

N U T S N O T E S

Vol 14 No 3 Editor: A Huxtable 78 Toynbee Road LONDON SW20 8SR Autumn 1976
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EDITORIAL

I should like to convey the warm thanks of Peter Matthews to all compilers for producing their 1976 lists so promptly; we hope you can manage to get the index cards in on schedule too! At the risk of appearing to be unreasonably optimistic, the annual ought to be published on target next year. We hope to hold the price at £1.00, but higher printing costs are expected and an increase may be unavoidable.

We hope to have the next issue out before Christmas, and it is planned to include deep UK all time 10,000m lists of best performers and performances. If you have any item for inclusion please let me have it by 4 December.

MISCELLANY

Ø If anyone is interested in assisting in the compilation of European Junior lists for the period 1946-58 by supplying UK marks, please write to: Einar Otto Øren, PO Box 121, Blindern PO, Oslo 3, Norway/Norge (until June 1977).

Ø Charles Elliott reports that his Report on the 1976 Olympic Games (T&F) will be "bigger and better in both quality and content" than the 1972 Report. The cost is £5.50, including postage and packing, and orders with remittances should be sent to: Arena Publications Ltd, 325 Streatham High Road, LONDON SW16 3NS.

TWO-LAP SYNDROME by Les Crouch

During a lull in the Trials this year, I read the programme!! This brought to my attention the number of two-lap specialists who held significant posts in track, e.g. Derek Johnson (IAC), followed by those "active" on that day, Mike Farrell, Mike Rawson, Brian Hewson, Mike Fleet, Dave Cropper, Pat Lowe and Diane Leather. Even if I have omitted some, one wonders what, if any, causes this event to throw up this apparently disproportionate number of post-career activists.

As a further point of interest during one of the trial days I counted no less than 89 persons on the grass centre. Such lack of discipline makes for a "messy" meeting and in my view is indefensible at this level.

More quickies: "Is it true that Ladbrokes offer 100-1 against the European Championships ever being held in the UK and 50-1 against the Commonwealth Games?" Recent correspondence concerning e.g. training methods. Did not Marea say, or at least suggest, all track and field, whereas the BMC are only defending middle/long distance running? It could be argued that as a generalisation she is correct. A personal view would be that a greater number of girls in GDR "take up" track and field and therefore that country is more likely to produce natural talent which can be coached.

WORLD TOP-10 AVERAGES (Men) by Richard Hymans

Start 4/76 lists the World Top-10 Averages for the leading 50 as at the end of 1975; these have been updated and summarised for the leading 10 as at 31 October. The placing in top 50 at the end of 1975 is shown in parentheses.

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|--------------------|-----------|---------------------|------------|---------------------|-------------|
| <u>100m</u> Greene | 9.868 (1) | <u>200m</u> T Smith | 19.931 (1) | <u>400m</u> L Evans | 44.550 (1) |
| S Williams | 9.902 (2) | Quarrie | 19.947 (2) | J Smith | 44.604 (2) |
| J Hines | 9.920 (3) | S Williams | 19.957 (4) | Collet | 44.724 (2) |
| Borzov | 9.927 (4) | Carlos | 20.016 (3) | Mathews | 44.740 (4) |
| Glance | 9.927 (-) | Menea | 20.082 (5) | Newhouse | 44.810 (7) |
| L Miller | 9.950 (5) | Black | 20.167 (6) | Juantorena | 44.839 (8) |
| Riddick | 9.956 (8) | Gilkes | 20.233 (7) | James | 44.915 (5) |
| Leonard | 9.968 (6) | Norman | 20.264 (8) | Brydenbach | 45.055 (16) |
| Quarrie | 9.977 (9) | Carr | 20.299 (9) | Honz | 45.100 (6) |
| (Hayes | 9.985 (7) | D Evans | 20.312 (-) | Brown | 45.125 (9) |
| (Crawford | (19) | | | | |

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|-------------|---------|------|--------------|---------|------|--------------|----------|------|
| <u>800m</u> | | | <u>1500m</u> | | | <u>5000m</u> | | |
| Wolhuter | 1:44.13 | (1) | Walker | 3:34.00 | (1) | Puttemans | 13:18.99 | (1) |
| Boit | 1:44.29 | (2) | Bayi | 3:35.49 | (2) | Prefontaine | 13:23.56 | (2) |
| Susanj | 1:45.15 | (4) | Ryun | 3:36.05 | (3) | Clarke | 13:24.36 | (3) |
| Van Damme | 1:45.16 | (43) | Keino | 3:36.46 | (4) | Quax | 13:24.81 | (16) |
| Malan | 1:45.25 | (3) | Dixon | 3:36.84 | (5) | Viren | 13:24.86 | (4) |
| Kiprugut | 1:45.65 | (5) | Wessinghage | 3:36.99 | (26) | B Foster | 13:25.21 | (14) |
| Fiascanaro | 1:45.67 | (6) | Jipcho | 3:37.27 | (6) | Keino | 13:27.46 | (5) |
| Kipkurgat | 1:45.67 | (8) | Liquori | 3:37.48 | (7) | Boro | 13:28.06 | (6) |
| Arzhanov | 1:45.68 | (7) | Malan | 3:37.58 | (23) | I Stewart | 13:28.15 | (7) |
| Fromm | 1:45.77 | (9) | Crouch | 3:37.72 | (9) | K Kvalheim | 13:28.57 | (27) |

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|----------------|----------|------|----------------|---------|------|--------------|--------|------|
| <u>10,000m</u> | | | <u>3000mSt</u> | | | <u>110mH</u> | | |
| Shorter | 28:00.70 | (3) | Gärderud | 8:13.37 | (1) | Drut | 13.101 | (2) |
| Bedford | 28:01.38 | (1) | Malinowski | 8:14.50 | (2) | Milburn | 13.104 | (1) |
| Clarke | 28:01.90 | (2) | Kantanen | 8:18.25 | (4) | Davenport | 13.200 | (3) |
| Viren | 28:02.21 | (6) | Karst | 8:19.58 | (3) | Casanas | 13.223 | (6) |
| Puttemans | 28:04.97 | (4) | Baumgartl | 8:21.40 | (-) | C Foster | 13.227 | (4) |
| Haro | 28:08.76 | (5) | Glans | 8:21.97 | (20) | Munkelt | 13.254 | (9) |
| Simmons | 28:08.92 | (12) | Jipcho | 8:23.12 | (5) | Siebeck | 13.255 | (6) |
| Smet | 28:11.54 | (26) | Fava | 8:23.74 | (6) | Hill | 13.268 | (5) |
| Haase | 28:14.00 | (7) | Cefan | 8:24.05 | (10) | Hall | 13.310 | (8) |
| Päivärinta | 28:18.36 | (18) | Campos | 8:24.80 | (18) | M Wodsinski | 13.388 | (10) |

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|--------------|--------|-----|--------------|-------|------|-------------|-------|------|
| <u>400mH</u> | | | <u>HJ</u> | | | <u>PV</u> | | |
| Bolding | 48.421 | (1) | Stones | 2.291 | (1) | S Smith | 5.535 | (1) |
| Moses | 48.550 | (-) | Ni Chih-Chin | 2.258 | (2) | Kozakiewicz | 5.534 | (4) |
| Akii-Bua | 48.618 | (2) | Wszola | 2.252 | (16) | Roberts | 5.531 | (6) |
| Pascoe | 48.725 | (4) | Brumel | 2.250 | (3) | Ripley | 5.495 | (-) |
| Mann | 48.737 | (3) | T Woods | 2.245 | (4) | Bell | 5.493 | (21) |
| Nallet | 49.180 | (5) | Shapka | 2.230 | (5) | Slusarski | 5.489 | (12) |
| Hemery | 49.200 | (6) | Joy | 2.228 | (-) | Isaksson | 5.489 | (2) |
| Gavrilenko | 49.262 | (8) | Radetich | 2.227 | (15) | Seagren | 5.468 | (3) |
| Wheeler | 49.311 | (-) | Senyukov | 2.225 | (40) | Buciariski | 5.457 | (7) |
| Whitney | 49.313 | (7) | Beilschmidt | 2.224 | (14) | Kalliomäki | 5.445 | (14) |

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|---------------|-------|------|--------------|--------|------|-------------|--------|------|
| <u>LJ</u> | | | <u>TJ</u> | | | <u>SP</u> | | |
| Beamon | 8.304 | (1) | Sanyeyev | 17.303 | (1) | Oldfield | 21.932 | (1) |
| Boston | 8.294 | (2) | Drehmel | 17.045 | (2) | Feuerbach | 21.606 | (2) |
| Ter-Ovanesyan | 8.236 | (3) | Corbu | 16.955 | (3) | G Woods | 21.480 | (4) |
| Robinson | 8.209 | (9) | Joachimowski | 16.935 | (4) | Matson | 21.438 | (3) |
| Stekic | 8.181 | (6) | J Schmidt | 16.857 | (5) | Barishnikov | 21.322 | (17) |
| Cybulski | 8.171 | (4) | Haynes | 16.834 | (19) | Capes | 21.195 | (10) |
| H Hines | 8.131 | (5) | Bariban | 16.789 | (6) | Briesenick | 21.189 | (5) |
| R Williams | 8.121 | (8) | Dudkin | 16.779 | (7) | Gies | 21.038 | (7) |
| Davies | 8.120 | (7) | Oliveira | 16.779 | (43) | DeBernardi | 20.995 | (6) |
| Baumgartner | 8.107 | (10) | Perez | 16.759 | (11) | Rothenburg | 20.993 | (9) |

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| <u>DT</u> | | | <u>HT</u> | | | <u>JT</u> | | |
| Wilkins | 68.968 | (7) | Riehm | 77.644 | (1) | Lusis | 91.412 | (1) |
| Bruch | 67.976 | (1) | Seydykh | 77.104 | (20) | Hovinen | 90.922 | (6) |
| Silvester | 67.310 | (2) | Spiridonov | 76.642 | (5) | Siitonen | 90.820 | (2) |
| Powell | 67.281 | (4) | E Schmidt | 76.632 | (2) | Nevala | 90.590 | (3) |
| W Schmidt | 67.206 | (11) | Dmitrenko | 76.328 | (3) | Nemeth | 89.666 | (8) |
| Van Reenen | 66.939 | (3) | Phakadze | 75.956 | (7) | Kinnunen | 89.524 | (4) |
| Danek | 66.592 | (5) | Bondarchuk | 75.948 | (4) | Wolferrmann | 89.014 | (5) |
| Pachale | 66.108 | (8) | Sachse | 75.406 | (6) | Murro | 87.077 | (7) |
| F Kahma | 66.072 | (6) | Theimer | 73.824 | (9) | Jaakola | 86.818 | (17) |
| Vollmer | 65.099 | (9) | Khemelevskiy | 73.808 | (8) | Boros | 86.064 | (21) |

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WANTED: Decathlon results for UK before 1974 from Club to International
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