2013	Joe Dunderdale 73.22
2014	Greg Millar 67.07
2015	Matti Mortimore 70.33

U17

1999	Andrew Hull AUS 65.14
2000	Alex van der Merve 59.08
2001	Lee Doran 58.32
2002	Sam Kelvey 60.66
2003	Stuart Harvey 60.93
2004	James Campbell 65.39
2005	Bonne Buwembe 56.89
2006	Dan Pembroke 61.46
2007	Harry Hollis 58.90
2008	Pieter Snyman 64.35
2009	Steve Turnock 62.55
2010	Robin Danaher 63.23
2011	Huw Bevan 69.60
2012	Joseph Brown 59.14

U20

David Parker 73.56
Phil Sharpe 71.79
Alex van der Merve 64.04
Alex van der Merve 68.85
Alex van der Merve 67.21
Lee Doran 66.14
Stuart Harvey 66.00
James Campbell 69.02
James Campbell 71.09
Bonne Buwemba 65.73
Matthew Hunt 69.69
Dan Pembroke 72.43
Joe Dunderdale 72.55
Matti Mortimore 70.54
Benji Pearson 70.29
Freddie Curtis 64.18
Harry Hughes 67.28

U15

Mark Lindsay 47.70
Thomas Rees 47.33
Ben Lee 48.18
Adam Akehurst 48.24
Alex Shepherd 55.90
Bonne Buwembe 57.78
Ashley Bryant 55.70
Ryan Stewart 54.63
Matti Mortimore 62.33
Liam Downer 47.72
Oliver Bradfield 52.53
Oliver Bradfield 65.26
Joseph Brown 57.27
Harry Hughes 58.48

2013 Harry Hughes 68.73
2014 Harry Hughes 67.88
2015 James Whiteaker 64.43

James Whiteaker 57.86
Daniel Stoller 52.18
Max Law 53.96

Scot

1999 Sam Armstrong 62.79
2000 Tom Dobbing 63.23
2001 David Sketchley 61.00
2002 Tom Dobbing 67.08
2003 Tom Dobbing 65.10
2004 Chris Smith 64.32
2005 Anthony Lovett 67.05
2006 Chris Smith 65.01
2007 Lee Doran 66.88
2008 Lee Doran 70.32
2009 James Campbell 73.92
2010 James Campbell 80.38
2011 Lee Doran 76.85
2012 Greg Millar 59.32
2013 Greg Millar 66.55
2014 Greg Millar 62.33
2015 Greg Millar 66.12

N Ire

Damien Crawford 54.55
Michael Allen IRE 68.34
Damien Crawford 56.47
Michael Allen now GBR 69.84
Niall Tuckey IRE 63.11
Ben Houghton IRE 71.88
Michael Allen 69.75
Michael Allen 79.55
Aaron Crawford IRE 57.45
Michael Allen 75.07
J Diskin IRE 58.93
Damien Crawford 52.66
Sean McBride 52.60
Matthew Martin 58.14
Daniel Mullan 54.34
Daniel Mullan 52.51
Sean McBride 60.09

Welsh

Michael Groves 46.89
Derek Hermann 57.41
Derek Hermann 57.37
Derek Hermann 60.89
Jason Hallett 63.36
Nigel Bevan 60.91
Nigel Bevan 60.42
Rhys Williams 63.80
Rhys Williams 63.31
Lee Doran 64.61
Lee Doran 69.98
Lee Doran 71.98
Lee Doran 70.90
Lee Doran 77.99
Joe Dunderdale 72.41
Lee Doran 76.61
Aaron Morgan 57.65

England

2010 Brett Byrd 67.80
2011 Mervyn Luckwell 75.35
2012 Neil Crossley 70.09

South

1999 Philip Parry 68.04
2000 Dan Carter 66.76
2001 Neil McLellan 67.32
2002 Dan Carter 69.56
2003 Stuart Faben 69.22
2004 Neil McLellan 67.49
2005 Alex van der Merve 69.83
2006 Neil McLellan 71.84
2007 Anthony Lovett 67.90
2008 Mervyn Luckwell 70.81
2009 Neil McLellan 68.99
2010 Mervyn Luckwell 80.08
2011 Dan Pembroke 73.91
2012
2013 Bonne Buwembo 70.78
2014 Bonne Buwembo 70.77
2015 Bonne Buwembo 71.73

Midlands

not contested
Mike Tarran 62.24
Leon Karagounis GRE 57.77
Mike Tarran 59.82
Mike Tarran 59.80
Tom Dobbing 66.14
Glyn Hollingsworth 60.69
Glyn Hollingsworth 64.21
James Hopley 64.31
Glyn Hollingsworth 63.29
Brett Byrd 59.62
Brett Byrd 62.83
Neil Crossley 65.87
Neil Crossley 70.09
Joe Dunderdale 71.28
James Knights 46.94
Sam Hadley 41.31

North

Gerard Plunkett 63.02
Ian Burns 63.22
Phill Sharpe 63.84
Matthew Allison 63.91
Ian Burns 64.75
Gerard Paish-Plunkett 63.99
Lee Doran 63.34
Gerard Paish-Plunkett 64.48
Gerard Paish-Plunkett 68.05
David Parker 70.64
David Parker 71.20
James Campbell 73.55
Matthew Hunt 68.94
Joe Dunderdale 69.51
David McKay 64.87
Jordan Carter 66.67
Paul Allsopp 62.94

WOMEN'S JAVELIN

New javelin:

AAA/UK CHAMPIONSHIPS

1999	Kirsty Morrison 55.70	Karen Martin 55.55	Lorna Jackson 55.01
2000	Kelly Morgan 58.45	Karen Martin 57.75	Shelley Holroyd 51.96
2001	Karen Martin 54.82	Kelly Morgan 54.49	Lorna Jackson 52.74
2002	Kelly Morgan 64.87 UKR	Goldie Sayers 56.96	Karen Martin 56.34
2003	Goldie Sayers 56.29	Chloe Cozens 52.34	Katy Watts 44.95
2004	Goldie Sayers 60.85	Kelly Morgan 58.98	Shelley Holroyd 57.48
2005	Goldie Sayers 57.99	Shelley Holroyd 55.14	Katy Watts 51.22
2006	Goldie Sayers 58.81	Jo Blair 50.48	Laura Whittingham 50.22
2007	Goldie Sayers 63.02	Laura Whittingham 52.88	Lianne Clarke 52.42
2008	Goldie Sayers 62.62	Hayley Thomas 48.33	Rosie Semenytsh 47.01
2009	Goldie Sayers 55.33	Laura Whittingham 50.72	Katy Watts 50.62
2010	Goldie Sayers 58.60	Laura Whittingham 55.29	Katy Watts 51.69
2011	Goldie Sayers 60.57	Katy Watts 51.68	Lianne Clarke 49.77
2012	Goldie Sayers 58.46	Laura Whittingham 53.13	Izzy Jeffs 52.38
2013	Rosie Semenytsh 49.76	Katy Watts 48.99	Eloise Meakins 46.39
2014	Goldie Sayers 62.75	Izzy Jeffs 54.53	Jo Blair 49.82
2015	Izzy Jeffs 53.50	Freya Jones 53.38	Laura Whittingham 5.26

AGE GROUP CHAMPIONSHIPS

U23

1999	Joanne Bruce 45.58
2000	Chloe Cozens 49.24
2001	Jennifer Kemp 48.97
2002	Goldie Sayers 58.20
2003	Goldie Sayers 55.09
2004	Goldie Sayers 57.09
2005	Jo Chapman 47.73
2006	Lauren Therin 50.97
2007	Lianne Clarke 50.96
2008	Louise Watton 48.14
2009	Rosie Semenytsh 46.90
2010	Sam Cullinane 45.55
2011	Tesni Ward 47.40
2012	Izzy Jeffs 53.58
2013	Izzy Jeffs 50.24
2014	Kike Oniwinde 50.00
2015	Eloise Meakins 48.64

U17

1999	Sam Redd 40.58
2000	Sam Redd 42.23
2001	Jo Chapman 41.78
2002	Louise Watton 43.39
2003	Hayley Thomas 42.93
2004	Laura Scott 38.48
2005	Jade Dodd 37.75
2006	Sarah-Anne de Kremer 42.22
2007	Sadie Watts 39.87
2008	Izzy Jeffs 42.69
2009	Freya Jones 49.66
2010	Laura McDonald 45.52
2011	Kerry Murch 42.64
2012	Natasha Wilson 44.00
2013	Jordan Campbell 44.30
2014	Emma Hamplett 49.61
2015	Michaela Walsh IRE 43.00

U20

Jennifer Kemp 52.54
Goldie Sayers 51.37
Goldie Sayers 53.74
Sam Redd 47.66
Jo Chapman 47.12
Rebecca Bartlett 49.72
Lianne Clarke 47.10
Lianne Clarke 45.77
Jade Dodd 47.48
Kelly Padgin 44.98
Tesni Ward 45.41
Salli Utrianen FIN 49.99
Izzy Jeffs 49.61
Freya Jones 52.73
Natasha Wilson 47.51
Natasha Wilson 44.51
Katherine West 44.71

U15

Lauren Therin 38.01
Christine Lawrence 34.84
Louise Watton 38.29
Lucy Boggis 32.09
Lucy Boggis 35.99
Peta Lundgren 35.61
Robyn Purchase 36.11
Claire Fitzgerald 36.39
Kike Oniwinde 37.74
Freya Jones 43.42
Laura McDonald 41.89
Natasha Wilson 39.20
Izzy McHattie 38.21
Sophie Merritt 38.93
Michaela Walsh IRE 36.65
Rebekah Walton 44.81
Eloise Lock 41.51

<p>Scot</p> <p>1999 Lorna Jackson 53.01 2000 Lorna Jackson 53.48 2001 Lorna Jackson 49.97 2002 Lorna Jackson 44.14 2003 Chloe Cozens 52.16 2004 Kristine Ritchie 36.06 2005 Gillian Stewart 38.31 2006 Jenny Grimstone 42.82 2007 Jenny Grimstone 41.05 2008 Lisa Glover 42.35 2009 Estelle Kagambega MLI 37.43 2010 Estelle Kagambega MLI 38.83 2011 Paula Murray 35.98 2012 Aileen Rennie 42.14 2013 Natasha Wilson 47.78 2014 Devota Nyakyoma 45.81 2015 Aileen Rennie 44.76</p>	<p>N Ireland</p> <p>Alison Moffitt 47.72 Linda Grey 48.77 Paula Collis 43.75 Alison Moffitt 43.31 Kristine Ritchie 39.17 Jennifer O'Sullivan IRE 47.12 Laura Kerr IRE 45.67 Laura Kerr IRE 48.11 Laura Kerr IRE 46.74 Denise Byrne IRE 40.41 Orla McDonald 39.25 Anita White IRE 43.38 Lauren Stead 35.35 Lauren Stead 33.63 Victoria Bell 20.44 Olivia McDonald 35.27 Eileana Hull 30.37</p>	<p>Welsh</p> <p>Caroline White 46.89 Alison Siggery 36.23 Charlotte Rees 42.14 Charlotte Rees 42.40 Alison Siggery 40.66 Lianne Clarke 46.66 Lianne Clarke 47.44 Alison Siggery 43.84 Laura Whittingham 50.15 Claire Williams 44.61 Laura Whittingham 52.17 Tesni Ward 46.82 Lianne Clarke 52.26 Claire Williams 39.11 Claire Williams 41.28 Tesni Ward 44.98 Tasia Stephens 41.16</p>
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<p>England</p> <p>2010 Laura Whittingham 54.52</p>	<p>2011 Tesni Ward 49.51</p>	<p>2012 Izzy Jeffs 46.71</p>
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<p>South</p> <p>1999 Chloe Cozens 48.15 2000 Tammie Francis 46.09 2001 Katie Amos 47.55 2002 Kirsty Morrison 55.74 2003 Katy Watts 46.83 2004 Kirsty Morrison 48.79 2005 Katy Watts 51.35 2006 Louise Watton 48.92 2007 Louise Watton 49.03 2008 Katy Watts 48.33 2009 Rosie Semenysh 49.00 2010 Katy Watts 51.95 2011 Katy Watts 49.97 2012 2013 Rosie Semenytsh 50.43 2014 Kiki Oniwinde 54.71 2015 Louise Lockwood 48.27</p>	<p>Midlands</p> <p>Sharon Gibson 44.81 Sharon Gibson 44.56 Sharon Gibson 44.33 Sharon Gibson 43.21 Paula Hendriks 38.74 Helen Mounteney 42.91 Rebecca Bartlett 40.91 Jo Blair 46.36 Sarah-Anne de Kremer 40.14 Phyllis Agbo 39.00 Jo Chapman 42.18 Sam Cullinane 42.79 Beverley Hawkins 34.52 Sam Cullinane 39.88 Simone Huggins-Ward 41.48 Megan Exley 34.43 Kate Davies 32.84</p>	<p>North</p> <p>Karen Martin 49.40 Linda Gray 45.63 Linda Gray 50.25 Stacey Mohamed 38.45 Jenny Leng 41.08 Stacey Mohamed 39.41 Shelley Holroyd 53.27 Laura Whittingham 48.15 Colette Coran 37.77 Emma Halsall 38.74 Eloise Manger 48.10 Amie Kevan 31.84 Hayley Thomas 49.96 Laura Whittingham 45.01 Devota Nyakyoma 37.42 Liane Bibby 45.86 Amy Lupton 43.25</p>
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<p>CAU Men</p> <p>1999 Mark Roberson Cambs 75.84 2000 Mark Roberson Cambs 73.62 2001 David Parker Yorks 76.24 2002 Mick Hill Yorks 76.38 2003 Mark Roberson Cambs 74.14 2004 Michael Allen G Man 72.02 2005 Nick Nieland M'sex 79.56 2006 Michael Allen NIR 72.78 2007 David Parker Yorks 67.94 2008 Mervyn Luckwell Bucks 74.98 2009 Mervyn Luckwell Bucks 72.91 2010 Brett Byrd Staffs 68.17 2011 Lee Doran S Wales 73.06 2012 Lee Doran S Wales 74.93 2013 Bonne Buwembo Essex 65.02 2014 Bonne Buwembo Essex 74.64 2015 Greg Millar Notts 69.07</p>	<p>CAU Women</p> <p>Lorna Jackson E Scot 53.27 Lorna Jackson E Scot 53.19 Kirsty Morrison Kent 51.25 Goldie Sayers Cambs 52.49 Katy Watts Hants 45.73 Goldie Sayers Cambs 60.10 Katy Watts Hants 51.45 Louise Watton Dorset 49.22 Laura Whittingham Yks 49.02 Katy Watts Hants 48.29 Katy Watts Hants 50.89 Goldie Sayers Cambs 63.15 Goldie Sayers Cambs 61.61 Izzy Jeffs Avon & Somerset 51.68 Rosie Semenytsh Bucks 47.17 Laura Whittingham Yorks 52.73 Laura Whittingham Yorks 54.15</p>
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MEN'S HIGH JUMP

AAA/UK CHAMPIONSHIPS

2001	Ben Challenger 2.17	Dalton Grant 2.12	Ian Holliday 2.07
2002	Dalton Grant 2.20 (2.20 j-o)	Ben Challenger 2.20	Mark Mandy 2.10
2003	Ben Challenger 2.24	Ian Holliday 2.17	Dalton Grant 2.12
2004	Ben Challenger 2.23	Dalton Grant 2.15	Samson Oni 2.15
2005	Ben Challenger 2.27	Samson Oni 2.20	Darryl Stone 2.20
2006	Martyn Bernard 2.25	Germaine Mason 2.22	Tom Parsons/ Nick Stanisavljevic 2.19
2007	Martyn Bernard 2.24	Germaine Mason 2.18	Tom Parsons 2.18
2008	Tom Parsons 2.30	Germaine Mason 2.27	Martyn Bernard 2.23
2009	Germaine Mason 2.24	Samson Oni 2.24	Tom Parsons 2.24
2010	Martyn Bernard 2.28	Tom Parsons 2.28	Robbie Grabarz 2.25
2011	Tom Parsons 2.28	Martyn Bernard 2.28	Robbie Grabarz 2.28
2012	Robbie Grabarz 2.28	Samson Oni 2.24	Tom Parsons 2.24
2013	Robbie Grabarz 2.28	Tom Parsons 2.25	David Smith 2.19
2014	Allan Smith 2.24	Chris Baker 2.24	Matt Roberts 2.20
2015	Robbie Grabarz 2.28	2= Mike Edwards, David Smith and Chris Kandu 2.20	

AGE GROUP CHAMPIONSHIPS

	U23	U20
2001	Samson Oni 2.18	Chuka Enih-Snell 2.14
2002	Rob Mitchell 2.13	Mark Crowley 2.15
2003	Samson Oni 2.18	Martyn Bernard 2.10
2004	Tom Parsons 2.15	Nick Stanisavljevic 2.15
2005	Martyn Bernard 2.24	Nick Stanisavljevic 2.15
2006	Adam Scarr 2.22	Robbie Grabarz 2.12
2007	Adam Scarr 2.23	Alan Mckie 2.12
2008	Nick Stanisavljevic 2.14	Matthew Owens 2.09
2009	Robbie Grabarz 2.14	Sam Bailey 2.09
2010	Alan Mckie 2.10	Sam Bailey 2.09
2011	David Smith 2.22	Allan Smith 2.05
2012	Chris Baker 2.14	Jon Heath 2.06
2013	Chris Baker 2.10	Chris Kandu 2.18
2014	Allan Smith 2.14	Chris Kandu 2.24
2015	Chris Kandu 2.16	William Grimsey 2.12
	U17	U15
2001	Martyn Bernard 1.99	Alan Hassall 1.86
2002	Oliver Sweeney 1.91	David Shields 1.90
2003	Nick Stanisavljevic 2.00	Gregor Simey 1.87
2004	Darren Hammond 1.99	Philip Collins 1.90
2005	Tom Mather 2.01	Richard Byers 1.93
2006	Gary Coulter 1.94	David Guest 1.86
2007	Jason Harvey 2.04	Alex Cox 1.88
2008	Joe Kent 1.99	Ross Walker-Smart 1.91
2009	Jonathan Heath 1.99	Feron Sayers 1.90
2010	Jonathan Heath 1.95	Nicholas Hunt 1.89
2011	Alex Crannix 2.02	Elliot Payne 1.86
2012	Max Paulin 1.95	Miles Keller-Jenkins 1.89
2013	Rory Dwyer 1.99	Adam Jones 1.80
2014	Lewis McGuire 2.02	Joshua Hewett 1.86
2015	Joel Khan 2.02	Oliver Cresswell 1.80

INDOORS

2001	Samson Oni 2.20	Robert Mitchell 2.15	Stuart Ohrland 2.05
2002	Ben Challenger 2.17	Ian Holliday 2.14	Mark Mandy IRL 2.09
2003	Dalton Grant 2.25	Luke Crawley 2.22	Ben Challenger 2.16
2004	Ben Challenger 2.20	Adrian O'Dwyer IRL 2.20	Samson Oni 2.17
2005	Robert Mitchell 2.20	Tom Parsons 2.16	Martyn Bernard 2.16
2006	Martyn Bernard 2.24	Martin Aram and Samson Oni 2.16	
2007	Martyn Bernard 2.23	Rob Mitchell 2.23	Tom Parsons 2.19
2008	Samson Oni 2.30	Tom Parsons 2.19	Martin Lloyd 2.19
2009	Darvin Edwards STL 2.22	Robbie Grabarz 2.19	Rob Mitchell 2.19
2010	Samson Oni 2.25	Tom Parsons 2.25	Robbie Grabarz/Adam Scarr 2.22
2011	Tom Parsons 2.31	Robbie Grabarz 2.25	Matt Roberts 2.18
2012	Samson Oni 2.26	Robbie Grabarz 2.23	Robert Wolski POL 2.20
2013	Robbie Grabarz 2.31	Marco Fassinotti ITA 2.22	Allan Smith 2.22
2014	Robbie Grabarz 2.24	Chris Baker 2.24	Allan Smith 2.24
2015	Allan Smith 2.29	Chris Kandu 2.18	Robert Wolski POL 2.18
	U20	U17	U15
2001	Chuka Enih-Snell 2.14	Martyn Bernard 1.95	Alan Hassall 1.79
2002	Martin Aram 2.10	Jamie Thomas 1.95	Andrew Allan 1.78
2003	Martyn Bernard 2.13	Nick Stanislavljevic 1.95	James Stokes 1.78
2004	Adam Scarr 2.09	David Shields 2.02	Anthony Shurmer 1.71
2005	Nick Stanislavljevic 2.02	Darren Hammond 1.99	Nathan Williams 1.78
2006	Robbie Grabarz 2.15	Cameron Lake 2.03	John McCafferty 1.91
2007	Alan McKie 2.09	Mike Ehlen 1.95	Jack Jones 1.75
2008	Chris Baker 2.06	Sam Bailey 2.01	Ross Walker-Stuart 1.92
2009	Scott Johnson 2.09	Jordan Roach 1.89	Feron Sayers 1.78
2010	Sam Bailey 2.10	Patrick Jowett 1.95	Chris Alderman 1.75
2011	Allan Smith 2.04	Chris Kandu 1.90	Scott McAnally 1.75
2012	Ryan Bonifas 2.03	Chris Kandu 2.08	Miles Keller-Jenkins 1.86
2013	Chris Kandu 2.09	Rory Dwyer 2.00	Max Price 1.87
2014	Chris Kandu 2.22	Rory Dwyer 2.03	Thomas Hewes 1.86
2015	Rory Dwyer 2.12	Thomas Hewes 2.03	Ayman El-Amrani 1.75
	Scot	N Ireland	Wales
2001	James Wild 2.00	Paul Tohill 1.90	not contested
2002	Andrew Macfarlane 2.00	Paul Tohill 1.90	Robert Mitchell 2.10
2003	Ian Holliday 2.05	Brendan McConville 1.95	Owen Chesher 1.91
2004	Mark Taylor 2.10	Paul Tohill 2.00	Robert Mitchell 2.15
2005	Mark Taylor 2.00	Caolan Flanagan IRE 2.03	Robert Mitchell 2.15
2006	Andrew Allan 1.95	Martin Kalafas SVK 2.05	Robert Mitchell 2.20
2007	Andrew Allan 1.90	Martin Kalafas SVK 2.10	Kabelo Mmono BOT 2.00
2008	Robbie Grabarz 2.24	Karosh Foughi IRE 2.00	Robert Mitchell 2.10
2009	Jamie Creighton 2.05	Caolan Flanagan IRE 1.95	Robert Mitchell 2.00
2010	Ray Bobrownicki USA 2.18	Barry Quigg 1.80	Robert Mitchell 2.05
2011	Ray Bobrownicki USA 2.15	Nathan Lyons 1.70	Stephen Guest 1.90
2012	David Smith 2.13	Adam Hill 1.90	Robert Mitchell 2.05
2013	Allan Smith 2.14	Peter Glass 1.90	Thomas Brennan AUS 2.05
2014	Robert Ferguson 2.05	not held	Robert Mitchell 1.94
2015	David Smith 2.20	Adam Hill 1.90	Chris Baker ENG 2.10
	England	Midlands	North
2010	Robbie Grabarz 2.23	Mark Mandy IRE 2.00	Danny Graham 2.10
2011	Robbie Grabarz 2.20	Tom Parsons 2.10	Danny Graham 2.10
2012	Tom Parsons 2.21		
	South		
2001	Dan Turner 2.15		
2002	Mark Crowley 2.10		

2003	Dan Turner 2.05	Dan Plank 1.90	Brian Hall 2.10
2004	Mark Crowley 2.10	Tom Parsons 2.10	Jamie Creighton 2.00
2005	Darryl Stone 2.14	Tom Parsons 2.23	Jamie Creighton 2.05
2006	Darryl Stone 2.05	Calvin Hall 1.95	Martin Aram 2.10
2007	Martin Lloyd 2.13	Tom Parsons 2.28	Rob Mitchell 2.10
2008	Alan McKie 2.15	Tom Parsons 2.25	Brian Hall 2.10
2009	Darryl Stone 2.05	Tom Parsons 2.27	Brian Hall 2.10
2010	Martin Lloyd 2.15	Matt Roberts 2.15	Brian Hall 2.05
2011	Darvin Edwards 2.15	Robbie Grabarz 2.25	Darren Hammond 2.00
2012		Tom Parsons 2.21	Martyn Bernard 2.16
2013	Scott Johnson 2.00	Barry Pender IRE 2.05	Lloyd Powell 1.93
2014	Scott Johnson 2.00	Tom Parsons/David Smith 2.20	Matthew Owens 2.04
2015	Jason Fox 2.00	Matthew Roberts 2.24	Chris Mann 2.03

WOMEN'S HIGH JUMP

AAA/UK CHAMPIONSHIPS

2001	Susan Jones 1.91	Michelle Dunkley 1.86	Julie Hollman/Kerry Jury 1.68
2002	Susan Jones 1.92	Debbie Marti 1.75	Julie Crane 1.75
2003	Susan Jones 1.86	Julia Bennett 1.82	J Crane/Stephanie Higham 1.78
2004	Susan Jones 1.89	Julie Crane 1.82	Julia Bennett 1.78
2005	Susan Jones 1.86	Julia Bennett 1.83	Natalie Clark 1.83
2006	Deirdre Ryan IRE 1.92	Julie Crane 1.86	J Ennis/S Pywell 1.82
2007	Jessica Ennis 1.87	Kelly Sotherton 1.80	Stephanie Pywell 1.80
2008	Stephanie Pywell 1.88	Susan Moncrieff (Jones) 1.85	Kelly Sotherton 1.78
2009	Jessica Ennis 1.91	Vicki Hubbard 1.82	Kelly Sotherton 1.82
2010	Stephanie Pywell 1.84	Kay Humberstone 1.76	Beth Partridge 1.71
2011	Jessica Ennis 1.89	Emma Perkins 1.83	Emma Nuttall 1.77
2012	Jessica Ennis 1.89	Isobel Pooley 1.85	Emma Perkins 1.81
2013	Emma Nuttall 1.87	Jordanna Morrish 1.77	Adele Lassu 1.74
2014	Isobel Pooley 1.90	Katarina Johnson-Thompson 1.86	Morgan Lake 1.82
2015	Isobel Pooley 1.97 UKR	Morgan Lake 1.88	Beth Partridge 1.84

AGE GROUPS

	U23	U20
2001	Gayle O'Connor 1.75	Aileen Wilson 1.82
2002	Natalie Clark 1.69	Rebecca Jones 1.83
2003	Natalie Clark 1.83	Elizabeth Sweeney 1.73
2004	Aileen Wilson 1.76	Emma Morris 1.74
2005	Aileen Wilson 1.76	Charis O'Connor 1.80
2006	Emma Morris 1.74	Jessica Leach 1.82
2007	Sharon Heveran IRE 1.74	Adele Lassu 1.78
2008	Jayne Nisbet 1.82	Adele Lassu 1.74
2009	Adele Lassu 1.82	Katherine Johnson-Turner 1.74
2010	Adele Lassu 1.78	Isobel Pooley 1.82
2011	Liz Lamb NZL 1.82	Emma Nuttall 1.82
2012	Emma Nuttall 1.86	Evie Grogan 1.72
2013	Isobel Pooley 1.87	Morgan Lake 1.85
2014	Deborah Martin 1.75	Amelia Jennings-McLaughlin 1.74
2015	Nikki Manson 1.75	Morgan Lake 1.94
	U17	U15
2001	Emma Perkins 1.74	Shani Rainford 1.64
2002	Shani Rainford 1.71	Dominique Blaize 1.65
2003	Stephanie Pywell 1.71	Vicki Hubbard 1.72
2004	Charis O'Connor 1.74	Maureen Farrell IRE 1.63
2005	Adele Lassu 1.77	Hannah Dickson 1.63
2006	Grainne Moggan IRE 1.69	Katarina Thompson 1.64
2007	Catriona Farrell IRE 1.69	Katarina Thompson 1.72

2008	Katarina Thompson 1.74	Jazmin Sawyers 1.61
2009	Kat'na Johnson-Thompson 1.79	Jordanna Morrish 1.65
2010	Ffion Bodilly 1.73	Morgan Lake 1.65
2011	Camellia Hayes 1.77	Morgan Lake 1.75
2012	Morgan Lake 1.76	Kierra Barker 1.69
2013	Morgan Lake 1.88	Laura Arnold 1.65
2014	Emily Borthwick 1.76	Rebecca Hawkins 1.69
2015	Niamh Emerson 1.82	Amaya Scott 1.69

INDOORS

2001	Susan Jones 1.85	Watami May CAN 1.85	Gillian Black 1.70
2002	Susan Jones 1.90	Julia Bennett 1.84	Deirdre Ryan IRL 1.84
2003	Susan Jones 1.93	Julie Crane 1.85	Rebecca Jones 1.80
2004	Susan Jones 1.90	Bobby Aloysius IND and Natalie Clark 1.83	
2005	Susan Jones 1.90	Deirdre Ryan IRL 1.87	Julia Bennett 1.87
2006	Susan Moncrieff (Jones) 1.84	Julie Crane and Vicki Hubbard 1.81	
2007	Jessica Ennis 1.87	Susan Moncrieff 1.84	Julie Crane 1.84
2008	Jessica Ennis 1.92	Stephanie Pywell 1.85	Kelly Sotherton 1.79
2009	Stephanie Pywell 1.82	Kay Humberstone 1.79	Vicki Hubbard 1.79
2010	Vicki Hubbard 1.87	Kay Humberstone 1.84	Deirdre Ryan IRE 1.81
2011	Jessica Ennis 1.88	Isobel Pooley 1.85	Pamela Hughes IRE 1.79
2012	Jessica Ennis 1.91	Emma Perkins 1.89	Isobel Pooley 1.82
2013	Emma Perkins 1.81	Morgan Lake 1.81	Jayne Nisbet 1.78
2014	K Johnson-Thompson 1.96 UKR	Jayne Nisbet 1.87	Isobel Pooley 1.87
2015	K Johnson-Thompson 1.97 UKR	Morgan Lake 1.94	Isobel Pooley 1.88

	U20	U17	U15
2001	Deirdre Ryan IRE 1.81	Rebecca Bell 1.70	Stephanie Pywell 1.67
2002	Stephanie Higham 1.75	Shani Rainford 1.66	Dominique Blaize 1.68
2003	Aileen Wilson 1.78	Sarah Fielding-Smith 1.69	Juliet Fielden 1.58
2004	Sarah Fielding-Smith 1.76	Dominique Blaize 1.74	Hatty Scaramanga 1.58
2005	Vikki Hubbard 1.78	Vikki Hubbard 1.78	Paula Dalgleish 1.58
2006	Stephanie Pywell 1.77	Kayley Alcorn 1.66	Kiara Abelova SVK 1.67
2007	Vikki Hubbard 1.85	Hannah Dickson 1.70	Katarina John'n-Thom'n 1.68
2008	Pamela Hughes IRE 1.75	Katarina John'n-Thompson 1.73	Jazmin Sawyers 1.65
2009	Amy Marchant 1.72	Katarina John'n-Thompson 1.73	Alice Jennings 1.62
2010	Katarina John'n-Thompson 1.81	Cosmina Berry 1.70	Jordanna Morrish 1.69
2011	Isobel Pooley 1.86	Isobel Brown 1.71	Morgan Lake 1.71
2012	Katarina John'n Thompson 1.85	Poppy Lake/Georgina Westwood 1.70	Kierra Baker 1.67
2013	Camelia Hayes 1.81	Morgan Lake 1.73	Hollie Williamson 1.65
2014	Morgan Lake 1.88	Hannah Tapley 1.64	Rebecca Hawkins 1.65
2015	Laura Armorgie 1.69	Ada'ora Chigbo 1.78	Ashleigh West 1.62

	Scot	N Ireland	Welsh
2001	Aileen Wilson 1.80	Sharon Foley IRE 1.76	Ailsa Wallace 1.60
2002	Hazel Melvin 1.65	Deirdre Ryan IRE 1.80	Ailsa Wallace 1.65
2003	Hazel Melvin 1.70	Sharon Gallen IRE 1.70	Susan Williams 1.35
2004	Julie Crane 1.89	Katie Neary 1.50	Ailsa Wallace 1.75
2005	Aileen Wilson 1.75	Claire Wilkinson IRE 1.65	Julie Crane 1.82
2006	Jayne Nisbet 1.73	Claire Wilkinson IRE 1.66	Julie Crane 1.81
2007	Jayne Nisbet 1.70	Iveta Smkova SVK 1.70	not held
2008	Jayne Nisbet 1.76	Claire Wilkinson IRE 1.60	Sian Swanson 1.71
2009	Jayne Nisbet 1.80	Claire Wilkinson IRE 1.65	Julie Crane 1.83
2010	Emma Nuttall 1.75	Claire Wilkinson IRE 1.60	Julie Crane 1.65
2011	Jayne Nisbet 1.80	Claire Wilkinson IRE 1.60	Ffion Bodilly 1.68
2012	Emma Nuttall 1.80	Anna McIlmoyle 1.60	Sophie Pick 1.60
2013	Isobel Pooley ENG 1.88	Sarah Connolly 1.60	Adele Lassu 1.75
2014	Rachel Mackenzie 1.75	not held	Sophie Pick 1.60
2015	Nikki Manson 1.70	Anna McIlmoyle 1.60	Beth Partridge ENG 1.84

England

2010 Vikki Hubbard 1.84
2011 Mo Sasegbon and Frances Smithson 1.74
2012 Isobel Pooley 1.82

South

2001 Debbie Marti 1.65
2002 Natalia Norford 1.60
2003 Julia Bennett 1.84
2004 Julia Bennett 1.88
2005 Charis O'Connor 1.78
2006 Julia Bennett 1.80
2007 Julia Bennett 1.75
2008 Eloise Newman 1.76
2009 Julia Machin/Bennett 1.78
2010 Isobel Pooley 1.75
2011 Moe Sasegbon 1.70
2012
2013 Moe Sasegbon 1.70
2014 Deborah Martin 1.80
2015 Deborah Martin 1.69

Midlands

Aneska Binks 1.63
Julie Crane 1.75
Julie Crane 1.80
Bobby Aloysius IND 1.87
Aileen Wilson 1.81
Nikki Brady 1.60
Julie Hollman 1.80
Julie Crane 1.75
Jessica Leach 1.86
Louise Hazel 1.60
Jayne Nisbet 1.83

Adele Lassu 1.70
Bethan Partridge 1.75
Amelia Hempleman-Adams 1.65

North

Gayle O'Connor 1.75
Stephanie Higham 1.80
Natalie Clark 1.81
Emma Morris 1.70
Natalie Clark 1.81
Jessica Ennis 1.82
Susan Moncrieff/Jones 1.86
Susan Moncrieff 1.81
Kay Humberstone 1.80
Kay Humberstone 1.80
Karla Drew 1.65
Kate Anson 1.64
Vicki Hubbard 1.69
Amelia Jennings-McLaughlin 1.71
Vicki Hubbard 1.77

CAU MEN

2001 Dalton Grant Essex 2.23
2002 Mark Mandy Staffs 2.10
2003 Martyn Bernard Yorks 2.15
2004 Martyn Bernard Yorks 2.27
2005 Darryl Stone Essex 2.15
2006 Darryl Stone 2.10
2007 Adam Scarr Herts 2.15
2008 Matthew Roberts Warwks 2.10
2009 Alan McKie Bucks 2.15
2010 Matt Roberts Warwicks 2.21
2011 Tom Parsons Warwicks 2.27
2012 Matt Roberts Warwicks 2.10
2013 Simon Phelan Warks 2.05
2014 Mike Edwards Gtr Manch'r 2.11
2-15 David Smith West Scotland 2.15

CAU WOMEN

Susan Jones G Man 1.85
Susan Jones G Man 1.84
Susan Jones G Man 1.84
Julia Bennett Surrey 1.86
Julia Bennett Surrey 1.86
Julia Bennett/Aileen Wilson/Jessica Leach/Adele Lassu 1.75
Susan Moncrieff/Jones G Man 1.80
Jessica Leach Worcs 1.80
Vicki Hubbard Lincs 1.80
Kay Humberstone Yorks 1.75
Emma Perkins Sussex 1.82
Julia Machin/Bennett Surrey 1.73
Kierra Barker Hants 1.77
Moe Sasegbon Herts 1.77
Amelia Jennings-McLaughlin 1.77

MEN'S TRIPLE JUMP

AAA/UK CHAMPIONSHIPS

2002	Phillips Idowu 17.02	Tosin Oke 16.60	Steve Shalders 16.09
2003	Larry Achike 16.55	Nick Thomas 16.44	Nathan Douglas 16.12
2004	Nathan Douglas 16.95	Tosin Oke 16.49	Steven Shalders 16.41
2005	Nathan Douglas 17.64	Steven Shalders 17.00w	Phillips Idowu 16.29w
2006	Phillips Idowu 17.50	Nathan Douglas 16.99	Tosin Oke 16.33
2007	Tosin Oke 16.59	Julian Golley 16.13	Mike McKernan 16.06
2008	Phillips Idowu 17.58	Larry Achike 17.18	Nathan Douglas 17.18
2009	Phillips Idowu 17.05	Nathan Douglas 17.01	Larry Achike 16.45
2010	Phillips Idowu 17.12	Nathan Douglas 17.03	Nathan Fox 15.39
2011	Larry Achike 16.83	Julian Reid 16.53	Ade Babatunde 15.94
2012	Larry Achike 16.19	Kola Adedoyin 16.07	Nathan Fox 15.73
2013	Julian Reid 16.79	Nathan Douglas 16.74	Nathan Fox 16.22
2014	Julian Reid 16.82	Ben Williams 16.73w	Nathan Fox 16.59w
2015	Julian Reid 16.95	Nathan Douglas 16.94	Nathan Fox 16.29

AGE GROUP CHAMPIONSHIPS

U23

2002	Tosin Oke 16.27w
2003	Nathan Douglas 16.30
2004	Nathan Douglas 16.42
2005	Jonathan Moore 15.75
2006	Gary White 15.47
2007	Gary White 15.74
2008	Jonathan Carr 15.09
2009	Jonathan Carr 15.52
2010	Trevor Okorafor 16.00
2011	Kola Adedoyin 16.06
2012	Kola Adedoyin 16.25
2013	Jonny Sawyers 15.56w
2014	Ben Williams 16.31
2015	Sam Trigg 15.41

U17

2002	Graham Jackson 14.29w
2003	Shaun Batt 13.95
2004	Lanre Ali-Balogun 14.81
2005	Sean Wynter 14.06w
2006	Trevor Okoroafar 13.88
2007	Nathan Fox 15.10
2008	Tunde Amosu 15.08w
2009	Julien Allwood 14.58
2010	Jimi Tele 14.68
2011	Efe Uwaifo 14.57
2012	Montel Nevers 14.81
2013	Stefan Amokwando 14.56
2014	Kevin Metzger 14.66
2015	Jude Bright-Davies 14.62

U20

Kevin Thompson 15.07
Gary White 14.99
Moussa Qarqaran KSA 15.52w
Jude Beimers 14.92
Matt Burton 14.99
Jeremy Odametey 15.01
Ben Williams 15.76w
Ben Williams 15.70
Tunde Amosu 15.39
Joe Lawrence 15.48
Jonathan Ilori 15.55w
Efe Uwaifo 15.55
Efe Uwaifo 15.53
Montel Nevers 15.83

U15

Ryhan Thomas 12.04
Sean Wynter 12.97
Chris Bartlett 13.20
Nathan Fox 14.11
Dwyte Smith 13.67
Julien Allwood 13.27w
Jimi Tele 13.49w
Joshua Olawore 12.92
Montel Nevers 13.24
Elliot Henry 13.26
Kevin Metzger 13.59
Osaze Aghedo 13.22
Teepee Princewell 13.47w
Callum Orange 12.44

INDOORS

2002	Tosin Oke 15.95	Julian Golley 15.54	Martin Rossiter 15.11
2003	Tosin Oke 16.61	Femi Akinsanya 16.29	Martin Rossiter 15.11
2004	Julien Kapek FRA 16.32	Femi Akinsanya 15.79	Karl Thompson 15.50
2005	Phillips Idowu 17.30	Nathan Douglas 16.76	Jonathan Moore 15.89
2006	Nathan Douglas 16.55	Nick Thomas 16.49	Julian Golley 16.18
2007	Nathan Douglas 17.19	Phillips Idowu 16.68	Julian Golley 15.95
2008	Phillips Idowu 17.24	Nathan Douglas 16.72	Tosin Oke 16.26

2009	Julian Golley 16.07	Tosin Oke NGR 16.01	Ben Williams 15.67
2010	Tosin Oke NGR 16.76	Nick Thomas JAM 16.22	Ben Williams 15.94
2011	Ben Williams 15.88	Ade Babatunde 15.60	Michael Puplampu 15.34
2012	Nick Thomas JAM 16.18	Kola Adedoyin 15.93	Michael Puplampu 15.61
2013	Tosin Oke NGR 16.87	Kola Adedoyin 16.50	Michael Puplampu 16.43
2014	Julian Reid 16.87	Nathan Fox 16.37	Daniel Lewis 16.31
2015	Tosin Oke NGR 16.59	Nathan Fox 16.25	Nonso Okolo 15.60
	U20	U17	U15
2002	Kevin Thompson 14.93	Graham Jackson 13.53	
2003	Christian Campbell 14.28	Dexter Nicholls 13.26	
2004	Christian Campbell 15.16	Jeremy Odametey 14.21	
2005	James Townsend 14.41	Sean Wynter 13.68	
2006	Jude Beimers 15.23	Stefan Tseng Ke Shen SIN 15.18	
2007	Stefan Tseng Ke Shen SIN 14.82	Kola Adedoyin 13.77	
2008	Stefan Tseng Ke Chen SIN 15.71	Babatunde Amosu 14.70	
2009	Babatunde Amosu 15.19	Julien Allwood 14.12	
2010	Ben Williams 15.95	Bradley Pike 14.13	
2011	Joe Lawrence 15.10	Efe Ufaifo 14.24	
2012	Jose Martin-Fullerton 15.00	Nnamdi Amadi 13.76	
2013	Efe Ufaifo 15.22	Stefan Amokwando 14.34	
2014	Lawrence Davis 15.23	Jacob Veerapen 13.98	
2015	Montel Nevers 14.82	Osaze Aghedo 14.18	
	Scot	N Ireland	Welsh
2002	David Watson 14.24w	Patrick Shannon IRE 15.11w	Charles Madeira-Cole 15.10
2003	Alasdair Strange 13.76w	Patrick Shannon IRE 14.33	Steven Frost 13.50
2004	Darren Ritchie 15.20w	Simon Sawney 14.08	Navid Childs 14.42
2005	Alasdair Strange 15.19w	Michael McDonald IRE 14.02	Steven Shalders 16.25
2006	Jonathan Carr 15.07	Alan Kennedy 14.50	Wyn Roberts 14.15
2007	Alasdair Strange 15.14	Jonathan Ritchie IRE 14.30	Owen Jones 13.20
2008	Elliot O'Neill 15.60	Alan Kennedy 14.57	Alex Obiako 13.98
2009	Jonathan Carr 15.30	Jonathan Ritchie IRE 13.51	Alex Ezechi-Obiako 13.81
2010	Jonathan Carr 15.18w	Alan Kennedy 14.85	Navid Childs 14.13
2011	David Watson 15.05	Alan Kennedy 14.39	Navid Childs 14.91w
2012	Chukwudi Onyia 14.80	Conall Mahon 12.57	Navid Childs 13.09
2013	Chukwudi Onyia 15.13	Callum Hunter 13.12	Gary White 15.82
2014	Antony Daffurn 15.54w	Adam McMullan 14.55	Navid Childs 14.96w
2015	Chukwudi Onyia 15.16	Caolin O'Callaghan 12.92	Navid Childs 14.68w
	England	Midlands	North
2010	Julian Golley 15.34w	Mike McKernan 14.27w	Dave Sanderson 14.53
2011	Julian Golley 15.55w	Mike McKernan 14.88	Kevin Thompson 15.09
2012	Michael Puplampu 15.41	David Mountford 15.13w	Kevin Thompson 15.04w
	South	Gary White 14.80w	Elliot O'Neill 14.92
2002	Tosin Oke 15.76	Lawrence Harvey 14.38	David Budd 15.23
2003	Julian Golley 15.09	Mike McKernan 15.22	Matt Barton 15.12
2004	Martin Rossiter 15.00	Mike McKernan 15.25	Matt Barton 15.11
2005	Julian Golley 16.25	Konrad Katarzynski POL 14.80w	Matt Barton 14.66
2006	Julian Golley 15.98w	Nathan Douglas 15.85	Craig Fiddes 13.97
2007	Julian Golley 16.16	Mike McKernan 15.32	Babatunde Amosu 15.39
2008	Tosin Oke 16.09	Travis Francis 12.08	Joshua Bones 14.57
2009	Julian Golley 15.29	Mitchell Kirby 13.64	Jonny Sawyers 15.08
2010	Gary Wilson 14.99	Matt Madden 14.36	Julien Gittens 11.92
2011	Daniel Lewis 15.17w	Mitchell Kirby 14.34	Joshua Bones 14.95
2012			
2013	Nonso Okolo 15.50		
2014	Sam Trigg 15.05w		
2015	Julian Golley 14.79		

WOMEN'S TRIPLE JUMP

AAA/UK CHAMPIONSHIPS

2002	Ashia Hansen 14.50	Yamile Aldama CUB 14.40	Michelle Griffith 13.18
2003	Yamile Aldama CUB 14.98	Taneisha Scanlon IRE 13.12	Rebecca White 12.78
2004	Michelle Griffith 13.43	Nadia Williams 12.74	Rebecca White 12.71
2005	Taneisha Scanlon IRE 13.30	Nadia Williams 12.95	Stephanie Aneto 12.90
2006	Tiombe Hurd USA 14.15	Ashia Hansen 13.65	Nadia Williams 13.27
2007	Nadia Williams 13.58	Rebecca White 13.17	Gillian Kerr 12.88
2008	Nadia Williams 13.35w	Yasmine Regis 13.13w	Gillian Kerr 13.03w
2009	Nadia Williams 13.67	Yasmine Regis 13.43w	Claire Linskill 12.91
2010	Laura Samuel 13.52	Nadia Williams 13.49	Zainab Ceesay 12.74
2011	Laura Samuel 13.67	Yasmine Regis 13.61	Nadia Williams 13.37
2012	Laura Samuel 13.73	Nadia Williams 13.46	Shakira Whight 13.30
2013	Laura Samuel 13.75w	Chioma Matthews 13.38	Sineade Gutzmore 13.09
2014	Yamile Aldama 13.60	Laura Samuel 13.58	Chioma Matthews 13.25
2015	Sineade Gutzmore 13.35	Yamile Aldama 13.08	Alexandra Russell 13.05

AGE GROUPS

	U23	U20	U17
2002	Rebecca White 12.90	Emily Parker 12.19w	Sally Peake 11.89w
2003	Zainab Ceesay 12.38	Emily Parker 12.63w	Rebekah Paisley 12.19
2004	Zainab Ceesay 12.28	Yasmine Regis 12.64w	Tanine Nicholas 11.69
2005	Karlene Turner 12.98	Yasmine Regis 13.13	Hannah Frankson 12.19w
2006	Danae Matthew 12.82	Claire Linskill 12.62w	Kayley Akorn 11.78
2007	Nony Mordi 13.01	Melissa Carr 12.45w	Desola Bakre 11.79
2008	Sineade Gutzmore 13.02w	Melissa Carr 12.67	Emma Pringle 12.08
2009	Claire Linskill 12.78	Laura Samuel 12.64	Sophie Brown 11.93w
2010	Claire Linskill 12.63	Laura Samuel 12.71w	Naomi Reid 12.23
2011	Hannah Frankson 13.44	Naomi Reid 12.76	Mary Fasipe 12.18
2012	Laura Samuel 13.75	Ahtollah Rose 12.11	Nikita Campbell-Smith 12.09
2013	Laura Samuel 13.10	Rachel Williamson 12.55w	Morgan Lake 12.34w
2014	Emma Pringle 12.80	Kerri Davidson 12.48	Naomi Ogbeta 12.61
2015	Lisa James 13.22w	Naomi Ogbeta 12.98	Grace Sullivan 11.57

INDOORS

2002	Ashia Hansen 13.53	Taniesha Scanlon IRL 13.00	Rebecca White 12.64
2003	Sandra Swennen BEL 13.51	Rebecca White 12.94	Taniesha Scanlon IRL 12.93
2004	Trecia Smith JAM 14.13 (5 – best UK Stephanie Aneto 12.17)	Tiombe Hurd USA 13.95	Ann-Maria Thorpe BAR 12.35
2005	Taneisha Scanlon IRL 13.28	Emily Parker 13.02	Leandra Polius 12.90
2006	Tiombe Hurd USA 13.67	Rebecca White 13.18	Nadia Williams 13.03
2007	Ashia Hansen 13.68	Nadia Williams 13.29	Gillian Kerr 12.83
2008	Nadia Williams 13.39	Stephanie Aneto 13.01	Nony Mordi 12.95
2009	Nony Mordi 13.23	Nadia Williams 13.18	Stephanie Aneto 13.07
2010	Trecia Smith JAM 13.69	Nadia Williams 13.41	Stephanie Aneto 12.78
2011	Laura Samuel 13.24	Hannah Frankson 13.02	Sineade Gutzmore 12.95
2012	Yamile Aldama 14.09	Nadia Williams 13.53	Yasmine Regis 13.50
2013	Yamile Aldama 13.44	Sineade Gutzmore 13.29	Angela Barrett 13.04
2014	Laura Samuel 13.32	Nadia Williams 13.27	Chioma Matthews 13.18
2015	Laura Samuel 13.66	Zainab Ceesay 13.12	Zara Asante 13.00

	U20	U17	U15
2002	Linsi Robinson 11.84	Angela Barrett 11.85	
2003	Karlene Turner 12.41	Anna Kelly 11.48	
2004	Anna Kelly 12.00	Tanine Nicholas 11.55	
2005	Yasmine Regis 12.65	Hannah Frankson 11.76	
2006	Danae Matthew 12.56	Kayley Alcorn 11.48	
2007	Jayne Nisbet 12.37	Jade Ellams 11.41	
2008	Mia Nielsen Haave NOR 12.89	Shazana Marian SIN 11.75	

2009 Laura Samuel 12.40
 2010 Laura Samuel 12.74
 2011 Naomi Reid 12.16
 2012 Ahtollah Rose 12.28
 2013 Nikita Campbell-Smith 11.96
 2014 Nikita Campbell-Smith 12.59
 2015 Kerri Davidson 12.24

Ahtollah Rose 11.48
 Naomi Reid 11.46
 Kate Anson 11.13
 Nikita Campbell-Smith 11.66
 Kerri Davidson 11.80
 Emily Gargan 11.69
 Katie Rowe 11.67

Scot
 2002 Julia Straker 11.44w
 2003 Sharon Foley/Gallen IRE 12.73w
 2004 Mary Egbo CAN 12.09
 2005 Katherine Streathfield 12.35w
 2006 Nony Mordi 12.81
 2007 Gillian Kerr 13.05
 2008 Jayne Nisbet 12.83
 2009 Mary Devlin IRE 12.04
 2010 Nony Mordi 13.15w
 2011 Zara Asante 12.12
 2012 Zara Asante 12.41
 2013 Nony Mordi 12.84
 2014 Zara Asante 12.58
 2015 Zara Asante 12.51

N Ireland
 Sharon Foley IRE 12.39w
 Sharon Foley/Gallen IRE 12.59
 Mary McLoone IRE 11.99
 Mary McLoone IRE 11.94
 Mary McLoone IRE 12.41
 Gillian Kerr 12.97
 Mary McLoone IRE 12.05
 Mary Devlin IRE 11.78
 Mary Devlin IRE 11.68
 Holly Johnston 10.85
 Mary Devlin IRE 11.63
 Mary Devlin IRE 11.55
 Lydia Mills 10.84
 Laura Saulters 11.15

Wales
 Helen Baker 11.57
 Helen Baker 12.16
 Helen Baker 12.07w
 Sara Barry IRE 12.39
 Sally Peake 11.40
 Rebecca White 13.07
 Sara Barry IRE 12.53w
 Sara Barry IRE 12.61
 Sara Barry 12.62w
 Imogen Miles 11.79w
 Imogen Miles 11.67
 Sara Barry/Wheeler 12.15
 Sian Swanson 11.33w
 Sian Swanson 11.06

England
 2010 Nadia Williams 13.54w
 2011 Nadia Williams 13.94w
 2012 Nadia Williams 13.71

South
 2002 Michelle Griffith 12.66
 2003 Taneisha Robinson IRE 12.93w
 2004 Michelle Griffith 13.12
 2005 Nadia Williams 13.31
 2006 Nadia Williams 13.20
 2007 Nadia Williams 13.59
 2008 Stephanie Aneto 13.03
 2009 Zainab Ceesay 13.04
 2010 Nadia Williams 13.75w
 2011 Nadia Williams 13.45w
 2012
 2013 Stephanie Aneto 12.11
 2014 Nadia Williams 12.50
 2015 Angela Barrett 12.78

Midlands
 Debbie Rowe 12.71w
 Alison McAllister 12.36
 Alison McAllister 12.06
 Michelle Dunkley 12.33w
 Debbie Rowe 12.58
 Debbie Rowe 12.36
 Linzi Robinson 12.35
 Denae Matthew 12.51w
 Denae Matthew 12.33w
 Laura Samuel 12.91
 Laura Samuel 13.63
 Sineade Gutzmore 12.74
 Sophie Worrall 11.47
 Sineade Gutzmore 13.21

North
 Hazel Carwardine 12.38w
 Nicky Clark 11.56
 Hazel Carwardine 11.97w
 Julia Straker 11.64
 Julia Straker 11.83
 Julia Straker 12.23
 Claire O'Reilly 12.05
 Rebecca White 12.47
 Kelly Hilton 12.68
 Kelly Hilton 12.52
 Kelly Hilton 12.60
 Nony Mordi 13.29
 Michelle Robbins 12.21
 Lisa James 12.90

CAU MEN
 2002 Julian Golley M'sex 15.77
 2003 Martin Rossiter Hants 15.58
 2004 Julian Golley M'sex 16.35
 2005 Larry Achike M'sex 16.39
 2006 Nick Thomas Essex 16.20
 2007 Julian Golley M'sex 15.68
 2008 Julian Golley M'sex 15.85
 2009 Julian Golley M'sex 15.21
 2010 Darren March Kent 15.26w
 2011 Babatunde Amosu Surrey 15.75
 2012 John Carr Scot E 15.63
 2013 Jonny Sawyers Berks 15.01
 2014 Antony Daffurn W Scot 15.36w
 2015 Nathan Fox 15.89

CAU WOMEN
 Michelle Griffith Berks 12.98
 Charmaine Turner Berks 12.54
 Rachel Brenton Oxford 12.47
 Taneisha Scanlon Beds 13.39
 Nadia Williams M'sex 13.34
 Gillian Kerr E Scotland 13.20
 Zainab Ceesay Surrey 12.96
 Nadia Williams M'sex 13.20
 Nadia Williams M'sex 13.16
 Nadia Williams M'sex 13.40
 Sineade Gutzmore 13.18w
 Angela Barrett Warwicks 12.75
 Angela Barrett M'sex 12.55
 Alexandra Russell 12.96w

MEN'S DISCUS

AAA/UK CHAMPIONSHIPS

2003 Emeka Udechuku 57.26
2004 Emeka Udechuku 61.60
2005 Carl Myerscough 58.48
2006 Carl Myerscough 61.04
2007 Emeka Udechuku 60.83
2008 Emeka Udechuku 59.35
2009 Emeka Udechuku 56.93
2010 Brett Morse 61.45
2011 Abdul Buhari 63.32
2012 Lawrence Okoye 63.46
2013 Brett Morse 62.05
2014 Zane Duquemin 60.38
2015 Brett Morse 58.83

Glen Smith 53.78
Carl Myerscough 61.54
Emeka Udechuku 56.64
Emeka Udechuku 58.72
Abdul Buhari 56.87
Abdul Buhari 58.18
Brett Morse 55.86
Carl Myerscough 59.06
Carl Myerscough 61.63
Brett Morse 62.27
Tom Norman 54.28
Brett Morse 60.26
Zane Duquemin 56.02

Scot Thompson 52.98
Scot Thompson 52.65
Leith Marar 53.73
Chris Gaviglio AUS 55.76
Matt Brown 53.41
Matt Brown 54.64
Abdul Buhari 55.39
Chris Scott 57.12
Brett Morse 61.57
Abdul Buhari 60.94
Chris Scott 53.76
Nick Percy 58.61
Carl Myerscough 55.34

AGE GROUPS

U23

2003 Scot Thompson 55.27
2004 Josh Lamb 49.43
2005 Simon Cooke 49.64
2006 Les Richards 51.38
2007 Les Richards 53.94
2008 Chris Scott 51.93
2009 Brett Morse 54.78
2010 Chris Scott 59.90
2011 Lawrence Okoye 61.05
2012 Lawrence Okoye 63.66
2013 Zane Duquemin 60.56
2014 Nick Percy 56.40
2015 Nick Percy 54.37

U20

Simon Cooke 49.43
Simon Cooke 57.93
Sam Herrington 50.86
Chris Scott 52.39
Brett Morse 56.15
Brett Morse 55.30
Curtis Griffiths-Parker 59.66
Lawrence Okoye 63.92
Kariym Irving 54.07
Nick Percy 59.53
Nick Percy 58.66
Noah Kennedy-White USA 55.23
Louis Mascarenhas 55.22

U17

2003 Sam Herrington 54.42
2004 Chris Scott 51.33
2005 Curtis Griffiths-Parker 51.55
2006 Curtis Griffiths-Parker 49.73
2007 Curtis Griffiths-Parker 57.70
2008 Zane Duquemin 51.70
2009 Liam Biddlecombe 53.16
2010 Christopher Barnes 51.55
2011 Nick Percy 56.42
2012 Matthew Blandford 59.66
2013 Eoin Sheridan IRE 50.91
2014 George Armstrong 60.62
2015 Beck Phillips 49.31

U15

Elliot Price 45.62
Jamie Stevenson 43.08
Curtis Griffiths-Parker 55.39
Anthony Oshodi 46.21
Liam Biddlecombe 46.61
Jake Armstrong 45.96
Nick Percy 53.77
Matthew Blandford 45.62
Jake Grundy 48.87
George Armstrong 47.41
Alfie Scopes 47.55
Alfie Scopes 48.65
Sam Mace 47.91

Scot

2003 Scot Thompson 52.12
2004 Bruce Robb 53.83
2005 Bruce Robb 54.05
2006 Scot Thompson 51.10
2007 Emeka Udechuku 59.52
2008 Angus McInroy 48.97
2009 Angus McInroy 51.65
2010 Angus McInroy 56.76
2011 Angus McInroy 54.77
2012 Angus McInroy 53.21
2013 Nick Percy 55.84

N Ireland

Garry Power IRE 45.57
Gerard Nagel IRE 47.24
John Menton IRE 50.30
Jeremy Harper 46.78
Jeremy Harper 48.91
Scot Thompson 50.84
Jeremy Harper 48.50
Chris Reynolds 40.02
Jeremy Harper 47.05
Chris Reynolds 41.66
Chris Reynolds 45.69

Welsh

Andrew Turner 44.15
Andrew Turner 43.58
Andrew Turner 43.39
Brett Morse 42.58
Emeka Udechuku 58.22
Brett Morse 53.60
Brett Morse 53.93
Brett Morse 60.92
David Guest 36.67
Ryan Spencer-Jones 51.08
Brett Morse 66.84

2014	Angus McInroy 50.74	Chris Reynolds 48.00	Brett Morse 61.67
2015	Angus McInroy 55.18	not held	Brett Morse 58.69
England			
2010	Emeka Udechuku 57.50		
2011	Abdul Buhari 62.19		
2012	Abdul Buhari 53.09		
South		Midlands	North
2003	Simon Fricker 50.95	Glen Smith 54.37	Peter Gordon 52.16
2004	Luke Rosenberg 51.30	Edward Reid 49.26	Marcus Gouldbourne 50.59
2005	Leith Marar 53.22	Kevin Brown 49.33	Roger Bate 48.11
2006	Emeka Udechuku 57.16	Mark Allen 47.25	Marcus Gouldbourne 52.13
2007	Emeka Udechuku 55.73	Mark Allen 49.94	Marcus Gouldbourne 54.95
2008	Tom Norman 53.60	Daniel Greaves 44.90	Jamie Williamson 47.58
2009	Matt Brown 55.56	Elliot Price 46.19	Jamie Williamson 50.57
2010	Curtis Griffiths-Parker 53.88	Sam Herrington 49.99	Graeme Level 48.60
2011	Chris Scott 60.24	Ingmar Vos ND 41.29	Marcus Gouldbourne 53.34
2012		Adam Damadzic 49.59	Graeme Level 51.02
2013	Chris Scott 57.57	Najee Fox 41.81	Graeme Level 50.05
2014	Nick Percy 58.12	Adam Damadzic 53.34	Alan Toward 51.63
2015	Zane Duquemin 57.63	Alexander Leeming-Froudakis GRE 44.29	Alan Toward 54.36

WOMEN'S DISCUS

AAA/UK CHAMPIONSHIPS

2003	Shelley Newman 58.16	Philippa Roles 57.65	Claire Smithson 52.59
2004	Philippa Roles 58.57	Shelley Newman 55.44	Kara Nwidobie 52.78
2005	Philippa Roles 57.01	Claire Smithson 53.62	Kara Nwidobie 53.22
2006	Claire Smithson 56.15	Kara Nwidobie 55.21	Emma Carpenter 54.28
2007	Philippa Roles 57.83	Emma Carpenter 54.40	Eden Francis 54.08
2008	Emma Carpenter 57.26	Philippa Roles 57.13	Eden Francis 52.48
2009	Philippa Roles 57.57	Eden Francis 56.06	Jade Nicholls 53.75
2010	Jade Nicholls 57.81	Phillippa Roles 57.27	Eden Francis 50.47
2011	Jade Nicholls 56.19	Eden Francis 53.99	Kirsty Law 51.20
2012	Eden Francis 53.09	Jade Nicholls 52.21	Kirsty Law 49.77
2013	Jade Lally (ex-Nicholls) 60.23	Kirsty Law 52.75	Samantha Milner 47.38
2014	Eden Francis 55.93	Jade Lally 54.58	Kirsty Law 54.00
2015	Jade Lally 57.37	Eden Francis 55.47	Kirsty Law 52.15

WOMEN – AGE GROUPS

U23		U20	
2003	Claire Smithson 50.76	Ellisha Dee 40.82	
2004	Claire Griss 50.80	Kirsty Law 40.78	
2005	Claire Smithson 55.58	Lauren Therin 46.57	
2006	Kirsty Law 46.07	Jade Lally 46.60	
2007	Kirsty Law 50.37	Eden Francis 49.01	
2008	Dani Samuels AUS 58.26	Shaunagh Brown 48.00	
2009	Eden Francis 54.90	Shaunagh Brown 47.79	
2010	Eden Francis 58.99	Tesni Ward 47.17	
2011	Shaunagh Brown 49.11	Tina Hakeai NZL 47.97	
2012	Shadine Duquemin 50.63	Shadine Duquemin 51.31	
2013	Clare Fitzgerald IRL 47.50	Shadine Duquemin 48.70	
2014	Phoebe Dowson 51.12	Amy Holder 47.29	
2015	Phoebe Dawson 48.27	Amy Holder 49.09	
U17		U15	
2003	Kirsty Law 39.80	Eden Francis 38.49	
2004	Eden Francis 41.27	Lucy Underdown 33.42	

2005	Eden Francis 43.80	Katie Wickman 37.45	
2006	Shaunagh Brown 44.95	Tyne Breen 32.84	
2007	Hannah Evenden 40.52	Charlotte Gair 32.23	
2008	Claire Fitzgerald IRE 39.07	Abbi Carter 35.48	
2009	Samantha Milner 43.19	Shadine Duquemin 37.72	
2010	Phoebe Dowson 40.24	Emily Lupton 36.81	
2011	Shadine Duquemin 46.02	Adelle Nicoll 39.97	
2012	Georgie Taylor 45.10	Sophie Merritt 38.13	
2013	Georgie Taylor 47.04	Sophie Mace 40.51	
2014	Sophie Mace 44.45	Isobel Griffin Morris 38.63	
2015	Sophie Mace 44.16	Hannah Molyneaux 35.65	
	Scot	N Ireland	Welsh
2003	Susan Freebairn 45.00	Michelle McElwaine 30.07	Rebecca Roles 51.08
2004	Claire Griss 49.74	Rhiannon McNally 31.11	Jane Goatcher 18.58
2005	Navdeep Dhaliwal 45.17	Eva Massey 42.47	Philippa Roles 55.36
2006	Navdeep Dhaliwal 47.81	Eva Massey 45.70	Philippa Roles 55.59
2007	Kirsty Law 48.61	Philippa Conway IRE 34.51	Philippa Roles 59.08
2008	Kirsty Law 44.97	Orla Drysdale 31.73	Philippa Roles 61.41
2009	Kirsty Law 50.65	Kathy Hetherington 33.72	Navdeep Dhaliwal 50.51
2010	Navdeep Dhaliwal 50.42	Eva Massey 38.61	Philippa Roles 55.16
2011	Kirsty Law 50.36	Kathy Hetherington 34.94	Philippa Roles 54.64
2012	Kirsty Law 52.02	Beth Wilson 38.92	Beverley Jones 29.55/ Adele Nicoll U17 43.71
2013	Kirsty Law 53.41	Caris Greenwood 32.36	Adele Nicoll 43.11
2014	Kirsty Law 50.29	Laura Potts 24.17	Awen Rosser 35.10
2015	Kirsty Law 48.80	Kathy Hetherington 44.36	Awen Rosser 39.54
	England		
2010	Sarah Henton 48.73	2011 Jade Nicholls 53.99	2012 Jade Nicholls 54.84
	South	Midlands	North
2003	Shelley Newman 60.46	Elaine Cank 48.47	Kara Nwidobie 48.83
2004	Shelley Newman 55.27	Elaine Cank 43.82	Kara Nwidobie 52.48
2005	Emma Carpenter 49.85	Emma Merry 49.31	Kara Nwidobie 57.27
2006	Claire Smithson 52.11	Navdeep Dhaliwal 45.67	Kara Nwidobie 54.46
2007	Emma Carpenter 50.76	Eden Francis 48.95	Kara Nwidobie 53.56
2008	Shaunagh Brown 48.95	Eden Francis 44.84	Sarah Henton 47.30
2009	Jade Nicholls 50.48	Rachel Backhouse 41.14	Sarah Henton 45.37
2010	Shaunagh Brown 47.08	Eden Francis 50.18	Sarah Henton 45.87
2011	Shaunagh Brown 50.15	Kirsty Law 51.47	Sarah Henton 49.23
2012		Eden Francis 50.25	Sarah Henton 45.89
2013	Hollie Redman 45.15	Charlotte Gair 40.31	Sarah Henton 49.65
2014	Lucy Underdown 46.59	Jenny Cooper 29.54	Jenny Pyatt 37.45
2015	Amy Holder 49.63	Eden Francis 57.06	Hannah Evenden 42.03
	CAU MEN	CAU WOMEN	
2003	Glen Smith Warwks 57.71	Philippa Roles W Wales 57.04	
2004	Marcus Gouldbourne Yks 52.93	Philippa Roles W Wales 56.54	
2005	Leith Marar Surrey 53.72	Philippa Roles W Wales 56.05	
2006	Abdul Buhari Surrey 56.72	Kara Nwodobie-Sharp Lancs 55.39	
2007	Marcus Gouldbourne Yks 53.25	Kirsty Law W Scotland 50.81	
2008	Mark Wiseman Surrey 51.60	Emma Carpenter Avon 50.51	
2009	Marcus Gouldbourne Yks 53.04	Kirsty Law W Scot 49.21	
2010	Emeka Udechuku Surrey 59.06	Jade Nicholls Surrey 56.17	
2011	Chris Scott Surrey 58.64	Jade Nicholls Surrey 57.35	
2012	Tom Norman Surrey 54.15	Kirsty Law W Scot 57.79	
2013	Angus McInroy Scot W 52.03	Jade Lally (Nicolls) Surrey 56.53	
2014	Greg Thompson M'sex 53.58	Jade Lally Surrey 57.86	
2015	Zane Duquemin Hants 54.67	Jade Lally Surrey 56.20	

MEN'S LONG JUMP

AAA/UK CHAMPIONSHIPS

2005	Greg Rutherford 7.79	Darren Ritchie 7.67	Jonathan Moore 7.54
2006	Greg Rutherford 8.26	Chris Tomlinson 7.87	Nathan Morgan 7.84
2007	Chris Tomlinson 7.99	Nathan Morgan 7.89	Jonathan Moore 7.58
2008	Greg Rutherford 8.20	Chris Kirk 7.93	Nathan Morgan 7.88
2009	Chris Tomlinson 8.03	Andre Fernandez 7.53w	Jonathan Moore 7.52
2010	Chris Tomlinson 8.17w	J J Jegede 7.84	Matthew Burton 7.80w
2011	Julian Reid 8.06	J J Jegede 8.04	Daniel Bramble 7.65
2012	Greg Rutherford 8.12	J J Jegede 7.90	Chris Tomlinson 7.89
2013	Chris Tomlinson 8.03	Dan Bramble 7.91	J J Jegede 7.78
2014	J J Jegede 7.83	Dan Bramble 7.77	Matthew Burton 7.73
2015	Greg Rutherford 8.11	Dan Bramble 8.04	Julian Reid 7.88

AGE GROUP CHAMPIONSHIPS

U23		U20	
2005	Jonathan Moore 7.47	Oliver McNeillis 7.43w	
2006	Chris Kirk 7.41	Luke Thomas 7.34	
2007	Oliver McNeillis 7.23	Andrew Jones 7.65w	
2008	Lee Blamire 7.28	Jamie Blundell 7.28	
2009	Jamie Blundell 7.30	Daniel Gardiner 7.29	
2010	Daniel Gardiner 7.56w	Kadeem Greenidge-Smith 7.59	
2011	Jermaine Olsan 7.55	Allan Hamilton 7.45w	
2012	Felix Maisey-Curtis 7.41	Elliot Safo 7.51	
2013	James McLachlan 7.39	Feron Sayers 7.63	
2014	James McLachlan 7.69w	Jacob Fincham-Dukes 7.61	
2015	James Lelliott 7.50	Jacob Fincham-Dukes 7.54	
U17		U15	
2005	Andrew Bullimore 7.21w	Tony Corrigan 6.62w	
2006	Matthew Parnell 6.98	Ding Yang 6.30	
2007	Adam Timms 6.86w	Ciaran Dolan 6.39	
2008	Dwyte Smith 7.16	Ashley Wren 5.51w	
2009	James Lelliott 6.92	Feron Sayers 6.59	
2010	Feron Sayers 6.96	Ross Maxwell 6.47	
2011	Joshua Olawore 7.20	Jerrell Marchan 6.56	
2012	Joseph Dewar 6.99	Ewaen Isoken 6.47	
2013	Jacob Fincham-Dukes 7.15	Patrick Sylla 6.65w	
2014	Patrick Sylla 6.94	Elliott Thorne 6.46w	
2015	Patrick Sylla 7.12	Joel McFarlane 6.40	

INDOORS

2005	Nathan Morgan 7.96	Chris Tomlinson 7.91	Greg Rutherford 7.64		
2006	Leigh Smith 7.56	Chris Kirk 7.49	Stephen Fleming 7.35		
2007	Bernard Yeboah 7.50	Jonathan Moore 7.49	Chris Kirk 7.38		
2008	Chris Tomlinson 7.80	Jonathan Moore 7.71	J J Jegede 7.63		
2009	Chris Tomlinson 7.72	Leigh Smith 7.57	Ricardo Childs 7.41		
2010	Greg Rutherford 7.94	Chris Tomlinson 7.75	Matthew Burton 7.56		
2011	Ezekiel Ewolu 7.60	J J Jegede 7.52	Daniel Bramble 7.46		
2012	J J Jegede 7.96	Ezekiel Ewolu 7.75	Matthew Burton 7.57		
2013	Matthew Burton 7.94	Chris Tomlinson 7.88	Daniel Bramble 7.80		
2014	J J Jegede 7.85	Dan Bramble 7.80	Felix Maisey-Curtis 7.63		
2015	Dan Bramble 7.90	Julian Reid 7.87	Dan Gardiner 7.61		
U20		U17		U15	
2005	Greg Rutherford 7.60	Luke Thomas 6.78	Deji Tobais 5.71		
2006	John Carr 6.96	Nonso Okolo 6.76	Kieran Showler-Davis 6.23		
2007	Andrew Jones 7.18	Kieran Showler-Davis 6.79	Matt Fletcher 6.17		
2008	Jamie Blundell 7.25	David Guest 6.79	Robert Gayler 6.37		

2009 Dwyte Smith 7.24
2010 James Davies 7.13
2011 James Davies 7.19
2012 Elliott Safo 7.41
2013 Michael Causer 7.26
2014 Oliver Newport 7.41
2015 Jacob Fincham-Dukes 7.60

Scot

2005 Darren Ritchie 7.61w
2006 Darren Ritchie 7.40
2007 Jude Beimers 6.97
2008 Jude Beimers 7.15
2009 Jude Beimers 7.58
2010 Jude Beimers 7.54
2011 Kyle Henderson 7.51
2012 John Carr 7.49
2013 John Carr 7.49
2014 David Martin 7.24
2015 David Martin 7.35w

England

2010 J J Jegede 7.72
2011 J J Jegede 7.66w
2012 Oliver Newport 7.70

South

2005 Adrian Phillips 7.33
2006 Greg Rutherford 8.09
2007 J J Jegede 7.85
2008 Andre Fernandez 7.14
2009 Ezekiel Ewolu 7.14
2010 Joe Steele 7.53w
2011 Paul Ogun 7.14
2012
2013 Dan Bramble 7.53
2014 Paul Ogun 7.22
2015 Tom French 7.26

James Lelliott 6.72
Elliott Safo 7.00
Oliver Newport 6.83
Elliott Hurley 6.72
Alex Law 6.81
Tom Chandler 6.48
Sam Talbot 6.92

N Ireland

Daragh O'Farrell IRE 7.32
Daragh O'Farrell IRE 7.30
Alan Kennedy 6.66
Alan Kennedy 7.18
Alan Kennedy 7.14
Adam McMullan 7.33
Ciaran Dolan IRE 6.85
Alan Kennedy 7.02
Adam McMullan 7.20
David Tobin 7.04
Adam McMullan 7.59

Midlands

Steve Phillips 7.72w
Oliver McNeillis 7.21
Jonathan Moore 7.15
Jonathan Moore 7.14
Leigh Smith 7.60w
Nathan Morgan 7.59
Leigh Smith 7.21
Travis Francis 6.10
Julian Reid 7.83
Matt Madden 6.85
Trevor Okoroafor 6.45

Joel Grenfell 6.06
Ross Maxwell 6.27
Alex Law 5.85
Owin Sinclair 5.81
David McDonald IRE 6.16
Elliott Thorne 6.21
William Adeyeye 6.08

Welsh

Ricardo Childs 7.24
Ricardo Childs 7.37
David Cook 6.93
Ricardo Childs 7.26
Andre Fernandez 7.61
Ricardo Childs 7.29
Ricardo Childs 7.48w
Ricardo Childs 7.06
Aled Price 6.96
Ricardo Childs 7.29w
Aled Price 6.74

North

Ricardo Childs 7.67w
Chris Kirk 7.44
Lee Blamire 7.26
Lee Blamire 7.36
Lee Blamire 7.04
Jacob Brown 7.41
J J Jegede 7.79
Chris Kirk 7.40
Dan Gardiner 7.20
Craig Jones 7.20
Dan Gardiner 7.19

WOMEN'S LONG JUMP

AAA/UK CHAMPIONSHIPS

2005 Kelly Sotherton 6.48
2006 Kelly Sotherton 6.51
2007 Kelly Sotherton 6.53
2008 Jade Johnson 6.30
2009 Phyllis Agbo 6.42w
2010 Jade Johnson 6.48w
2011 Shara Proctor 6.65
2012 Shara Proctor 6.95
2013 Shara Proctor 6.84
2014 Katarina Johnson-Thompson 6.81
2015 Shara Proctor 6.86

Julie Hollman 6.25
Jade Johnson 6.32
Jade Johnson 6.51
Kelly Sotherton 6.28
Amy Woodman 6.36
Amy Harris 6.39
Lorraine Ugen 6.54
Lorraine Ugen 6.74
Jazmin Sawyers 6.50
Jazmin Sawyers 6.49
Lorraine Ugen 6.69

Rebecca White 6.22
Sarah Claxton 6.28
Julie Hollman 6.29
Amy Woodman 6.09w
Abigail Irozuru 6.28w
Abigail Irozuru 6.37
Jessica Ennis 6.44
Jazmin Sawyers 6.64
Dominique Blaize 6.47
Sarah Warnock 6.42
Katarina Johnson-Thompson 6.56

U23

2005 Henrietta Paxton 6.02
2006 Louise Bloor 6.25
2007 Amy Harris 6.32
2008 Amy Harris 6.16w

U20

Amy Harris 6.30w
Amy Harris 6.40w
Jade Surman 6.27
Abigail Irozuru 6.29w

2009	Amy Harris 5.93	Lorraine Ugen 6.29
2010	Abigail Irozuru 6.01	Lorraine Ugen 6.42w
2011	Lorraine Ugen 6.39	Katarina Johnson-Thompson 6.44
2012	Lorraine Ugen 6.15	Jazmin Sawyers 6.42
2013	Lorraine Ugen 6.31w	Jazmin Sawyers 6.32
2014	Rebecca Chapman 5.98	Morgan Lake 6.11
2015	Danielle McGifford 5.98	Morgan Lake 6.18w

U17

2005 Jade Surman 5.85w
 2006 Jade Nimmo 5.68
 2007 Hannah Lewis 5.68
 2008 Katarina Thompson 6.07w
 2009 Katarina Johnson-T'n 6.19
 2010 Micaela Brindle 5.79
 2011 Jahisha Thomas 5.85
 2012 Morgan Lake 6.19
 2013 Morgan Lake 5.91
 2014 Eavion Richardson 5.91
 2015 Holly Mills 6.14

U15

Jade Nimmo 5.63w
 Jill Brooks 5.44
 Katarina Thompson 5.57
 Gabby Rowsell 5.49w
 Jahisha Thomas 5.43
 Morgan Lake 5.60
 Morgan Lake 5.93
 Amy Williams 5.76w
 Eleanor Broome 5.69
 Holly Mills 5.76
 Pippa Earley 5.62

INDOORS

2005 Jade Johnson 6.50
 2006 Kelly Sotherton 6.53
 2007 Amy Harris 6.47
 2008 Kelly Sotherton 6.41
 2009 Kelly Proper IRE 6.44
 2010 Kelly Proper IRE 6.48
 2011 Kelly Proper IRE 6.35
 2012 Shara Proctor 6.68
 2013 Dominique Blaize 6.29
 2014 K Johnson-Thompson 6.75
 2015 Abigail Irozuru 6.73

Kelly Sotherton 6.43
 Jade Johnson 6.35
 Gillian Cooke 6.33
 Kelly Proper IRE 6.31
 Amy Woodman 6.40
 Amy Woodman 6.20
 Dominique Blaize 6.25
 Abigail Irozuru 6.64
 Jade Surman 6.19
 Jazmin Sawyers 6.44
 Sarah Warnock 6.37

Rebecca White 6.17
 Gillian Cooke 6.24
 Jessica Ennis 6.15
 Gillian Cooke 6.22
 Jade Johnson 6.36
 Louise Hazel 6.14
 Kim Murray 6.11
 Gemma Weetman 6.21
 Sarah Warnock 6.16
 Kelly Proper IRE 6.38
 Jazmin Sawyers 6.32

U20

2005 Jade Surman 5.76
 2006 Amy Harris 6.15
 2007 Kelly Proper IRE 6.17
 2008 Abigail Irozuro 5.97
 2009 Lorraine Ugen 5.80
 2010 Katarina Johnson-Thompson 6.25
 2011 Katarina Johnson-Thompson 6.28
 2012 Katarina Johnson-Thompson 6.30
 2013 Jahisha Thomas 5.87
 2014 Morgan Lake 5.96
 2015 Emily Wright 6.03

U17

Jade Surman 5.90
 Alice Lennox 5.61
 Jade Nimmo 5.82
 Katarina J-Thompson 6.02
 Katarina J-Thompson 5.92
 Andrea Gaffney 5.70
 Lisa James 5.50
 Morgan Lake 5.72
 Morgan Lake 5.75
 Simi Fajemisin 6.13
 Holly Mills 6.02

U15

Jade Nimmo 5.23
 Lisa Sabel 5.38
 Katarina J-Thompson 5.30
 Jazmin Sawyers 5.48
 Morgan Lake 5.04
 Morgan Lake 5.61
 Morgan Lake 5.48
 Amy Williams 5.54
 Eleanor Broome 5.52
 Holly Mills 5.47
 Pippa Earley 5.55

Scot

2005 Gillian Cooke 6.18w
 2006 Gillian Cooke 6.09
 2007 Gillian Cooke 6.30
 2008 Henrietta Paxton 5.79
 2009 Lisa Ferguson 5.98
 2010 Jade Nimmo 6.03w
 2011 Jade Nimmo 5.96
 2012 Lisa Ferguson 6.15w
 2013 Sarah Warnock 6.27
 2014 Sarah Warnock 6.09w
 2015 Sarah Warnock 5.95w

N Ireland

Gillian Cooke 6.08
 Mary McLoone IRE 6.22
 Gillian Cooke 6.07
 Mary McLoone IRE 5.94
 Mary Devlin IRE 5.72
 Mary Devlin IRE 6.02
 Hannah Lewis 5.79
 Linzi Herron 5.71
 Linzi Herron 5.95
 Lydia Mills 5.74
 Lydia Mills 5.66

Wales

Polly James 4.20
 Rebecca White 5.84
 Lara Richards 5.80
 Imogen Miles 5.60w
 Sonia Crawley 5.90
 Lara Richards 6.10w
 Donna Jones 5.04
 Alexandra Russell 6.25w
 Rebecca Chapman 5.99
 Rebecca Chapman 6.06

England

2010 Amy Harris 6.16
2011 Amy Woodman 6.25
2012 Amy Woodman 6.17

South

2005 Sarah Wellstead 6.25w
2006 Sarah Wellstead 6.11
2007 Sarah Wellstead 6.15
2008 Catherine Holdsworth 5.71
2009 Karen Murray 5.96
2010 Jenny Pacey 6.35w
2011 Amy Woodman 6.37
2012
2013 Kitty Eleyae 5.84
2014 Jahisha Thomas 6.20w
2015 Emily Martin 5.66

Midlands

Sarah Rossiter 6.25
Sarah Rossiter 5.88
Amy Woodman 5.80
Phyllis Agbo 6.14
Sonia Crawley 5.46
Phyllis Agbo 6.07
Emma Lyons 5.88
Amy Woodman 6,17
Amy Woodman 5.85
Amy Harris 5.99
Sophie Worrall 5.56

North

Fiona Harrison 6.03w
Louise Bloor 6.03
Joanne Oates 5.25
Jess Taylor 5.37
Jess Taylor 5.73
Louise Bloor 5.75
Jess Ennis 6.24
Abigail Irozuru 5.96
Alexandra Russell 6.16
Alex Russell 5.79
Jess Taylor 6.10

CAU MEN

2005 Andrew Staniland Yks 7.39
2006 Leigh Smith Staffs 7.80
2007 Elliot O'Neil Chesh 7.38
2008 Leigh Smith Staffs 7.65
2009 Anthony Timms Yks 7.62
2010 Matthew Burton Kent 7.67
2011 Jonathan Carr E Scot 7.58
2012 Matthew Burton Kent 7.60w
2013 J J Jegede Sussex 7.46
2014 Bradley Pickup Dorset 7.65
2015 Darren Morson Middlesex 7.59

CAU WOMEN

Rebecca White Lancs 6.32
Gillian Cooke E Scotland 6.21
Rebecca White Lancs 5.96
Jade Johnson Surrey 6.45
Sarah Wellstead Surrey 6.13
Jade Johnson Surrey 6.38w
Amy Woodman Avon/Som 6.36w
Lisa Ferguson Scot E 6.07
Sarah Warnock Scot E 6.29w
Rebecca Chapman Devon 6.00
Elise Lovell Sussex 6.07w

MEN'S SHOT PUT

AAA/UK CHAMPIONSHIPS

2006 Carl Myerscough 20.00
2007 Carl Myerscough 19.39
2008 Carl Myerscough 20.15
2009 Carl Myerscough 19.87
2010 Carl Myerscough 19.77
2011 Carl Myerscough 18.57
2012 Carl Myerscough 19.42
2013 Greg Beard 18.29
2014 Scott Rider 18.34
2015 Scott Lincoln 18.54

Chris Gaviglio AUS 17.81
Emeka Udechuku 17.87
Mark Edwards 18.55
Kieran Kelly 18.83
Scott Rider 18.44
Scott Rider 18.12
Scott Rider 18.36
Ryan Spencer-Jones 17.45
Zane Duquemin 18.00
Zane Duquemin 18.21

Chris Gearing 17.12
Kieran Kelly 17.09
Scott Rider 18.11
Emeka Udechuku 17.71
Les Richards 17.21
Greg Beard 17.64
Zane Duquemin 17.95
Jamie Williamson 16.19
Ryan Spencer-Jones 17.23
Scott Rider 17.88

AGE GROUP CHAMPIONSHIPS

U23

2006 Chris Gearing 17.12
2007 Kieren Kelly 17.84
2008 Kieren Kelly 17.84
2009 Jamie Stevenson 17.85
2010 Daniel Carlin 14.70
2011 Zane Duquemin 17.27
2012 Zane Duquemin 18.48
2013 Zane Duquemin 18.88
2014 Gareth Winter 17.41
2015 Scott Lincoln 17.84

U20

Jamie Williamson 17.39
Jay Thomas 17.53
Jamie Stevenson 18.47
Curtis Griffith-Parker 18.65
Anthony Oshodi 17.39
Tom Walsh NZL 20.48
Kai Jones 16.96
Greg Thompson 17.48
Kai Jones 17.65
James Kelly IRE 17.18

U17

2006 Curtis Griffith-Parker 18.17
2007 Curtis Griffith-Parker 19.32
2008 Reece Thomas 17.19
2009 Matthew Halton 16.26
2010 Josh Newman 15.91
2011 Luke Roach-Christie 17.01
2012 Kai Jones 17.59
2013 Kai Jones 19.09
2014 George Evans 16.93
2015 Leo Rowley 15.89

U15

Anthony Oshodi 18.03
Joshua Newman 15.02
Joshua Newman 16.47
Chris Clarke 14.57
Lewis Barnes 15.09
Kai Jones 18.01
Max Price 15.57
Michelangelo Buter 15.93
James Kelly IRE 15.23
George Hyde 15.64

INDOORS

2006 Emeka Udechuku 17.89
2007 Garrett Johnson USA 18.98
2008 Garrett Johnson USA 20.66
2009 Mark Edwards 18.90
2010 Mark Edwards 17.40
2011 Scott Rider 17.96
2012 Scott Rider 18.28
2013 Scott Rider 18.59
2014 Zane Duquemin 18.31
2015 Zane Duquemin 17.72

Jamie Williamson 16.42
Chris Gaviglio AUS 18.05
Emeka Udechuku 18.06
Kieran Kelly 18.68
Ryan Spencer-Jones 17.02
Jamie Williamson 17.58
Zane Duquemin 17.24
Zane Duquemin 18.50
Greg Beard 17.55
Scott Lincoln 17.37
Chris Gearing 16.37
Emeka Udechuku 17.64
Scott Rider 18.03
Rimantas Martisauskas LTU 17.52
Jamie Williamson 16.85
Carl Fletcher 17.00
Ryan Spencer-Jones 17.22
Rimantas Martisauskas LTU 18.36
Jamie Williamson 16.94
Youcef Zatat 17.14

U20

2006 Jamie Williamson 17.05
2007 Jay Thomas 17.01
2008 Jamie Stevenson 18.01
2009 Curtis Griffith-Parker 18.51
2010 Robert Mohan 17.56
2011 Andrew Doyle IRE 16.15
2012 Scott Lincoln 16.81
2013 Greg Thompson 17.57
2014 Kai Jones 17.47
2015 James Kelly IRE 17.44

U17

Curtis Griffith-Parker 17.82
Michael Wheeler 17.95
Michael Wheeler 19.06
Matthew Halton 15.55
Christopher Barnes 15.06
Matthew Field 15.57
Kai Jones 17.46
Kai Jones 16.62
Nathan Thomason 15.31
Daniel Cartwright 17.62

U15

Michael Wheeler 17.46
Tom Peacock 14.94
Josh Newman 15.36
Connor Guest 12.83
John Kelly IRE 14.20
Kai Jones 14.47
Harry Sutherland 14.81
Max Price 14.74
James Kelly IRE 13.65
William Adeyeye 14.66

Scot

2006 Craig Sturrock 16.17
2007 Emeka Udechuku 17.76
2008 Daniel Carlin 14.94
2009 Jamie Stevenson 17.04
2010 Scot Thompson 15.71
2011 Daniel Carlin 15.41
2012 Paul Simpson 12.36
2013 Scott Thompson 14.11
2014 Tom Kirk 12.60
2015 Angus McInroy 13.66

N Ireland

Gerard Nagel IRE 14.37
Jeremy Harper 14.32
Scot Thompson 15.66
Jeremy Harper 13.91
Peter Glass 13.15
Jeremy Harper 12.22
Andrew Doyle IRE 14.07
Matthew O'Reilly 11.82
Matthew O'Reilly 12.60
Josh McIlroy 11.28

Wales

Andrew Turner 14.32
Emeka Udechuku 18.13
Ryan Spencer-Jones 15.22
Ryan Spencer-Jones 16.79
Ryan Spencer-Jones 17.64
Ryan Spencer-Jones 16.91
Ryan Spencer-Jones 17.16
Ryan Spencer-Jones 18.03
Ryan Spencer-Jones 17.71
Scott Lincoln ENG 17.37

England

2010 Scott Rider 18.43
2011 Greg Beard 17.58
2012 Greg Beard 17.40

South

2006 Emeka Udechuku 18.64
2007 Mark Leitch 14.33
2008 Scott Rider 18.59
2009 Curtis Griffith-Parker 16.33
2010 Curtis Griffith-Parker 16.77

Midlands

Mark Allen 14.50
Mark Allen 16.07
Gregg Nixon 13.27
Gregg Nixon 13.66
Sam Herrington 15.44

North

Jamie Williamson 16.19
Jamie Williamson 16.81
Carl Myerscough 19.87
Jamie Williamson 16.72
Carl Fletcher 17.80

2011	Nick Owen 14.38	Ingmar Vos NED 12.88	Rimantas Martiskauskas 16.56
2012		Tom Pearson 11.02	Craig Sturrock 16.29
2013	Anthony Oshodi 15.26	Tom Pearson 11.88	Greg Beard 17.94
2014	Chris Dack 15.81	Tom Pearson 12.04	Scott Lincoln 15.87
2015	Zane Duquemin 17.16	Jamie Stevenson 16.16	Scott Lincoln 17.92

WOMEN'S SHOT PUT

AAA/UK CHAMPIONSHIPS

2006	Julie Dunkley 16.08	Eva Massey 15.59	Jo Duncan 15.50
2007	Eva Massey 16.63	Jo Duncan 15.92	Eden Francis 15.52
2008	Jo Duncan 15.99	Eden Francis 15.95	Alison Rodger 15.78
2009	Eden Francis 16.33	Eleanor Gatrell 15.56	Jo Duncan 15.23
2010	Eden Francis 16.02	Eleanor Gatrell 15.82	Alison Rodger 15.25
2011	Eden Francis 16.73	Rebecca Peake 15.75	Rachel Wallader 15.34
2012	Eden Francis 16.13	Shaunagh Brown 15.87	Rachel Wallader 15.66
2013	Rachel Wallader 15.96	Shaunagh Brown 15.76	Kirsty Yates 14.27
2014	Eden Francis 16.66	Rachel Wallader 16.54	Sophie McKinna 15.79
2015	Rachel Wallader 17.42	Eden Francis 16.75	Sophie McKinna 15.97

WOMEN – AGE GROUP CHAMPIONSHIPS

U23		U20	
2006	Alison Rodger 15.03	Eden Francis 14.94	
2007	Sally Hinds 14.48	Eden Francis 15.48	
2008	Eden Francis 15.51	Rachel Wallader 14.23	
2009	Eden Francis 15.74	Shaunagh Brown 13.74	
2010	Eden Francis 15.83	Sophie McKinna 14.37	
2011	Rachel Wallader 16.08	Sophie McKinna 14.51	
2012	Shaunagh Brown 16.31	Sophie McKinna 16.16	
2013	Clare Fitzgerald IRE 14.26	Sophie McKinna 16.36	
2014	Sophie McKinna 16.47	Adele Nicoll 14.23	
2015	Sophie McKinna 16.41	Adele Nicoll 15.23	
U17		U15	
2006	Rachel Wallader 12.44	Clare Fitzgerald IRE 12.61	
2007	Jade Weston 11.85	Lauren Sammout 11.29	
2008	Yasmin Spencer 12.26	Abbi Carter 11.96	
2009	Yasmin Spencer 12.62	Shadine Duquemin 12.62	
2010	Simi Pam 12.54	Annabel Sherry 12.88	
2011	Annabel Sherry 13.49	Adele Nicoll 14.02	
2012	Adele Nicoll 13.52	Sophie Merritt 13.69	
2013	Adele Nicoll 13.98	Michaela Walsh IRE 14.18	
2014	Divine Oladipo 14.40	Emma Dakin 12.99	
2015	Michaela Walsh IRE 16.03	Hannah Molyneaux 14.22	

INDOORS

2006	Julie Dunkley 15.89	Joanne Duncan 15.36	Eva Massey 15.22
2007	Joanne Duncan 16.45	Dayana Octavien USA 15.86	Rebecca Peake 15.51
2008	Eden Francis 16.11	Rebecca Peake 15.67	Joanne Duncan 15.56
2009	Alison Rodger 15.79	Kelly Sotherton 14.50	Rachel Wallader 14.34
2010	Alison Rodger 16.02	Rebecca Peake 15.43	Rachel Wallader 14.82
2011	Eden Francis 15.85	Shaunagh Brown 14.91	Sophie McKinna 14.91
2012	Eden Francis 16.72	Shaunagh Brown 15.77	Eleanor Gatrell 15.36
2013	Rachel Wallader 16.19	Shaunagh Brown 16.07	Sophie McKinna 15.76
2014	Rachel Wallader 16.45	Sophie McKinna 16.13	Kirsty Yates 15.53
2015	Eden Francis 16.50	Shaunagh Brown 15.55	Sophie McKinna 15.15

U20
2006 Eden Francis 13.98
2007 Eden Francis 14.85
2008 Rachel Wallader 14.43
2009 Shaunagh Brown 14.51
2010 Hannah Evenden 13.35
2011 Sophie McKinna 15.70
2012 Sophie McKinna 14.82
2013 Sophie McKinna 15.90
2014 Danielle Opara 14.26
2015 Adele Nicoll 14.36

Scot
2006 Alison Rodger 15.29
2007 Alison Rodger 15.43
2008 Alison Rodger 15.65
2009 Mhairi Porterfield 13.43
2010 Alison Rodger 15.05
2011 Kirsty Yates 13.28
2012 Alison Rodger 14.15
2013 Kirsty Yates 15.04
2014 Kirsty Yates 15.44
2015 Kirsty Yates 14.47

England
2010 Eleanor Gatrell 16.17
2011 Eden Francis 16.53
2012 Rachel Wallader 15.30

South
2006 Joanne Duncan 16.17
2007 Eleanor Gatrell 14.76
2008 Eleanor Gatrell 15.96
2009 Eleanor Gatrell 15.56
2010 Eleanor Gatrell 15.68
2011 Shaunagh Brown 15.37
2012
2013 Shaunagh Brown 15.61
2014 Eleanor Gatrell 15.20
2015 Shaunagh Brown 14.64

CAU MEN
2006 Jamie Williamson Yks 17.04
2007 Kieren Kelly Wilts 16.95
2008 Kieren Kelly Wilts 18.01
2009 Jamie Stevenson Herts 17.50
2010 Rimantas Martiskauskas
Yorks 18.41
2011 Greg Beard Yorks 17.06
2012 Greg Beard Yorks 18.21
2013 Greg Beard Yorks 18.25
2014 Gareth Winter Gloucs 17.00
2015 Scott Lincoln Yorks 17.94

U17
Jenny Brown 12.09
Clare Fitzgerald IRE 12.09
Tesni Ward 12.66
Anesa Wanogho 11.65
Sophie McKinna 13.24
Annabel Sherry 12.43
Adele Nicoll 13.14
Adele Nicoll 13.51
Michaela Walsh IRE 12.64
Ada'Ora Chigbo 14.25

N Ireland
Eva Massey 15.57
Eva Massey 16.02
Eva Massey 15.73
Aolfe Hickey IRE 11.87
Eva Massey 14.30
Natasha Boylan IRE 8.97
Lynsey Glover 8.25
Orla Murphy 9.52
Laura Frey 10.04
Stacie Cunningham 11.10

Midland
Kelly Sotherton 13.75
Eden Francis 15.57
Eden Francis 15.26
Rachel Wallader 14.57
Eden Francis 15.28
Alison Rodger 14.15
Rachel Wallader 15.30
Rachel Wallader 15.64
Emily Campbell 11.17
Eden Francis 16.30

CAU WOMEN
Joanne Duncan Essex 17.11
Rebecca Peake Derbys 15.26
Eleanor Gatrell Surrey 15.05
Rebecca Peake Derbys 16.55
Eden Francis Leics 16.13
Shaunagh Brown Kent 15.35
Sophie McKinna Norfolk 15.80
Alison Rodger Scot W 14.89
Adele Nicoll N Wales 14.28
Rachel Wallader Worcs 17.12

U15
Clare Fitzgerald IRE 12.31
Yasmin Spencer 11.66
Abbi Carter 12.48
Shadine Duquemin 11.85
Adele Nicoll 12.32
Adele Nicoll 13.36
Sophie Merritt 12.46
Louisa Chantler 11.56
Ellie Hodgson 10.81
Hannah Molyneaux 12.69

Wales
Sally Hinds 14.42
Sally Hinds 14.62
Tesni Ward 12.40
Tesni Ward 13.26
Alison Rodger SCO 15.24
Lucy Griffiths 11.38
Vicky Lloyd 10.05
Adele Nicoll 13.52
Adele Nicoll 14.59
Adele Nicoll 14.66

MEN'S POLE VAULT

AAA/UK CHAMPIONSHIPS

2008	Steve Lewis 5.60	Scott Simpson 5.30	Luke Cutts 5.20
2009	Luke Cutts 5.55	Steve Lewis 5.55	Paul Walker 5.20
2010	Joe Ive 5.35	Max Eaves 5.35	Luke Cutts 5.20
2011	Steve Lewis 5.50	Nick Cruchley 5.35	Max Eaves 5.20
2012	Steve Lewis 5.50	Gregor MacLean 5.35	Andrew Sutcliffe 5.35
2013	Luke Cutts 5.65	Steve Lewis 5.65	Max Eaves 5.35
2014	Steve Lewis 5.55	Paul Walker 5.35	Andrew Sutcliffe 5.35
2015	Steve Lewis 5.35	Max Eaves 5.35	Jax Thoires 5.20

AGE GROUP CHAMPS

	U23	U20	
2008	Luke Cutts 5.10	Scott Huggins 4.95	
2009	Luke Cutts 5.41	Andy Sutcliffe 5.10	
2010	Luke Cutts 5.25	Matt Devereux 5.10	
2011	Nick Crutchley 5.30	Rowan May 4.80	
2012	Andrew Sutcliffe 5.20	Daniel Gardner 5.00	
2013	Andrew Sutcliffe 5.20	Harry Coppell 5.05	
2014	Daniel Gardner 5.00	Adam Hague 5.30	
2015	Jack Phipps 5.15	Harry Coppell/Charlie Myers 5.15	
	U17	U15	
2008	Gregor McLean 4.30	Eric Martin 3.70	
2009	Richard Humby 4.30	Tadgh Healey 3.60	
2010	Daniel Gardner 4.40	Harry Coppell 3.50	
2011	Rowan May 4.80	Adam Hague 3.70	
2012	Harry Coppell 4.83	Jack Longhurst 3.70	
2013	Adam Hague 4.80	Calum Neil 3.60	
2014	Joel Leon Benitez 4.50	Andrew McFarlane 3.60	
2015	Andrew Douglas 4.51	Frankie Johnson 4.12	

INDOORS

2008	Steve Lewis 5.61	Scott Simpson 5.31	Mark Christie 5.16
2009	Steve Lewis 5.65	Luke Cutts 5.41	Paul Walker 5.31
2010	Steve Lewis 5.56	Andrew Sutcliffe 5.36	Luke Cutts 5.36
2011	Max Eaves 5.61	Luke Cutts 5.51	Steve Lewis 5.51
2012	Andrew Sutcliffe 5.55	Steve Lewis 5.45	Max Eaves 5.45
2013	Steve Lewis 5.50	Luke Cutts 5.35	Max Eaves/Matt Devereux 5.20
2014	Luke Cutts 5.60	Max Eaves 5.45	Paul Walker 5.30
2015	Luke Cutts 5.55	Andrew Sutcliffe 5.45	Adam Hague 5.45
	U20	U17	U15
2008	Andrew Marsh 5.00	Tim Parkin 4.30	Stephen Guest 3.60
2009	Andrew Sutcliffe 4.70	Lewis Newton 4.00	Nicholas Cole 3.00
2010	Andrew Sutcliffe 5.30	Daniel Gardner 4.30	Harry Coppell 3.30
2011	George Sharp 4.70	Rowan May 4.80	Adam Hague 4.06
2012	Nicholas Cole 4.70	Adam Hague 4.20	Nathan Gardner 3.30
2013	Jack Phipps 5.05	Adam Hague 4.70	Andrew Douglas 3.20
2014	Adam Hague 5.10	Joel Leon Benitez 4.82	Connor Dearden/ Kurt Cameron 3.10
2015	Adam Hague 5.30	Andrew Douglas 4.15	Frankie Johnson 4.00
	Scot	N Ireland	Welsh
2008	Richard Hurren 4.80	Ian Rodgers IRE 4.40	Paul Walker 4.90
2009	Richard Hurren 5.00	Ian Rodgers IRE 4.50	Christian North 5.00
2010	Scott Huggins 5.00	David Donegan IRE 4.75	Scott Simpson 5.10
2011	Nick Cruchley 5.31	Chris Doherty IRE 3.60	Paul Walker 5.21
2012	Richard Hurren 4.40	David Donegan 4.90	Paul Walker 4.56

2013	Jax Thoires 5.25	Peter O'Brien IRE 4.30	Andrew Sutcliffe 5.21
2014	Richard Hurren 4.00	Peter Glass 4.80	Ben Gregory 5.00
2015	Charlie Myers 5.30	Alexander Livingston 4.00	Andrew Sutcliffe 5.45

England

2010 Luke Cutts 5.40
 2011 Max Eaves 5.20
 2012 Matt Cullen 4.62

South

2008 Scott Huggins 5.00
 2009 Cameron Johnston 4.40
 2010 Ned Quiney 5.00
 2011 Joe Ive 5.00
 2012
 2013 Jack Phipps 4.40
 2014 Liam Yarwood 4.70
 2015 Dan Gardner 4.80

Midlands

Christian North 5.00

 Steve West 3.50
 Nick Cruchley 5.35
 Joe Chesterman 4.17
 Connor McHale 4.20
 Ethan Walsh 4.10
 Joel Benitez (U20) 4.90

North

Mark Christie 5.10
 Luke Cutts 5.40
 Luke Cutts 5.45
 Max Eaves 5.20
 Matthew Culllen 4.62
 Luke Cutts 5.50
 Matthew Wright 5.00
 Adam Hague 5.15

WOMEN'S POLE VAULT

AAA/UK CHAMPIONSHIPS

2008	Emma Lyons 4.12	Kirsty Maguire 4.02	Louise Butterworth 3.92
2009	Kate Dennison 4.57	Henrietta Paxton 4.15	Bryony Raine 4.05
2010	Kate Dennison 4.45	Holly Bleasdale 4.35	Henrietta Paxton 4.35
2011	Holly Bleasdale 4.56	Kate Dennison 4.40	Bryony Raine 4.11
2012	Holly Bleasdale 4.71	Kate Dennison 4.26	Sally Peake 4.26
2013	Sally Peake 4.23	Sally Scott 3.80	Olivia Curran 3.80
2014	Sally Peake 4.30	Katie Byres 4.10	Sally Scott 4.10
2015	Holly Bradshaw (Bleasdale) 4.50	Lucy Bryan 4.20	Jade Ive 3.90

WOMEN – AGE GROUP CHAMPIONS

U23

2008 not held
 2009 Emma Lyons 4.11
 2010 Sophie Upton 3.95
 2011 Holly Bleasdale 4.53
 2012 Abigail Haywood 3.75
 2013 Katie Byres 3.95
 2014 Sophie Cook 4.00
 2015 Lucy Bryan 4.10

U20

Jade Ive 3.80
 Sally Scott 4.05
 Sally Scott 4.20
 Katie Byers 4.00
 Katie Byers 4.36
 Natalie Hooper 3.45
 Abigail Roberts 3.85
 Abigail Roberts 3.90

U17

2008 Jade Ive 3.80
 2009 Ellie Besford 3.70
 2010 Lucy Bryan 3.80
 2011 Lucy Bryan 3.80
 2012 Jade Brewster 3.50
 2013 Ellie Gooding 3.80
 2014 Olivia Connor 3.60
 2015 Molly Caudery 3.61

U15

Katie Byers 3.35
 Lucy Bryan 3.48
 Naomi Lee 3.11
 Claire Dyer 3.30
 Natalie Hooper 3.43
 Stephanie Broomhead 3.44
 Molly Caudery 3.30
 Jade Spencer-Smith 3.30

INDOORS

2008	Kate Dennison 4.25	Louise Butterworth 4.15	Zoe Brown 4.15
2009	Kate Dennison 4.45	Emma Lyons 4.25	Zoe Brown IRE 4.05
		Louise Butterworth 4.05, Sally Scott 4.05	
2010	Kate Dennison 4.40	Henrietta Paxton 4.21	Sally Scott 4.10
2011	Holly Bleasdale 4.36	Kate Dennison 4.26	Sally Peake 4.16
2012	Holly Bleasdale 4.70	Katie Byres 4.37	Sally Peake 4.27

2013	Holly Bleasdale 4.77	Katie Byres 4.20	Zoe Brown IRE/Lucy Bryan 4.20
2014	Holly Bleasdale 4.73	Lucy Bryan 4.26	Zoe Brown IRE/Sally Peake 4.16
2015	Sally Peake 4.25	Abigail Roberts 4.00	Katie James 4.00
	U20	U17	U15
2008	Maria Seager 3.70	Jade Ive 4.00	Katie Byres 3.41
2009	Sophie Upton 3.80	Katie Byres 3.60	Lucy Bryan 3.42
2010	Katie Byres 4.01	Lucy Bryan 3.80	Abigail Roberts 2.90
2011	Ellie Besford 3.50	Lucy Bryan 3.90	Abigail Roberts/ Jade Brewster 2.90
2012	Lucy Bryan 3.80	Ailis McGovern 3.50	Natalie Hooper 3.30
2013	Lucy Bryan 4.15	Natalie Hooper 3.65	Stephanie Broomhead 3.30
2014	Lucy Bryan 4.33	Olivia Connor 3.40	Shaye Emmett 3.20
2015	Abigail Roberts 3.90	Jessica Robinson 3.70	Jade Spencer-Smith 3.20
	Scot	N Ireland	Wales
2008	Kirsty Maguire 3.70	Claire Wilkinson IRE 3.20	Jessica Abraham 3.40
2009	Henrietta Paxton 4.06	Zoe Brown IRE 4.00	Maria Seagar 4.05
2010	Jennifer Graham 3.40	Claire Wilkinson IRE 3.65	Henrietta Paxton 4.05
2011	-	Zoe Brown IRE 3.80	Sally Peake 4.30
2012	Courtney MacGuire 3.40	Zoe Brown IRE 3.80	Sally Peake 3.86
2013	Caroline Adams 4.05	Zoe Brown IRE 3.81	Zoe Brown IRE 4.21
2014	Caroline Adams 3.50	Zoe Brown IRE 4.25	Zoe Brown IRE 4.32
2015	Hannah Lawler 3.40	Claire Wilkinson IRE 3.80	Holly Bradshaw ENG 4.50
	England		
2010	Emma Lyons 4.05		
2011	Stephanie Smith 3.60		
2012	Abigail Haywood 3.82		
	South	Midlands	North
2008	Liz Hughes 3.60	Emma Lyons 3.80	Fiona Harrison 3.85
2009	Rachel Arnheim 3.60	Bryony Raine 3.70	Holly Bleasdale 4.05
2010	Louise Shortland 3.70		Michelle Orwin 3.60
2011	Stephanie Smith 3.70	Katherine Ogden 3.35	Katie Byers 3.90
2012		Sophie Cook/ Hannah Grubb 3.52	Abigail Haywood 3.82
2013	Ann Rees 3.70	Becky Donnelly 2.90	Clare Blunt 3.60
2014	Lucy Stickland 3.40	Sophie Cook 3.80	Abigail Roberts 3.90
2015	Rachel Gibbens 3.80	Becky Donnelly 3.40	Abigail Roberts 3.80
	CAU men	CAU women	
2008	Scott Huggins Kent 4.70	not held	
2009	Luke Cutts Yorks 5.20	Anna Massey M'sex 4.01	
2010	Luke Cutts Yorks 5.45	Sophie Upton Wilts 4.00	
2011	Jax Thiors W Scot 4.50	Sophie Upton Wilts 3.70	
2012	Luke Cutts Yorks 5.00	Zoe Brown NIR 3.90	
2013	Daniel Gardner Herts 4.95	Ellie Gooding Kent 3.80	
2014	Sam Bass-Cooper Hants 4.65	Abigail Roberts Yorks 3.70	
2015	Jack Phipps Surrey 5.10	Jade Ive Surrey 4.10	

MEN'S HAMMER

AAA/UK

2011 Alex Smith 73.26
2012 Alex Smith 74.79
2013 Andy Frost 72.28
2014 Nick Miller 73.96
2015 Nick Miller 75.88

Mike Floyd 70.85
Mark Dry 74.32
James Bedford 70.56
Alex Smith 73.52
Mark Dry 73.02

Mark Dry 70.33
James Bedford 69.44
Alex Smith 70.08
Mark Dry 73.27
Chris Bennett 72.62

AGE GROUPS CHAMPIONS

U23

2011 Chris Bennett 66.37
2012 Peter Smith 67.01
2013 Nick Miller 67.67
2014 Osian Jones 65.91
2015 Callum Brown 66.07

U20

Nick Miller 64.79
Michael Painter 72.34
Michael Painter 68.84
Taylor Campbell 69.13
Taylor Campbell 78.74

U17

2011 Nick Percy 66.94
2012 Taylor Campbell 67.64
2013 Adam King IRE 60.40
2014 Jake Norris 65.28
2015 Jake Norris 70.50

U15

Adam King IRE 65.61
Jamie Kuehnel 58.56
George Marvell 64.23
Oliver Hewitt 53.39
James Lancaster 57.65

ENG SCHOOLS

SENIORS

2011 Nick Miller 66.60
2012 Callum Brown 68.52
2013 Michael Painter 71.32
2014 Taylor Campbell 74.42
2015 Munroe Ritchie 59.54

INTER BOYS

Michael Painter 66.08
Taylor Campbell 65.31
Leslie Parks 60.19
Jake Norris 66.99
George Marvell 68.42

JUNIOR BOYS

Woody Cox 53.72
Jamie Kuehnel 53.64
George Marvell 64.23
Oliver Hewitt 51.14
Sam Mace 57.68

SCOTTISH

2011 Andy Frost 69.98
2012 Mark Dry 74.59
2013 Mark Dry 70.96
2014 Mark Dry 74.63
2015 Chris Bennett 70.18

WELSH

Matthew Richards 63.68
Graham Holder 55.50
Matthew Richards 63.74
Jonathan Edwards 66.28
Osian Jones 66.29

NORTHERN IRELAND

Dave Little ENG 54.20
Dave Little 54.20
Dempsey McGuigan 62.89
Gareth Moffett 35.27
Robert Moffett 53.98

ENGLISH

2011 Alex Smith 71.47
2012 James Bedford 70.13
2013 James Bedford 70.56 (at UK)
2014 Nick Miller 73.96 (at UK)

BUCS

Alex Warner 63.50
Tim Williams 61.15
Tim Williams 58.87
Michael Painter 62.24

NORTH

2011 Mike Floyd 71.73
2012 James Bedford 70.13
2013 Mike Floyd 70.48

2014 Alex Smith 68.63
2015 James Bedford 66.57

MIDLANDS

Matthew Bell 60.75
Chris Shorthouse 64.42
Chris Shorthouse 68.35

Chris Shorthouse 63.50
Chris Shorthouse 67.82

SOUTH

Simon Bown 64.07
not held
Dempsey McGuigan NIR
63.60
Callum Brown 63.21
Callum Brown 65.78

WOMEN'S HAMMER

UK

2011	Sophie Hitchon 67.69	Sarah Holt 65.63	Carys Parry 63.86
2012	Sophie Hitchon 69.79	Zoe Derham 66.02	Carys Parry 64.96
2013	Shaunagh Brown 62.71	Carys Parry 62.33	Susan McKelvie 60.92
2014	Sophie Hitchon 65.56	Carys Parry 63.33	Louisa James 62.30
2015	Sophie Hitchon 71.10	Sarah Holt 66.68	Susan McKelvie 61.30

AGE GROUP CHAMPIONS

U23

2011	Sophie Hitchon 67.07	U20	Abbi Carter 55.87
2012	Myra Perkins 56.06		Abbi Carter 59.21
2013	Sophie Hitchon 69.54		Louisa James 55.80
2014	Rachel Hunter 62.81		Kimberley Reed 58.13
2015	Rachel Hunter 61.84		Alice Akers IRE 56.04

U17

Kimberley Reed 52.76
Rebecca Keating 50.81
Alice Akers IRE 50.80
Katie Lambert 55.83 (3K)
Michaela Walsh IRE 63.99

U15

2011	Alice Akers IRE 56.20
2012	Ashleigh Power 51.34
2013	Michaela Walsh IRE 52.44
2014	Katie Head 51.29
2015	Lauren Hill 52.66

ENGLISH SCHOOLS

SENIOR

2011	Abbi Carter 56.83
2012	Abbi Carter 59.75
2013	Emma O'Hara 55.40
2014	Rebecca Keating 52.22
2015	Rebecca Keating 53.39

INTERMEDIATE

Emma O'Hara 47.62
Rebecca Keating 45.97
Rebecca Keating 49.37
Katie Lambert 55.83 (3K)
Katie Head 60.05 (3K)

JUNIOR

Katie Head 54.96
Lauren Hill 52.65

SCOTTISH

2011	Susan McKelvie 63.32
2012	Susan McKelvie 63.10
2013	Susan McKelvie 59.61
2014	Susan McKelvie 64.21
2015	Rachel Hunter 62.60

WELSH

Carys Parry 63.01
Carys Parry 64.73
Carys Parry 63.54
Carys Parry 64.37
Carys Parry 63.12

NORTHERN IRELAND

Gabi McNally 51.57
Gabi McNally 50.65
Hayley Murray 55.42
Hayley Murray 55.73
Hayley Murray 52.68

ENGLISH

2011	Sarah Holt 64.49
2012	Sarah Holt 68.50
2013	Shaunagh Brown 62.71 (at UK)
2014	Sophie Hitchon 65.56 (at UK)
2015	Chris Shorthouse 69.08 (at CAU)

BUCS

Myra Perkins 61.94 (Sophie Hitchon 69.43 guest)
Myra Perkins 56.63
Myra Perkins 58.20
Rachel Hunter 63.43
Sarah Holt 63.60 (at CAU)

NORTHERN

2011	Sarah Holt 62.73
2012	Sarah Holt 68.50
2013	Hannah Evenden 52.33
2014	Jessica Mayho 53.07
2015	Abbi Carter 60.00

MIDLANDS

Rachel Gair 59.05
Rachel Gair 60.55
Rachel Gair 60.73
Christina Jones 60.41
Hayley Murray 55.14

SOUTHERN

Sam Hynes 58.09
not held
Shaunagh Brown 61.33
Louisa James 57.85
Shaunagh Brown 60.06

CAU MEN

2011	Alex Smith Humbs 70.84
2012	James Bedford Humbs 67.14
2013	James Bedford Humbs 70.55
2014	Michael Bomba Merseys 68.29
2015	Chris Shorthouse Notts 69.08

CAU WOMEN

Laura Douglas (N Wales) 60.28
Zoe Derham 64.50
Shaunagh Brown 63.44
Louisa James Sussex 58.38
Sarah Holt Leices & Rutland 63.60

MEN'S 400M

AAA/UK CHAMPIONSHIPS

1999	Jamie Baulch 45.36	Solomon Wariso 45.52	Mark Hylton 45.99
2000	Mark Richardson 45.55	Sean Baldock 45.71	Jamie Baulch 46.07
2001	Mark Richardson 45.79	Iwan Thomas 46.00	Mark Hylton 46.36
2002	Tim Benjamin 45.73	Sean Baldock 45.84	Jared Deacon 45.89
2003	Daniel Caines 45.56	Du'aine Ladejo 45.93	Ian Mackie 46.10
2004	Tim Benjamin 45.58	Daniel Caines 45.88	Sean Baldock 46.24
2005	Tim Benjamin 45.52	Malachi Davis 45.84	Graham Hedman 45.88
2006	Tim Benjamin 46.00	Martyn Rooney 46.20	Robert Tobin 46.35
2007	Andrew Steele 45.70	Martyn Rooney 45.93	Richard Buck 46.28
2008	Martyn Rooney 45.31	Robert Tobin 46.18	Michael Bingham 46.28
2009	Robert Tobin 45.84	Conrad Williams 46.13	Set Oshi 46.71
2010	Martyn Rooney 44.99	Michael Bingham 45.67	Conrad Williams 45.76
2011	Martyn Rooney 45.44	Chris Clarke 45.61	David Greene 45.82
2012	Martyn Rooney 45.93	Conrad Williams 45.97	Nigel Levine 46.00
2013	Nigel Levine 45.23	Conrad Williams 45.59	Michael Bingham 45.69
2014	Martyn Rooney 45.78	Conrad Williams 45.88	Michael Bingham 46.32
2015	Rabah Yousif 45.01	Jarryd Dunn 45.24	2= Nigel Levine/Martyn Rooney 45.88

AGE GROUP CHAMPIONS

	U23
1999	David Naismith 46.95
2000	Daniel Caines 46.82
2001	David Naismith 47.13
2002	Ian Lowthian 49.01
2003	Allan Stuart 46.72
2004	Robert Tobin 46.27
2005	Rabah Yusuf SUD 46.69
2006	Richard Buck 46.77
2007	Rabah Yusuf SUD 46.04
2008	Ben Higgins 47.68
2009	Nigel Levine 46.30
2010	Luke Lennon Ford 47.16
2011	Nigel Levine 45.85
2012	Jarryd Dunn 47.10
2013	Dan Putnam 47.16
2014	Sadam Koumi SUD 46.52
2015	David Hall 47.27

	U17
1999	Russell Nicholls 48.73
2000	Craig Erskine 50.01
2001	Richard Davenport 49.74
2002	Simon Toye 48.42
2003	Richard Buck 47.71
2004	Kris Robertson 47.08
2005	Chris Clarke 49.10
2006	Jordan McGrath 49.17
2007	Nathan Wake 48.44
2008	Ben Sturgess 48.36
2009	Greg Loudon 48.46
2010	Jay Younger 48.49
2011	Clovis Asong 47.13
2012	Ben Snaith 47.92
2013	Ben Robbins 48.83
2014	Matthew Pagan 49.20
2015	Owen Richardson 48.13

	U20
	Adam Buckley 47.71
	Ian Tinsley 48.19
	Robert Tobin 47.3
	Adam Charlton 48.95
	Adam Charlton 46.88
	Rabah Yusuf SUD 47.51
	Martyn Rooney 46.44
	Grant Baker 46.98
	Nigel Levine 46.69
	Chris Clarke 47.08
	Chris Clarke 46.55
	Nathan Wake 47.37
	Jarryd Dunn 47.61
	George Caddick 47.26
	Ben Snaith 47.14
	Elliot Rutter 46.39
	Freddie Owsley 48.56

	U15
	Daniel Petros 51.7
	Richard Davenport 51.4
	Craig Granville 51.93
	Kris Robertson 52.06
	Thomas Duffield 50.91
	James Peden 51.56
	Matthew Lunn 50.77
	Matthew Webster 50.07
	Thomas Benstead 51.24
	Farren Morgan 51.53
	Omari Carr-Miller 51.22
	Aaron Pitt 49.99
	Stanley Livingstone 49.97
	Matthew Pagan 35.74 (300m)
	Joe Milton 36.29 (300m)
	Uchenna Okoh 35.58 (300m)
	Adam Bator-Brown 36.28 (300m)

INDOORS

1999 Allyn Condon 47.14
2000 Daniel Caines 46.89
2001 Daniel Caines 45.75
2002 Robert Daly IRL 47.58
2003 Daniel Batman AUS 45.93
2004 Robert Daly IRL 46.68
2005 David Gillick IRL 46.45
2006 Robert Tobin 45.90
2007 Gary Warburton 48.02
2008 Richard Buck 46.53
2009 Richard Buck 46.41
2010 Richard Buck 47.54
2011 Nigel Levine 46.76
2012 Nigel Levine 46.68
2013 Nigel Levine 46.73
2014 Nigel Levine 46.82
2015 Nigel Levine 46.86

U20

1999 Alloy Wilson 48.15
2000 Sam Ellis 49.1
2001 Adam Rogers 48.11
2002 David McCarthy IRE 46.66
2003 Adam Charlton 48.09
2004 Philip Taylor 48.47
2005 Bruce Tasker 48.86
2006 Bruce Tasker 47.74
2007 Robert Davis 47.90
2008 Jordan McGrath 47.67
2009 Ross McDonald 48.53
2010 Jack Green 48.01
2011 Joshua Street 48.11
2012 Alex Boyce 47.82

2013 Clovis Asong 47.45
2014 Elliot Rutter 47.53
2015 Nick Petrou 47.99

Scot

1999 Paul McBurney IRE 46.83
2000 Paul Slythe 47.71
2001 Kris Stewart 47.53
2002 Allan Stuart 47.27
2003 Alan Stuart 47.60
2004 Jared Deacon 46.96
2005 Conrad Williams 47.04
2006 Mark Berridge 47.73
2007 Alleyne Francique GRN 46.95
2008 Kris Robertson 46.79
2009 Kris Robertson 47.82
2010 Kris Robertson 47.07
2011 Patrick Swan 47.90
2012 Guy Learmonth 48.00
2013 Kris Robertson 47.48
2014 Adam McComb 48.73
2015 Grant Plenderleith 47.50

Daniel Caines 47.38
Paul Slythe 47.60
Mark Hylton 46.24
Tim Benjamin 47.60
David McCarthy IRL 46.68
David McCarthy IRL 47.03
Dale Garland 47.05
David McCarthy IRL 46.81
Steven Green 48.04
Steven Green 46.93
Mark Brown 47.32
Nigel Levine 47.73
Richard Buck 47.30
Michael Bingham 47.07
Richard Strachan 46.95
Richard Buck 46.88
Jarryd Dunn 47.05

U17

Michael Snow 50.52
Craig Erskine 50.24
Richard Davenport 49.49
Richard Davenport 48.58
Ryan Thomas 49.45
Bruce Tasker 48.85
Christopher Smith 50.12
Tom Miller 49.26
Ross McDonald 48.78
Thomas Hinton 49.94
Paul Scanlan 49.17
Alex Boyce 48.62
Clovis Asong 48.39
Dereece O'Callaghan 49.52

Ben Robbins 48.91
Ashley Sandall 49.14
Joe Milton 49.70

N Ireland

Paul McKee IRE 47.77
Paul McBurney IRE 47.69
Paul McKee IRE 47.34
Robert Daley IRE 46.71
David McCarthy IRE 46.94
Richard Girvan 50.58
James McIlroy 48.50
Brett Rund 47.88
Simon Taggart IRE 49.9
Jason Harvey IRE 49.2
John Houston 50.31
Darragh Kervick IRE 48.43
Craig Lynch IRE 49.53
John Houston 48.96
Adam McComb 48.44
Adam McComb 48.14
Adam McComb 48.78

Adrian Patrick 47.58
Adrian Patrick 47.90
Matthew Elias 46.91
James Chatt 48.67
Cori Henry/M Hylton 47.20
Jamie Baulch 47.70
Rabah Yusuf SUD 47.64
Conrad Williams 47.68
Brian Doyle 48.28
Richard Strachan 47.99
John Kelley 47.63
Luke Lennon Ford 48.16
Nick Leavey 47.72
Richard Buck 47.10
Michael Bingham 47.04
Daniel Awde 46.90
Jamie Bowie 47.18

U15

Craig Glanville 51.38
Lewis Robson 52.67
Precious Ojighoro 54.76
Precious Ojighoro 53.71
James Peden 53.24
Dan Putnam 52.42
Gerwyn Morgan 52.24
Tom Holligan 52.86
Matthew Hudson-Smith 52.78
Aaron Pitt 51.01
Ben Robbins 51.36
Ashley Sandall 52.92
(300m for U15 from now on)
Owen Richardson 36.87
Uchenna Okoh 36.56
Ben Griffin 37.54

Welsh

Matt Elias 49.1
Jamie Baulch 46.35
Matt Elias 46.9
Matt Elias 46.59
James Nasrat 48.52
Gareth Warburton 48.61
Iwan Thomas 47.40
Gareth Warburton 46.86
Andy Blow 47.50
James Nasrat 48.59
Tonderai Tomu ZIM 47.24
David Greene 46.38
Joe Thomas 47.25
Daniel Dell 50.02
Paul Bennett 47.92
Owen Smith 47.73
Adebowale Ademuyemo 47.63

England

2010 Nick Leavey 46.52
2011 Robert Tobin 46.50
2012 Lawrence Wooldridge 47.43

South

1999 Mark Brown 47.2
2000 Sean Baldock 45.91
2001 Mark Hylton 46.8
2002 Sean Baldock 46.51
2003 Robert Tobin 47.02
2004 Graham Hedman 46.55
2005 Conrad Williams 47.06
2006 Mark Berridge 47.90
2007 Conrad Williams 46.63
2008 Robert Tobin 46.57
2009 Set Osho 46.70
2010 Nick Leavey 47.25
2011 Tom Druce 46.95
2012
2013 Nicholas Atwell 48.22
2014 Peter Phillips 47.65
2015 Nicholas Atwell 48.00

Midland

Matthew Lewis 48.11
Bradley Yiend 48.74
Cori Henry 47.41
Cori Henry 46.46
James Marshall 48.55
Ryan Preddy 47.44
Daniel Cossins 48.06
Matt Dewsberry 48.69
Grant Baker 48.0
Andrew Dean Young 50.14
Luke Lennon-Ford 48.6
Paul Judson 48.58
Jordan McGrath 48.43
Michael Warner 47.54
Jack Houghton 47.14
Matthew Hudson-Smith 46.63
Freddie Owsley 47.76

North

Neil Jennings 47.88
Geoffrey Djan 47.93
Jared Deacon 47.47
Ian Lowthian 47.48
Ian Lowthian 47.74
Richard Buck 48.57
Richard Strachan 47.69
Richard Buck 46.59
Richard Buck 47.12
Richard Buck 46.23
John Kelley 48.25
Matthew Quine 47.55
Harry Doran 47.51
Alex Boyce 48.22
Tim Burn 47.72
Adam Harvey 47.84
Tim Burn 47.40

CAU

1999 Geoff Dearman M'sex 46.05
2000 Mark Brown Essex 47.49
2001 Neil Jennings NE Cos 47.74
2002 Mark Hylton Berks 46.42
2003 Conrad Williams Kent 47.43
2004 Mark Brown Essex 47.49
2005 Graham Hedman Essex 46.37
2006 Conrad Williams Kent 47.46
2007 Graham Hedman Essex 47.05
2008 Rabah Yusuf NE Cos/SUD 47.13
2009 Conrad Williams Kent 46.01
2010 Conrad Williams Kent 47.49
2011 Jamie Bowie N Scot 47.63
2012 Nigel Levine Beds 46.34
2013 Richard Buck Yorks 46.75
2014 Ben Snaith Cambs 47.42
2015 Nigel Levine Beds 45.84

MEN'S 1500M

AAA/UK CHAMPIONSHIPS

2002	Tony Whiteman 3:38.24	John Mayock 3:38.97	Michael East 3:39.18
2003	Michael East 3:42.29	Tom Mayo 3:42.66	Tony Whiteman 3:43.22
2004	Chris Mulvaney 3:50.14	Andrew Baddeley 3:50.40	Michael Skinner 3:50.77
2005	Nick McCormick 3:37.05	Andrew Baddeley 3:37.08	Michael East 3:37.23
2006	Andrew Baddeley 3:41.18	Stephen Davies 3:42.52	Neil Speaight 3:43.17
2007	Andrew Baddeley 3:43.25	Stephen Davies 3:45.29	Tom Lancashire 3:45.64
2008	Tom Lancashire 3:38.92	Mo Farah 3:39.66	Chris Warburton 3:39.98
2009	Jermaine Mays 3:41.26	Lee Emanuel 3:41.82	Nick McCormick 3:42.21
2010	Andy Baddeley 3:41.49	Colin McCourt 3:41.95	Nick McCormick 3:42.52
2011	James Shane 3:36.22	Andy Baddeley 3:39.44	Nick McCormick 3:41.66
2012	Andy Baddeley 3:47.99	Ross Murray 3:48.20	Chris O'Hare 3:48.63
2013	Chris O'Hare 3:51.36	James Brewer 3:51.92	Lee Emanuel 3:52.34
2014	Charlie Grice 3:46.97	Will Paulson 3:48.16	Richard Peters 3:48.33
2015	Charlie Grice 3:50.66	Chris O'Hare 3:51.03	Dale Clutterbuck 3:51.24

AGE GROUP CHAMPIONS

U23

2002	Chris Bolt 3:53.19
2003	Chris Thompson 3:47.73
2004	Chris Warburton 3:57.27
2005	Chris Warburton 3:52.15
2006	Alan Wales 3:49.93
2007	Ross Toole 3:52.51
2008	Andy Vernon 3:54.0
2009	James Brewer 3:44.55
2010	Daniel Clorley 3:50.98
2011	James Shane 3:40.44
2012	Jonny Hay 3:45.03
2013	Adam Cotton 3:45.80
2014	Will Paulson 3:51.33
2015	Neil Gourlay 3:56.6

U17

2002	Lee Bowron 3:58.19
2003	Richard Newton 3:55.49
2004	Kris Gauson 3:56.34
2005	Jordan West 4:02.94
2006	David Forrester 3:57.74
2007	Josh Moody 3:59.04
2008	Alex Cornwell 3:59.13
2009	Tom Curr 3:55.73
2010	Luke Carroll 4:05.09
2011	Shaun Wyllie 3:53.11
2012	Matt Shirling 3:49.04
2013	Jack Crabtree 4:04.66
2014	Josh Kerr 3:52.46
2015	Ben Dijkstra 3:56.85

U20

Derek Watson 3:58.73
Tom Lancashire 3:49.33
Tom Lancashire 3:48.30
Anthony Moran 3:54.94
Kris Gauson 3:50.31
Ricky Stevenson 3:51.34
David Forrester 4:12.99
Simon Horsfield 3:46.92
Ronnie Sparke 3:50.38
Jonny Hay 3:44.78
Robbie Farnham-Rose 3:52.68
Shaun Wyllie 3:54.37
Shaun Wyllie 3:50.55
Josh Kerr 3:49.86

U15

Adam Hickey 4:08.03
Jordan West 4:06.5
Simon Lawson 4:07.75
Ryan Parker 4:11.14
Shane Quinn IRE 4:04.19
Peter Devaney 4:15.44
Karnvir Hayer 4:08.61
Jack Gleave 4:13.75
Ahmed Hassan SOM 4:09.00
George Duggan 4:08.59
Josh Kerr 4:05.87
Ben Greenwood 4:06.47
Adam Scott 4:13.56
Hayden Bailey 4:08.07

INDOORS

2002	Tony Whiteman 3:52.44	Angus Maclean 3:52.67	Matt Shone 3:52.70
2003	James Thie 3:41.84	Edward Jackson 3:42.78	Graeme Hood CAN 3:42.83
2004	Michael East 3:44.93	James Thie 3:46.76	Matt Shone 3:47.23
2005	Neil Speaight 3:45.87	James Nolan IRL 3:46.04	Chris Moss 3:46.34
2006	Colin McCourt 3:41.71	Neil Speaight 3:41.76	Stephen Davies 3:42.18
2007	Chris Warburton 3:56.47	Colin McCourt 3:56.64	James Thie 3:56.66
2008	James McIlroy 3:44.90	Michael East 3:45.05	James Brewer 3:45.27

2009	Mo Farah 3:40.57	Neil Speaight 3:42.63	Chris Warburton 3:43.04
2010	Colin McCourt 4:04.83	Tim Bayley 4:04.96	Scott Overall 4:05.99
2011	Nick McCormick 3:45.30	Lewis Moses 3:45.57	Colin McCourt 3:45.63
2012	Lewis Moses 3:45.58	James Brewer 3:45.66	Frank Baddick 3:46.88
2013	Matthew Fayers 3:47.77	Lee Emanuel 3:48.28	Charlie Grice 3:48.34
2014	Lee Emanuel 3:48.15	Chris O'Hare 3:48.68	Charlie Grice 3:48.69
2015	Charlie Grice 3:49.79	Ben Coldray 3:52.28	John Ashcroft 3:52.48
	U20	U17	
2002	Ian Carter 4:04.20	Colin Costello IRE 4:07.97	
2003	Colin Costello IRE 3:53.33	Matt Wood 3:59.71	
2004	Colin Costello IRE 3:49.98	Brian Markham IRE 4:11.24	
2005	Colin Costello IRE 3:55.89	Simon Lawson 4:04.37	
2006	James Mills 3:57.58	Kenny Boyd 4:09.56	
2007	Brian Markham IRE 4:03.56	Noel Collins IRE 4:09.52	
2008	Noel Collins IRE 4:04.63	Sean Bowden 4:10.07	
2009	Chris Carter 3:56.90	Stuart Ferguson 4:13.54	
2010	Paul Robinson IRE 3:52.73	Andrew Monaghan 3:57.65	
2011	Adam Cotton 3:51.43	James Lamswood 4:01.79	
2012	Matthew Fayers 3:53.20	Kyran Roberts 4:04.08	
2013	Elliott Dorey 3:56.23	Patrick Dover 3:59.70	
2014	Kyran Roberts 3:53.72	Markhim Lonsdale 4:15.07	
2015	James West 3:51.79	Markhim Lonsdale 4:01.62	
	Scot	N Ireland	Wales
2002	Jon McCallum 3:49.45	Conor Sweeney IRE 3:48.87	Matt Shone 3:53.09
2003	Iain Murdoch 3:50.07	Brian Murray IRE 3:49.38	Chris Davies 3:44.67
2004	Darren Gauson 3:54.10	Noel Pollock 4:05.39	Chris Davies 3:43.27
2005	Darren Gauson 3:56.55	Noel Pollock 3:50.17	James Thie 3:54.69
2006	Ross Toole and Kris Gauson 3:49.71	Gareth Turnbull IRE 3:49.54	Stephen Davies 3:48.64
2007	Colin Birmingham AUS 3:49.71	Paul Pollock IRE 3:56.38	Chris Gowell 3:57.62
2008	Colin Birmingham AUS 3:47.25	Gareth Hill 3:57.57	James Mills 3:55.11
2009	Colin Birmingham AUS 3:42.56	Stephen Scullion IRE 3:51.49	Chris Moss 3:48.44
2010	Alister Hay 3:57.44	James Mills 4:12.19	Gareth Turnbull IRE 4:04.69
2011	Mark Mitchell 3:51.11	Daniel Mooney IRE 3:51.72	Adam Bitchell 3:54.52
2012	Mark Mitchell 3:50.55	Conor Bradley 4:05.37	Adam Bitchell 3:49.80
2013	Kris Gauson 3:59.57	Danny Mooney IRE 3:47.51	Tom Marley 4:10.17
2014	Grant Muir 4:13.06	Danny Mooney IRE 3:43.86	Tom Marshall 3:47.56
2015	Myles Edwards 3:54.20	Danny Mooney IRE 3:59.32	Tom Marshall 4:01.3
	England	Midlands	North
2010	Nick McCormick 3:42.67	Paul Richardson 3:56.11	Darren Middleton 3:57.15
2011	James Brewer 3:51.37	Paul Richardson 3:52.72	Matt Barnes 3:51.92
2012	Steve Mitchell 3:50.8	Matthew Almond 4:00.9	Rob Watkinson 3:59.35
	South	North	
2002	Mike Skinner 3:50.15	Martin Williams 3:54.39	Phillip Tedd 3:54.27
2003	Mo Farah 3:45.57	Tom Gayle 3:54.44	Tom Doe 3:49.3
2004	Mike Skinner 3:47.57	Garry Davenport 3:56.72	Matt Barnes 3:51.90
2005	Tim Bayley 3:50.92	Tom Russell 3:55.10	Garry Bristow 3:50.57
2006	Jamie Atkinson 3:47.49	Paul Richardson 3:55.69	Garry Bristow 3:52.69
2007	Gareth Balch 3:48.03	Tim Dalton 3:54.62	Philip Hurst 3:54.78
2008	Ross Clarke 3:56.61	James Trollope 3:54.28	Nick Hooker 3:52.51
2009	Alex Tovey 3:54.57	Steve Mitchell 3:50.8	Harry Harper 3:51.6
2010	Robert Heaney 3:53.01	Sam Mitchell 3:58.4	Dan Garbutt 3:58.73
2011	Martin Mashford 3:57.60	Stuart King 3:57.06	Richard Weir 3:43.71
2012			
2013	Adam Hickey 3:51.16		
2014	Dominic Brown 3:52.21		

2015	Tom Phillips 3:54.78	Alex George 3:50.61	Dan Garbutt 3:53.91
	CAU (1 mile)		
2002	J Mayo Staffs 4:06.09		
2003	Matt Shone Kent 4:02.79		
2004	Mike Skinner Kent 4:12.43		
2005	Lee Merrien Guern 4:12.92		
2006	Nick McCormick NE Cos 4:04.07		
2007	Gareth Balch Berks 4:21.40		
2008	Stephen Davies E Wales 4:27.75		
2009	Gary Bradbury 4:14.06		
2010	Shaun Moralee NE Counties 4:06.46		
2011	Tim Egerton Cheshire 4:19.17		
2012	not held		
2013	Dan Stepney Sussex 4:14.26		
2014	Sam Mitchell Combined Serv's 4:11.96		
2015	Nick Goolab 4:08.09		

WOMEN'S 60H INDOORS

AAA/UK INDOOR CHAMPIONSHIPS

2004	Sarah Claxton 8.11	Rachel King 8.24	Derval O'Rourke IRL 8.27
2005	Sarah Claxton 7.96	Diane Allahagreen 8.03	Derval O'Rourke IRL 8.06
2006	Derval O'Rourke IRL 7.98	Sarah Claxton 8.01	Gemma Bennett 8.20
2007	Sara McGreavy 8.03	Sarah Claxton 8.05	Jessica Ennis 8.18
2008	Sarah Claxton 8.09	Sara McGreavy 8.18	Jessica Ennis 8.20
2009	Gemma Bennett 8.06	Kelly Sotherton 8.30	Zara Hohn 8.49
2010	Derval O'Rourke IRE 8.11	Gemma Bennett 8.20	Louise Hazel 8.27
2011	Gemma Bennett 8.22	Louise Wood 8.41	Gemma Werrett 8.41
2012	Jessica Ennis 7.95	Gemma Bennett 8.22	Louise Wood 8.23
2013	Derval O'Rourke IRE 8.11	Sarah Claxton 8.16	Yasmin Miller 8.25
2014	Gemma Bennett 8.20	Serita Solomon 8.24	Sarah Lavin IRE 8.25
2015	Serita Solomon 8.04	Lucy Hatton 8.06	Yasmin Miller 8.18

INDOOR AGE GROUPS

	U20	U17	U15
2004	Chanelle Garnett 8.68	Kylie Robilliard 8.67	Ashley Helsby 9.06
2005	Nicola Robinson 8.49	Serita Solomon 8.62	Stephanie Gaynor 9.11
2006	Zara Hohn 8.42	Chelsea Cooper 8.56	Chanel Taite 9.20
2007	Serita Solomon 8.38	Danielle Rooney 8.66	Grace Christopher 9.34
2008	Tale Orving NOR 8.66	Grace Christopher 8.73	Sara Otung 9.01
2009	Stephanie Gaynor 8.52	Grace Christopher 8.55	Lilyann O'Hara IRE 9.14
2010	Sandra Seaton 8.62	Yasmin Miller 8.61	Steph Clitheroe 9.06
2011	Marilyn Nwawulor 8.47	Hayley McLean 8.64	Morgan Lake 9.10
2012	Yasmin Miller 8.45	Alicia Tymon-McEwan 8.60	Alicia Barrett 8.92
2013	Yasmin Miller 8.26	Alicia Barrett 8.53	Molly Scott IRE 9.04
2014	Holly Woodward 8.48	Elizabeth Morland IRE 8.49	Amber Hornbuckle 9.11
2015	Mollie Courtney 8.64	Molly Scott IRE 8.51	Marissa Sims 8.99

WOMEN'S 100H

AAA/UK CHAMPIONSHIPS

2004	Sarah Claxton 13.21	Diane Allahagreen 13.38	Rachel King 13.39
2005	Sarah Claxton 12.96	Diane Allahagreen 13.21	Jessica Ennis 13.26
2006	Sarah Claxton 13.19w	Sara McGreavy 13.26w	Gemma Bennett 13.33w
2007	Jessica Ennis 13.25	Sarah Claxton 13.31	Gemma Bennett 13.44
2008	Sarah Claxton 13.12	Sara McGreavy 13.35	Tasha Danvers 13.36
2009	Jessica Ennis 12.87	Sarah Claxton 13.16	Zara Hohn 13.41

2010	Louise Hazel 13.32	Angie Broadbelt-Blake 13.38	Gemma Bennett 13.42
2011	Tiffany Porter 12.76	Jessica Ennis 12.96	Gemma Bennett 13.19
2012	Jessica Ennis 12.92	Tiffany Porter 13.21	Sarah Claxton 13.27
2013	Tiffany Porter 12.68	Serita Solomon 13.18	Louise Wood 13.60
2014	Tiffany Porter 12.85	Lucy Hatton 13.20	Serita Solomon 13.22
2015	Tiffany Porter 12.83	Cindy Ofili 12.96	Jessica Ennis-Hill 13.10

AGE GROUP CHAMPIONSHIPS

U23

2004	Sarah McGreavy 13.51w
2005	Gemma Bennett 13.62
2006	Katey Read 14.53w
2007	Jessica Ennis 13.04
2008	Gemma Werrett 13.32w
2009	Zara Hohn 13.37
2010	Ashley Helsby 13.39w
2011	Serita Solomon 13.53
2012	Serita Solomon 13.28
2013	Kat Johnson-Thompson 13.69
2014	Lucy Hatton 13.35
2015	Yasmin Milller 13.34

U20

Nicola Robinson 13.81
Heather Jones 13.7079w
Zara Hohn 13.75
Jade Surman 13.77
Megan Beesley 13.83w
Lauren Dewdney 13.90
Rebecca Liddell 13.79w
Katarina Johnson-Thompson 13.90
Yasmin Miller 13.74w
Yasmin Miller 13.64
Yasmin Miller 13.62
Shirin Irving 13.61

U17 (80m H)

2004	Zara Hohn 11.31
2005	Serita Solomon 11.04w
2006	Ashley Helsby 11.20w
2007	Helen van Kempen 11.38
2008	Kirsty Warland 11.32
2009	Georgia Atkins 11.28
2010	Yasmin Miller 11.02
2011	Shirin Irving 11.29
2012	Shirin Irving 11.36
2013	Alicia Barrett 11.01
2014	Alicia Barrett 10.87w
2015	Holly Mills 11.32

U15 (75m H)

Serita Solomon 11.24
Helen van Kempen 10.91
Jenny White 11.40
Grace Christopher 11.16
Yasmin Miller 11.45
Hayley McLean 11.13
Alicia Tymon-McEwan 11.07
Ashley Kirsopp 11.20
Alicia Barrett 11.24
Molly Scott IRE 10.96
Pippa Earley 11.12w
Pippa Earley 10.93

Scot

2004	Alyssa Fullelove 13.84
2005	Alyssa Fullelove 13.93w
2006	Alyssa Fullelove 13.85
2007	Alyssa Fullelove 13.83
2008	Alyssa Fullelove 14.14
2009	Holly Belch 14.86
2010	Gemma Werrett 15.13
2011	Catriona Pennet 14.45
2012	Hazel Ross 14.54
2013	Gemma Werrett 13.88
2014	Hazel Ross 14.75
2015	Hazel Ross 14.52

N Ireland

Tamsin Stephens 13.83w
Catriona Pennet 14.16
Geraldine Finnegan 16.00
Debbie Porteous 15.76w
Aimee McNeilly 15.02
Aimee McNeilly 14.92
Karyn Dummigan 17.66
Aimee McNeilly 15.37
Catriona Pennett 15.23
Laura Frey 16.51
Sarah Connolly 14.38

Wales

Victoria Consterdine 16.47
Heather Jones 13.67
Sarah Lane 14.36
Heather Jones 14.20
Heather Jones 14.35
Heather Jones 13.98
Heather Jones 14.15
Caryl Granville 14.26
Caryl Granville 14.34
Caryl Granville 14.16
Rosie Kingston 14.73
Catherine McManus IRE 14.53

England

2010	Zara Hohn 13.57
2011	Angie Broadbelt-Blake 13.12w
2012	Serita Solomon 13.62

South

2004	Julie Pratt 13.53
2005	Julie Pratt 13.66
2006	Sarah Claxton 13.25
2007	Nusrat Ceesay 14.18

Midlands

Claire Pearson 13.95
Joanna Thorn 14.35
Nicola Robinson 14.23
Ros Gonse 14.69

North

Grace Smith 14.23w
Sharon Walls 13.52
Jessica Ennis 13.51
Katey Read 13.59w

2008	Gemma Bennett 13.74	Phyllis Agbo 13.87w	Zara Hohn 13.98
2009	Angelita Broadbelt-Blake 13.65	Nicola Robinson 14.23	Helen Asher 14.23
2010	Serita Solomon 13.97	Louise Hazel 13.68	Ashley Helsby 14.02
2011	Serita Solomon 14.57	Lauren O'Reilly 14.53	Ashley Helsby 13.50
2012		Jade Surman 14.13	Yasmin Miller 14.09
2013	Gemma Bennett 13.57	Lucy Hatton 14.18	Karla Drew 13.47
2014	Angie Broadbelt-Blake 13.44w	Dionne Samuels 15.30	Karla Drew 13.68
2015	Bethany Close 13.91	Niamh Bailey 14.41	Zara Hohn 14.00

CAU

2004	Julie Pratt Essex 13.63
2005	Julie Pratt Essex 13.29
2006	Gemma Bennett Essex 13.18
2007	Sara McGreavy Warwks 13.45
2008	Sara McGreavy Warwks 13.82
2009	Zara Hohn Yks 13.59
2010	Zara Hohn Yorks 13.47
2011	Gemma Bennett Essex 13.27
2012	Serita Solomon Kent 13.42
2013	Serita Solomon Kent 13.17w
2014	Karla Drew Yorks 13.60w
2015	Serita Solomon Kent 13.01

WOMEN'S 400H

AAA/UK CHAMPIONSHIPS

2004	Katie Jones 58.26	Nicola Sanders 58.63	Sian Scott 59.97
2005	Nicola Sanders 55.61	Lee McConnell 56.06	Liz Fairs 56.84
2006	Natasha Danvers-Smith 55.58	Lee McConnell 55.82	Michelle Carey IRE 56.68
2007	Natasha Danvers-Smith 55.43	Lee McConnell 56.91	Eilidh Child 57.15
2008	Perri Shakes-Drayton 56.09	Tasha Danvers 57.00	Eilidh Child 57.83
2009	Nusrat Ceesay 57.13	Helen Douglas 57.50	Sian Scott 57.71
2010	Perri Shakes-Drayton 56.93	Meghan Beesley 57.20	Caryl Granville 58.93
2011	Perri Shakes-Drayton 55.52	Eilidh Child 56.48	Meghan Beesley 57.52
2012	Perri Shakes-Drayton 55.45	Eilidh Child 55.53	Meghan Beesley 57.28
2013	Perri Shakes-Drayton 54.36	Eilidh Child 54.90	Meghan Beesley 55.39
2014	Eilidh Child 55.58	Meghan Beesley 56.12	Hayley McLean 56.43
2015	Eilidh Child 55.57	Meghan Beesley 56.81	Hayley McLean 58.60

AGE GROUP CHAMPIONSHIPS

U23		U20		U17 (300H)	
2004	Nicola Sanders 59.08	Faye Harding 60.42		Claire Triggs 42.64	
2005	Sian Scott 57.45	Eilidh Child 59.78		Perri Shakes-Drayton 42.44	
2006	Sian Scott 58.49	Perri Shakes-Drayton 59.29		Meghan Beesley 41.41	
2007	Eilidh Child 57.81	Meghan Beesley 57.53		Nicola Hill 44.50	
2008	Eilidh Child 59.18	Meghan Beesley 60.92		Megan Rogers 43.16	
2009	Perri Shakes-Drayton 55.34	Lauren Bouchard 59.76		Megan Rogers 43.19	
2010	Ese Okoro 59.41	Christine McMahon IRE 59.66		Hayley McLean 43.38	
2011	Caryl Granville 58.43	Megan Southwart 59.49		Claire Murphy IRE 42.25	
2012	Megan Southwart 59.06	Aisha Naibe-Wey 61.00		Shona Richards 41.84	
2013	Abigayle Fitzpatrick 58.93	Hayley McLean 58.70		Katie Purves 42.95	
2014	Hayley McLean 56.74	Shona Richards 57.61		Michelle Hughes 43.22	
2015	Shona Richards 57.24	Katie Purves 60.0		Lauren Williams 42.52	

Scot		N Ireland		Wales	
2004	Eilidh Child 59.53	Vicki Jamieson 59.73		Kate Williams 60.34	
2005	Avril Jackson 63.58	Rowena Fair 74.63		Anwen Rees 59.13	
2006	Lisa Doyle 59.60	Aissata Soulama BUR 59.69		Anwen Rees 58.88	
2007	Eilidh Child 58.08	Roisin Neary 68.05		Anwen Rees 58.71	
2008	Eilidh Child 56.84	Nicola Hill 66.93		Emma Peters 60.45	

2009	Avril Jackson 60.91	Christine McMahon IRE 65.36	Emma Peters 60.62
2010	Avril Jackson 63.53	Christine McMahon IRE 64.58	Caryl Granville 59.99
2011	Avril Jackson 64.68	Mandy Gault 65.21	Caryl Granville 58.99
2012	Avril Jackson 63.86	Christine McMahon IRE 61.79	Caryl Granville 59.29
2013	Caryl Granville 59.63	Mandy Gault 59.74	Caryl Granville 58.49
2014	Katie Purves 60.21	Mandy Gault 60.48	Emma Hennessy 68.73
2015	Hayley McLean 59.31	Kellyann Doyle 63.93	Sian Davies 62.58

England

2010 Hannah Douglas 58.51
2011 Emily Parker 58.04
2012 Emily Bonnett 59.15

South

2004 Susie Williams 60.51
2005 Jennifer Culley 60.69
2006 Emma Duck 56.65
2007 Nusrat Ceesay 57.51
2008 Perri Shakes-Drayton 57.69
2009 Hannah Douglas 57.98
2010 Hannah Douglas 59.90
2011 Tracey Duncan 58.57
2012
2013 Emily Bonnett 59.55
2014 Mandy Gault 59.87
2015 Philippa Lowe 59.13

Midland

Michelle Thomas 61.09
Michelle Thomas 59.31
Michelle Thomas 57.98
Sarah Adams 58.52
Justine Kinney 59.39
Michelle Thomas 64.47
Jade Surman 60.74
Ese Okoro 59.39
Emma Peters 61.45
Hattie Dent 65.33
Sian Davies 60.84
Sian Davies 61.84

North

Katie Jones 60.45
Laura Curtis 61.61
Jackie Fowell 63.55
Nisha Desai 61.70
Nisha Desai 62.80
Nisha Desai 61.04
Nisha Desai 61.04
Nisha Desai 59.89
Nisha Desai 59.64
Jessica Turner 60.12
Nisha Desai 59.51
Nisha Desai 60.60

CAU

2004 Jennifer Culley Surrey 60.16
2005 Liz Fairs Derbys 59.45
2006 Hannah Stares Bucks 60.99
2007 Hannah Stares/Douglas Bucks 60.98
2008 Hannah Douglas Bucks 60.44
2009 Eilidh Child E Scot 55.52
2010 Hannah Douglas Bucks 60.48
2011 Ese Okoro Warks 59.76
2012 Caryl Granville W Wales 58.62
2013 Hayley McLean Essex 58.98
2014 Jessica Tappin Leics 59.22
2015 Jessica Tappin Leics 58.13