

YEAR BY YEAR CAREER MARKS: EVENT BOOK UPDATES

Updates on the year by year careers marks contained in the following events books (date in brackets is the last date of featured careers marks) – books cover men’s and women’s lists unless stated:

Men’s 400m (1998)	Triple Jump (2001)	Women’s 100H (2003)	Shot Put (2005)
Javelin (1998)	Men’s 1500m (2001)	Women’s 400H (2003)	Pole Vault (2007)
High Jump (2000)	Discus (2002)	Long Jump (2004)	Hammer (2010)

400 METRES (MEN)

TIM BENJAMIN: 1997: 48.9, 1998: 48.5

	ROBERT TOBIN	MARTYN ROONEY	TIM BENJAMIN	CONRAD WILLIAMS	RICHARD STRACHAN	GRAHAM HEDMAN	RICHARD BUCK	MALACHI DAVIS	MICHAEL BINGHAM
1999	49.05		48.88i			48.1			
2000	48.22					48.27			
2001	47.10		46.10		52.96	47.63	52.32		
2002	46.80		45.73	47.48	50.27	46.37	49.17		
2003	46.97	49.4	45.27	47.01	48.47	46.47	47.71		
2004	45.89	47.49	45.04	46.83	48.3	46.39	47.00	45.52	
2005	45.01	46.44	44.56	46.73	47.69	45.88	46.47	45.60	47.01
2006	45.74	45.35	45.38	47.56	46.33	45.84	46.59	47.31	46.13
2007	45.90	45.47	45.28	46.35	46.28	46.31	46.13	46.60	45.57
2008	46.17	44.60	47.94	46.37	46.33	46.58	46.23	46.82	45.71
2009	45.15	45.35	45.51	45.63	45.74	46.12	46.22i		44.74
2010	45.56	44.99		45.45	47.85	46.17	46.23		44.84
2011	45.72	45.30		45.63	45.70	46.30	45.99		45.42
2012	45.47	44.92		45.08	46.08	46.15	45.61	47.98	45.87
2013		45.05		45.59	45.48		45.88		45.37
2014		44.71		45.46	46.59		46.09i		45.13
2015		44.45		45.06	47.93		45.99		45.63

	ANDREW STEELE	DANIEL CAINES	IWAN THOMAS	JAMIE BAULCH	MARK HYLTON	SEAN BALDOCK	JARED DEACON	DU'AINE LADEJO	MARK RICHARDSON
1999	51.4	47.29i		44.82	45.99	46.17	44.88	45.93	44.47
2000		45.37	45.82	45.06	46.24	45.20	45.69		44.72
2001	48.62	45.58	45.70	46.15	46.09	46.35	46.56		45.14
2002	47.36	44.98	46.48	46.01	46.18	45.71	45.57	46.05	
2003	47.67	45.29	45.58	45.99i	47.07i	45.87	46.39	45.93	46.93
2004	46.46A	45.29	46.12	45.69	46.82	45.92	45.86	46.14	
2005	46.36	46.58	46.68		47.04	48.02	46.87		NIGEL LEVINE
2006	46.21	46.51i						48.52	
2007	45.31	45.99		JARRYD DUNN					46.31
2008	44.94		47.28						46.40
2009									45.78
2010	45.99			48.32					46.45
2011	45.94			46.88					45.85
2012	45.83			46.00					45.11
2013	46.25			46.91					45.23
2014	45.69			46.18					45.68
2015	45.90			45.09					45.84

	CHRIS CLARKE	LUKE	DAI	JAMIE	LOUIS	MATTHEW	
2004	51.1	LENNON-	GREENE	JACK	BOWIE	PERSENT HUDSON-	
2005	47.55	FORD	47.56	GREEN	50.86	SMITH	
2006	47.18	48.90	47.13	51.86	51.02	48.33	
2007	46.70	49.00	46.81	49.2	48.79	47.64	
2008	46.93	48.61		49.7	48.86	46.71	
2009	45.59	47.11		47.8	47.26	46.73	52.09
2010	46.31	46.70	46.38	47.94	47.24	46.56	
2011	45.61	45.56	45.82	46.91i	46.78	47.11	50.61
2012	46.02	45.23		45.99	46.94	45.77	
2013		45.90		46.46	46.06	47.66	48.76i
2014		46.16i			46.18		44.75
2015	47.37	47.24i			46.38	48.81	45.09

MEN'S 1500 METRES

JOHN MAYOCK: 1987: 4:00.02, 1988: 3:48.46, 1989 3:45.9, 1990: 3:48.05, 1991: 3:41.68, 1992: 3:37.36
1993: 3:37.76

	MICHAEL	TOM	JOHN	JAMES	NICK	MO	COLIN	ANDREW
	EAST	LANCASHIRE	MAYOCK	THIE	McCORMICK	FARAH	McCOURT	GRAFFIN
1994	ANDY	4:02.60	3:37.20					3:59.68
1995	BADDELEY		3:34.05			4:43.9		3:48.9
1996	4:18.1	3:50.48	3:33.38	3:54.94				3:47.8
1997		3:47.48	3:31.86	3:48.5		4:06.41		3:46.3
1998	4:01.5	3:44.86	3:32.82	3:45.8	3:58.24	3:57.67		3:45.3
1999	3:52.59	3:42.37	4:19.4	3:33.97	3:43.15	3:48.07	3:55.78	3:42.0
2000	3:46.36	3:40.13		3:34.69	3:42.85	3:45.19	3:49.60	3:36.18
2001	3:52.15	3:38.94	3:55.77	3:34.43	3:44.51	3:46.84	3:46.1	3:54.54
2002	3:45.96	3:37.35	3:48.91	3:34.89	3:41.06	3:42.73	3:47.78	3:44.67
2003	3:45.87	3:35.49	3:44.70	3:37.59	3:41.18i		3:43.17	3:45.09
2004	3:39.11	3:32.37	3:42.48	3:36.55	3:37.06	3:39.50	3:43.4+	3:43.91
2005	3:36.43	3:33.32	3:38.92	JAKE	3:39.54i	3:33.9+	3:38.62	3:41.36
2006	3:36.72	3:40.64	3:40.62	WIGHTMAN	3:41.14i	3:38.04	3:38.02	3:38.51
2007	3:34.74		3:40.60	4:45.66	3:42.75	3:38.46	3:45.8i+	CHARLIE GRICE
2008	3:34.36+	3:36.48	3:35.33	4:32.69	3:41.17	3:37.75	3:39.66	3:49.62
2009	3:35.07		3:34.29	4:22.47	3:44.38	3:41.47	3:33.98	3:37.55
2010	3:34.50		3:33.96	4:13.89	3:40.97	3:37.97		3:37.06
2011	3:36.47			3:59.37	3:43.13	3:37.00		3:38.71i
2012	3:35.19		3:38.00	3:51.74	3:43.14	3:40.80	3:34.66	3:45.21
2013	3.58.7 Mile		3:46.75i+	3:43.74	3:44.25	3:43.99	3:28.81	
2014			3:42.38	3:35.49	3:47.12	3:47.12		
2015			3:38.02	3:40.05			3:28.93	3:35.29

ANTHONY WHITEMAN: 1990: 4:14, 1991 c3:54, 1992: 3:47.1, 1993: 3:36.1, 1994: 3:41.92, 1995: 3:41.28
1996: 3:34.47, 1997: 3:32.34, 1998: 3:32.69, 1999: 3:37.02, 2000: 3:34.93

	ANTHONY	CHRIS	LEE	JAMES	JAMES	ROSS	NEIL	JERMAINE	RICHARD
	WHITEMAN	O'HARE	EMANUEL	BREWER	SHANE	MURRAY	SPEIGHT	MAYS	PETERS
2001	3:34.88		4:00.20					3:52.7	
2002	3:32.43		3:50.06	4:24.3	5:05.0		3:44.89	3:48.15	
2003	3:35.49	4:40.5	3:55.27	4:17.7	4:32.14	4:57.8	3:41.49	3:44.85	
2004	3:37.60			3:59.4	4:07.15	4:32.5		3:51.37	4:12.79
2005		4:28.18		4:07.3	3:52.68	4:16.49	3:40.62	3:47.61	4:03.63
2006		4:05.56	4:03.6	3:54.8	3:53.58	3:59.72	3:38.65	3:44.05	3:53.60
2007		4:01.68	3:44.83	3:46.77	3:52.78	3:51.75	3:38.33	3:39.85	3:53.69
2008		3:50.54	3:40.77	3:41.89i	3:45.29	3:47.50	3:39.56	3:45.60	3:48.28
2009		3:48.99	3:37.25	3:37.17		3:43.93	3:39.17i	3:39.92	
2010	3:50.72i	3:46.33	3:38.79	3:41.46	3:42.81	3:43.51	3:48.08	3:39.84	3:45.53
2011	3:42.40	3:42.54	3:41.91	3:41.10	3:36.22			3:43.15	3:58.26i Mile
2012	3:42.02	3:37.95		3:38.03i		3:34.76		3:41.57	3:42.69
2013	3:45.21	3:35.37	3:36.55	3:41.22	3:38.77				3:37.67
2014	3:47.28	3:35.06	3:38.99i		4:03.0	3:41.96			3:38.83
2015	3:43.99	3:34.83	3:35.66	3:46.25		3:37.76		3:46.34	3:45.13

WOMEN'S 100 M HURDLES

DIANE ALLAHGREEN: 2004: 13.23, 2005: 13.21, RACHEL KING 2004: 13.4w/13.18
DENISE LEWIS: 2004: 13.40

	ANGELITA								
	SARAH CLAXTON	SARA McGREAUVY	LOUISE HAZEL	NATASHA DANVERS	BROADBELT -BLAKE	ZOE HOHN	TIFFANY PORTER	JESSICA ENNIS	JULIE PRATT
2004	12.91w/13.01	13.46w/13.54	14.28	13.46	14.83	14.01	UK from 2011	13.57	13.26w/13.30
2005	12.96	13.56	13.66		14.97	13.88	14.19	13.26	13.29
2006	12.93	13.20	13.20w/13.44		14.92	13.62	13.15w/13.37	13.19	13.47
2007	13.00	13.23w/13.45	13.61w/13.76		14.12	14.26	12.80	12.97	14.24
2008	12.81	13.28	13.77	13.25	13.88	13.52	12.73	13.36	LUCY HATTON
2009	12.86	13.60	13.48w/13.50	13.39	13.42	13.26w/13.37	12.57w/12.77	12.81	11.37 (75)
2010		13.47	13.25		13.20	13.41	12.85	12.85	
2011	13.20	13.34w/13.46	13.24		13.07w/13.18	13.75	12.56	12.79	11.23 (80)
2012	13.16		13.41		13.63	13.84	12.47w/12.65	12.54	
2013					13.75		12.55	13.08	13.62
2014	14.37				13.66	14.90	12.51		13.20/13.17w
2015					13.36	13.74	12.56	12.79	12.84

	GEMMA WERRETT	SERITA SOLOMON	GEMMA BENNETT	LOUISE WOOD	KELLY SOTHERTON	YASMIN MILLER	ASHLEY HELSEBY	KATARINA JOHNSON THOMPSON
2004		11.21 (75H)	13.53w/13.79		13.29			
2005		14.41	13.59		13.27		11.2 (80H)	
2006	16.06	14.14	13.17	14.69	13.22	11.6 (70H)	11.20w/11.4 (80)	
2007	14.17	14.2	13.29	14.5	13.21	11.09w/11.29(70)	13.88	11.79 (75H)
2008	13.32w/13.37		13.02	14.27	13.18	11.1w/11.34 (75H)	-	15.31
2009	14.44	13.89	13.40	13.70		11.04 (75H)	14.00	14.65
2010	13.63	13.82	13.31	13.68		11.02 (80H)	13.50	14.5
2011		13.27	13.08	13.34w/13.37		13.90	13.13w/13.28	13.90
2012	13.70	13.28w/13.28	13.41	13.24	13.96	13.74w/13.77	13.29	13.48
2013	13.66w/13.84	13.09	13.39	13.40		13.44		13.48
2014	13.68	13.22	13.47	13.44		13.13		13.41
2015		12.87				13.34		13.37

CINDY OFILI

2013	13.34
2014	12.93
2015	12.60

WOMEN'S 400M HURDLES

EILIDH CHILD: 2002 42.21 (300), 2003 59.8 mixed comp

	TRACEY DUNCAN	EILIDH CHILD/ DOYLE	PERRI SHAKES DRAYTON	MICHELLE THOMAS	EMMA DUCK	MEGHAN BEESLEY	NISHA DESAI	CARYL GRANVILLE	ESE OKORO
2004	58.80	59.53	43.29 (300)	59.87	59.1		63.08		
2005		59.78	41.48 (300)	58.5	57.06	42.26 (300)	63.40	64.57 43.73 (300)	
2006		59.7	57.52	59.78	55.70	60.18	61.55	61.55 42.65 (300)	
2007	63.10	57.11	56.46	62.12	57.26	57.33	60.78	60.89 65.8	
2008	62.7	56.84	56.09	61.72		57.08	60.13	60.89	
2009	60.46	55.32	55.26	61.87		57.30	59.71	59.95 59.49	
2010	58.59	55.16	54.18			56.65	59.71	58.36 59.18	
2011	57.90	55.67	54.62	63.39	ASHANTE	55.69	59.07	57.61 58.80	
2012	58.87	54.96	53.77		LITTLE	56.54	58.75	57.95 57.60	
2013		54.22	53.67			54.97	58.21	57.19 57.21	
2014		54.39			58.51	55.55	58.21	58.39 56.67	
2015		54.46			56.69	54.52	59.03		

	NATASHA DANVERS	NICOLA SANDERS	KATIE JONES	NUSRAT CEESAY	LEE McCONNELL	LIZ FAIRS	HANNAH STARES/ DOUGLAS	SIAN SCOTT	EMILY BONNETT
2004		58.28	58.26	59.9		56.73	59.86	59.03	44.03 (300H)
2005	57.47	55.61	57.29		56.06	56.65	60.06	56.42	
2006	54.82	55.32			55.25	56.91	59.2	58.05	
2007	54.08	ABIGAYLE		57.37	56.04	57.88	58.87		61.33
2008	53.84	FITZPATRICK	58.68	57.76	HAYLEY	LAURA	58.43	57.58	60.9
2009	55.19	63.3	SHONA	57.13	McLEAN	WAKE	57.50	57.71	
2010	56.44	61.15	RICHARDS	58.91	62.59	62.8	58.4		61.66
2011		58.38	43.86 (300H)		58.74	60.10			61.00
2012		60.44	60.88		58.57	58.79			58.66
2013		57.52	58.33		57.26	57.26			57.95
2014			56.16		56.43	57.17			60.81
2015		60.88	56.05		58.36				64.68

AISHA NAIBE-WEY 2010: 71.2, 2011: 64.77, 2012: 60.33, 2013: 61.06, 2014: 58.48, 2015: 57.26

JESSICA TURNER 2011: 67.1, 2012: 60.52, 2013: 58.74, 2014: 58.44, 2015: 57.43

MEN'S HIGH JUMP

RICHARD ASPDEN: 1991: 1.86, 1992: 1.94, 1993: 2.05, 1994: 2.00, 1995: 2.16, 1996: 2.15, 1997: 2.15i, 1998: 2.10

	MARTYN BERNARD	TOM PARSONS	DALTON GRANT	ROB MITCHELL	MARTIN LLOYD	BEN CHALLENGER	RICHARD ASPDEN	JAMES BRIERLEY
1998								
1999	SAMSON	1.81			2.14	2.15	2.30	2.17i
2000	ONI	2.00	1.95		2.20	2.07		2.10
2001	2.20i	2.06	2.01	2.26i	2.25	2.05	2.26	2.05
2002	2.00i	2.21	2.10	2.26	2.15	2.10	2.26	2.14
2003	2.18	2.17	2.18	2.25i		2.10	2.24	2.10
2004	2.20i	2.27	2.20	2.24	2.20	2.10	2.25i	2.15
2005	2.20	2.24	2.23	2.10	2.20	2.10i	2.27	2.06i
2006	2.24	2.26	2.24	2.00	2.20	2.16	2.15i	
2007	2.28	2.30i	2.29		2.23i	2.21	2.15i	ALLAN SMITH
2008	2.30	2.30	2.30	2.15A	2.23i	2.20	2.10	
2009	2.29i	2.27i	2.27	2.08i	2.24i	2.18	2.10	1.89
2010	2.30i	2.29	2.28	1.95	2.07i	2.16i		1.80
2011	2.27	2.28	2.31i		2.05	2.09	2.15	
2012	2.31i	2.28	2.25		2.06	2.10	2.13	1.80
2013	2.22i		2.28		2.12i	2.00		
2014		2.22	2.30i		2.00			
2015		2.16	2.20i					2.29i

	GERMAINE MASON	IAN HOLLIDAY	ADAM SCARR	ROBBIE GRABARZ	CHRIS BAKER	DANNY GRAHAM	MATT ROBERTS	MIKE EDWARDS	NICK STANISAVLJEVIK
1998	2.08								
1999	2.09	2.10							
2000	2.24	2.12							
2001	2.17	2.10				2.21			
2002	2.27	2.14i	2.00	1.75					1.97
2003	2.34	2.17	2.11		CHRIS BAKER	DAVID SMITH	1.95	EDWARDS	2.05
2004	2.27i	2.02i	2.16	2.00			2.05		2.15
2005	2.27		2.18	2.22	1.87		2.12		2.15
2006	2.31		2.25	2.20i	1.96		2.15i		2.20
2007	2.30	CHRIS	2.24	2.21	2.05		2.15		2.11i
2008	2.34	KANDU	2.23	2.27	2.10	1.95i	2.11	2.14	2.20
2009	2.31		2.10	2.23i	2.05	2.02i	2.20	2.16	2.17
2010		1.90	2.22i	2.28	2.10	2.11	2.26	2.16i	
2011	2.12	2.06		2.28	2.16i	2.22	2.18i	2.19i	2.08
2012		2.08i		2.37	2.20i	2.19i	2.17	2.20	2.05
2013		2.18		2.31	2.22	2.20	2.20	2.18	
2014		2.24		2.27i	2.28i	2.25	2.22	2.22i	
2015		2.26i		2.28	2.20	2.26i	2.25	2.25	

WOMEN'S HIGH JUMP

	SUSAN JONES/ MONCRIEFF	JULIA BENNETT/ MACHIN	JESSICA ENNIS	STEPHANIE PYWELL	VICKY HUBBARD	NATALIE CLARK	MICHELLE DUNKLEY	AILEEN WILSON	REBECCA JONES
1998									
1999			1.64			1.76			
2000			1.71	1.60		1.75			
2001	1.95	1.84	1.75	1.75	1.46	1.70	1.90	1.87	1.80
2002	1.92	1.84i	1.80	1.73	1.63	1.78		1.83i	1.88
2003	1.93i	1.85	1.80	1.77	1.74i	1.83		1.78i	1.83i
2004	1.89	1.88	1.83	1.73i	1.77	1.88	1.82	1.78	1.83i
2005	1.90i	1.88	1.87	1.70i	1.82	1.86i	1.85i	1.81	1.80
2006	1.85	1.80i	1.91	1.86	1.88			1.75	1.69i
2007	1.88	1.84	1.95	1.90	1.85i				1.78
2008	1.86		1.92i	1.89	1.76i				
2009	1.75	1.83	1.92	1.82i	1.86				
2010		1.78	1.94i	1.90	1.92i				
2011			1.91	1.88					
2012		1.73	1.91i	1.86					
2013		1.73				1.75			
2014		1.72i				1.78			
2015		1.60	1.86		1.77				

KELLY SOTHERTON: 1991: 1.61, 1992: 1.65, 1993 1.67, 1994 1.69, 1995 1.68, 1996 1.71, 1997 1.75, 1998 1.67

	KELLY SOTHERTON	KAY HUMBERSTONE	HAZEL MELVIN	JULIE CRANE	DENISE LEWIS	STEPHANIE HIGHAM	JAYNE NESBIT
1999		1.67					
2000	JESSICA LEACH	1.72i	ADELE LASSU				
2001		1.73i		1.75i	-	1.68	1.83
2002		1.75		1.70	1.83		1.85
2003	1.63	1.74	1.62	1.64i	1.79	1.86i	1.74
2004	1.65	1.85	1.73	1.70	1.80	1.90i	1.73
2005	1.80	1.85	1.77	1.69i		1.90i	1.89i
2006	1.82	1.85	1.75	1.74		1.89i	
2007		1.88i	1.83i	1.76		1.89i	
2008	1.83	1.83	1.74	1.78		1.77	
2009	1.86	1.83i	1.82	1.83		1.79	
2010	1.84i		1.83i	1.86i		1.75	
2011			1.75				
2012		1.72	1.80i				
2013			1.75				
2014							

	JO JENNINGS	DEBBIE MARTI	LEA HAGGETT	DIANA DAVIES	EMMA PERKINS	BETHAN PARTRIDGE
2000					1.68	
2001	1.80	1.78	1.80		1.78	
2002	1.81i	1.85		1.65	1.80	
2003	1.70			1.68	1.75	
2004			JORDANNA MORRISH		1.78	
2005	MORGAN LAKE			1.56	1.70	1.65
2006		ADA'ORA CHIGBO		1.67	ISOBEL POOLEY	1.61
2007			1.31	NIAMH EMERSON	1.55	1.64
2008	1.50		1.52		1.71i	1.66
2009	1.57		1.71		1.79i	1.69
2010	1.70	1.27	1.74i		1.83	1.70
2011	1.76	1.40	1.74i	1.41	1.86i	1.83
2012	1.80	1.55	1.68	1.56i	1.89	1.89i
2013	1.90	1.60	1.79	1.69i	1.84	1.91
2014	1.94	1.77i	1.75i	1.78i	1.96i	1.96
2015	1.94	1.81i	1.75i	1.82	1.97i	1.97

MEN'S POLE VAULT

ANDY SUTCLIFFE: 2005: 3.35i, 2006: 3.90i, 2007: 4.61i JAX THOIRS 2007: 3.32i
 NICK BUCKFIELD: 2008 5.20, 2009 4.73 MARK CHRISTIE..... 2008 5.25, BEN FLINT 2008 4.60
 KEVIN HUGHES ... 2009: 4.50, 2010 4.40, 2012 4.31 IAN TULLETT 2012 4.20

	STEVE LEWIS	LUKE CUTTS	PAUL WALKER	JOE IVE	MAX EAVES	NICK CRUCHLEY	JAX THOIRS	MARK JOHNSON	ANDY SUTCLIFFE	ROWAN MAY
2008	5.71i	5.50i	5.30i	5.10	5.12	4.90	4.10	4.20	4.90	
2009	5.75i	5.62i	5.32	5.26	5.35i	5.00	4.63i	4.40	5.10	2.21
2010	5.72i	5.53i	5.43i	5.35	5.40	5.21	4.71	4.50i	5.36i	4.05
2011	5.65	5.60i	5.35	5.20	5.61i	5.42	5.05	4.60	5.25i	4.92
2012	5.82	5.45i	5.10	5.30i	5.45i	5.35	5.20i	4.64i	5.55i	
2013	5.71i	5.71i			5.35	5.30i	5.50/5.53iu	4.50	5.45i	5.25
2014	5.71i	5.83i	5.35		5.62	5.40i	5.61i	4.50i	5.40i	5.20
2015	5.71i	5.60	5.35i		5.50i		5.65	4.54i	5.45i	4.82i

SCOTT SIMPSON: 2008: 5.31i, 2009: 4.83, 2010: 5.10i

CHARLIE MYERS: 2010: 2.80i, 2011 3.55, 2012 4.10i, 2013 4.50, 2014 5.10i, 2015 5.30

	GREGOR MacLEAN	SCOTT HUGGINS	ADAM HAGUE	ANDREW MARSH	RICHARD HURREN	DANIEL GARDNER	CHRISTIAN NORTH	MATT DEVEREUX	HARRY COPPELL
2008	4.45	5.10		5.20	4.90i	3.45	5.20i	4.81	
2009	4.70	5.01i	3.20i	5.05i	5.18	4.20	5.05i	4.95	3.05i
2010	4.85i	5.10	3.80i	5.20	5.22	4.60	5.05i	5.25	3.80i
2011	5.30	4.80	4.40i	5.30	4.96i	4.86	4.96i	5.00	4.30
2012	5.35i		4.65		4.80	5.10		5.34	5.11i
2013	5.30	4.84i	5.00		4.60	5.20		5.35i	5.25
2014	5.45		5.35			5.40i			5.40
2015	5.00	4.72i	5.60			5.35i			5.42

WOMEN'S POLE VAULT

	HOLLY BLEASDALE	EMMA LYONS	SALLY PEAKE	LUCY BRYAN	KATE DENNISON	KATIE BYRES	KIRSTY MAGUIRE	JADE IVE	LOUISE BUTTERWORTH
2007	2.30					3.30i			
2008	3.10	4.12	2.92i	3.00i	4.40	3.61i	4.02	4.05	4.21
2009	4.05	4.31i	3.60	3.48	4.60	3.90	3.95i		4.12i
2010	4.35	4.25	4.10	4.02i	4.60i	4.05	3.95i		4.03i
2011	4.71i	4.21i	4.35	4.10	4.61	4.20		3.97	
2012	4.87i		4.42i	4.11i	4.56	4.52i	3.20	3.91	
2013	4.77i		4.40i	4.40		4.35i	3.75	4.05i	
2014	4.73i		4.40	4.35		4.10			
2015	4.70		4.25i	4.20		3.70i		4.10	

	CAROLINE ADAMS	ZOE BROWN	HENRIETTA PAXTON	SALLY SCOTT	BRYONY RAINE	ABIGAIL HAYWOOD	KIM SKINNER	IRIE HILL	ELLIE SPAIN
2008	2.80	4.15i	4.05	3.92	3.70	3.91	4.00i	3.60	4.03i
2009	3.15	4.20i	4.15	4.14i	4.05	3.95	4.02i	3.71	
2010	3.35	3.85	4.35	4.20	4.15i	3.87i	4.00i	3.85	TRACY
2011	3.50	4.05		4.16i	4.16	4.00		3.80	CARTER/GRANT
2012	3.50	4.30	4.26	4.12i	4.14i	3.91		3.90	3.02i
2013	4.05	4.22i	4.05i	3.80	3.91i	3.90i			
2014	3.91i	4.45	4.30	4.15	3.95			3.61	
2015	3.70		4.25	4.01i				3.76	

MEN'S LONG JUMP

	GREG RUTHERFORD		BERNARD YEBOAH		JJ JEGEDE		JULIAN REID	
1999	5.04	CHRIS	5.85					
2000		KIRK	6.65					
2001	6.16	6.68	7.10w/7.03			6.01		
2002		7.06w/6.83	7.47	LEIGH	ANTONY	6.97w/6.62		
2003	7.04	7.64	7.41	SMITH	TIMMS	MATTHEW	7.27w/6.93	
2004	7.28	7.56	7.62			BURTON	7.24i	
2005	8.14	7.39w/7.15	7.43w/7.36	7.84w/7.55	6.88			6.93
2006	8.26	7.63		7.80w/7.67	6.93	6.95		
2007	7.96	7.82	7.50i	7.64w/7.59	7.31w/7.22	7.00w	7.85	7.55
2008	8.20	7.93	7.28i	7.66	7.10w/7.00	7.32w	7.80	7.90
2009	8.30	7.44i		7.65w/7.57i	7.62	7.43	7.94w/7.70	8.04
2010	8.22	7.47		7.56	7.04	7.80w/7.70	7.84	
2011	8.32w/8.27	7.63w/7.61		7.71w/7.49		7.83w/7.65	8.04	8.08
2012	8.35	7.66			7.25	7.83	8.11	7.73
2013	8.22	7.42				7.94i	8.05	8.02
2014	8.51					7.87	8.06w/8.05	7.86
2015	8.41							8.07

	CHRIS TOMLINSON	NATHAN MORGAN	JONATHAN MOORE	JOHN MUNROE	PHILLIPS IDOWU	STEVE PHILLIPS	DARREN RITCHIE	STEWART FAULKNER	CHRIS DAVIDSON
2005	7.95i	7.77	7.62			7.72w/7.57	7.90w/7.78	7.35	6.87
2006	8.09	8.05i	7.79w/7.46	6.65	7.78w/7.58	6.86	7.98w/7.88	6.86	ELLIOT
2007	8.29	8.05w/8.00	8.04w/7.88	6.67	7.12w/7.10	6.92w	JAMES	FERON	SAFO
2008	8.18i	8.01w/7.99	8.12w/8.00	6.82			McLACHLAN	SAYERS	6.15
2009	8.23	7.77	7.72	6.78i			6.51	7.03	6.93w/6.79
2010	8.23	7.69		6.29			7.47	7.20	7.31w/7.24
2011	8.35	7.27				7.09	7.63	7.31w/7.25	7.41w/7.38
2012	8.26					6.95	7.71	7.37	7.65
2013	8.21						7.86	7.80	7.86
2014	8.23						7.69i	7.50i	7.73
2015	7.96						7.67	7.30	7.17

	DAN BRAMBLE	BRADLEY PICKUP	EZEKIEL EWOLU	Ewolu	JACOB FINCHAM
2007	6.66	6.91	7.17	6.91i (2003)	
2008	6.92	6.91	7.47	6.88 (2005)	-DUKES
2009	7.13w/7.06	6.98	7.47		
2010	7.32	7.28i	7.70		5.05i
2011	7.77w/7.65	7.59w/7.45	7.64		6.09
2012	7.69	7.79	7.61		6.98
2013	7.91	7.91	7.70i		7.15
2014	7.80i	8.16	7.53		7.61
2015	8.21	7.49i	7.85 (NGR)		7.75

WOMEN'S LONG JUMP

SHARA PROCTOR (Anguillan, switched to UK nationality at end of 2010): 2003: 5.64, 2004: 5.99A

SARAH CLAXTON: 2005: 6.46, 2006: 6.28, 2007: 6.02i, 2008: 6.16i

KIM ROTHMAN: 2005: 5.86i, 2009: 5.65w/5.62

	SHARA PROCTOR	AMY HARRIS	JADE JOHNSON	LOUISE HAZEL		ABIGAIL IROZURO	JULIE HOLLMAN	AMY WOODMAN	SARAH WARNOCK
2005	6.24	6.39w/6.35	6.52i	6.10w/5.94i	LORRAINE	5.54	6.41	5.98i	5.17
2006	6.17	6.40w/6.38	6.65w/6.63	6.33	UGEN	5.82	6.47i	5.94	5.46
2007	6.17	6.47i	6.58w/6.56	6.00w/5.98	5.55	6.11	6.36	5.98w/5.96	5.46
2008	6.61w/6.54A	6.20i	6.81	6.08w/6.03	5.79	6.29w/6.18	6.35w/6.20	6.21	5.68w/5.67
2009	6.71	6.18i	6.42i	6.39	6.29	6.28w/6.12		6.40i	5.81w/5.73
2010	6.69	6.39	6.48w/6.39	6.44	6.42w/6.35	6.37		6.34w/6.25i	6.07w/5.84
2011	6.81	6.48w/6.43i		6.41w/6.36	6.54	6.34		6.22w/6.17	5.90w/5.83
2012	6.95	6.43	6.39		6.83w/6.54	6.80		6.22w/6.17	5.99
2013	6.92	6.42			6.77	6.63		6.32	6.29w/6.24
2014	6.82	6.36i			6.73iA	6.64w/6.41		6.41w/6.39i	6.42
2015	7.07	6.17			6.92	6.73i			6.37i

	KELLY SOTHERTON	JESSICA ENNIS	DOMINIQUE BLAIZE	PHYLLIS AGBO		KATARINA JOHNSON	JADE SURMAN	JADE NIMMO	SARAH WELLSTEAD
2005	6.67	6.22	5.90	5.81	SAWYERS	4.20	5.96	5.63w/5.62	6.25
2006	6.67	6.24	6.00	6.15	5.05	5.11	6.28w/6.24	5.74	6.12
2007	6.68	6.54w/6.40	6.03	6.14	5.65	5.77i	6.27	6.14	6.22
2008	6.79	6.33i	6.23	6.37	5.72	6.11i			5.99
2009	6.22w/6.15	6.43		6.47	5.97	6.31		6.25w/6.23	6.27w/6.13
2010		6.51	6.31	6.22	5.60i	6.25i		6.20i	6.27
2011		6.51	6.51w/6.34i	6.24w/6.10	6.27w/6.23	6.44		6.31	5.60i
2012		6.51	6.45	6.05	6.67	6.81w/6.51	6.22	6.47	5.54
2013		6.26	6.56w/6.54	6.10	6.63	6.56	6.19i	6.39	5.21
2014					6.54	6.92		6.24	
2015		6.43			6.71	6.93i			

MEN'S TRIPLE JUMP

NATHAN DOUGLAS 1999: 14.31, 2000 15.18, 2001 15.50 GARY WHITE 1999: 12.90, 2000: 14.03, 2001: 14.41

	PHILLIPS IDOWU	LARRY ACHIKE	NATHAN DOUGLAS	JULIAN GOLLEY	JON CARR	NICK THOMAS	MIKE McKERNAN	GARY WHITE	TOSIN OKE
2002	17.68	16.71	16.13w/15.69	15.77w/15.66		16.17	16.01w/15.12	14.48	16.65
2003		16.55	16.30	16.00w/15.50	13.49	16.44	15.44w/15.26	14.99	16.61i
2004	17.47	16.68	16.95	16.35w/15.72	14.04i	16.27i	14.95	15.15w/15.11	16.75w/16.49
2005	17.30i	17.03	17.64	16.25	14.94	15.69w/15.65	14.81w/14.78	15.56	16.30w/16.12
2006	17.50	16.74	17.42	16.50w/16.20	15.65w/15.07	16.49i	15.16	15.72	16.50w/16.33
2007	17.56i	16.43	17.47i	16.51	15.20i	15.99i	16.06	16.33	16.86
2008	17.75i	17.20	17.18	16.35	15.19	15.86i	15.39i	16.01i	16.63w/16.47
2009	17.73	17.07	17.01	16.12i	15.88	15.86i	15.22w/15.16i	14.77	16.87
2010	17.81	16.87w/16.67	17.03	15.54	15.18w/14.98	16.44	15.22		17.22A
2011	17.77	16.83		15.61	15.47i	16.30w/16.17	15.90	15.78	17.21
2012	17.31	16.30	16.46	15.19	15.63	16.18i	15.26w/15.05	15.31	17.23
2013	16.44		16.74	15.57w/15.43	15.01i		14.33i	15.82	
2014	16.99		16.65	14.97	15.47			15.19	17.21
2015			16.94	15.25					17.10

	FEMI AKINSANYA	CHARLES MADEIRA-COLE	STEVE SHALDERS	JONATHAN EDWARDS	REZ CAMERON	JONATHAN MOORE
2002	15.66	NATHAN 15.43w/15.22	16.41	17.86	13.94	
2003	16.44	FOX 14.60w/14.01	16.04	KOLA 17.61	14.06	
2004	15.85i		16.62	ADEDOYIN	14.06i	
2005	15.76	14.11 JULIAN REID	17.00w/16.71	12.62 JONATHON	13.67	16.13
2006	15.83	14.74	EFE 16.39i	13.48 SAWYERS	13.61w/13.41	
2007	15.05	15.11 15.83	UWAIFO 15.75	15.08	13.17	14.82
2008	14.63	14.74 16.55		14.50w/14.13	13.76	12.85i
2009		15.39 17.10w/16.98	12.90	15.63	13.94i	13.14
2010		15.42i	13.75	15.93	14.91	12.76
2011		15.39 16.77	15.22	16.06	15.21	12.75
2012		16.29 16.76w/16.35i		16.25	14.11i	
2013		16.22 16.79	15.70	16.50i	15.64	
2014		16.69 16.87i	15.57	16.61	15.45	
2015		16.65 16.95	15.88i	15.79	15.60	

	MICHAEL PUPLAMPU	DANIEL LEWIS	BEN WILLIAMS	EFE UWAIFO
2005		13.95		
2006	14.32	14.44	12.63	
2007	14.37	14.76	14.65w/14.52	MONTEL
2008	14.50	14.69	15.78w/15.72	NEVERS 11.14
2009	15.44	15.63w/15.18	16.09	12.90
2010	14.69	15.90w/15.48	15.91	13.24 13.75
2011	15.42i	15.48w/15.05	15.88i	14.23 15.22
2012	16.59w/16.19	15.72	15.43w/15.28i	14.81
2013	16.20	16.04		15.15 15.70
2014	15.94	16.31i	16.73w/16.46	15.14 15.57
2015		15.91	16.74 15.98w/15.83	15.88i

WOMEN'S TRIPLE JUMP

	ASHIA HANSEN	YASMINE REGIS	NADIA WILLIAMS	NONY MORDI	STEPHANIE ANETO	ZAINAB CEESAY	REBECCA WHITE	GILLIAN KERR	DEBBIE ROWE
2002	15.00w/14.86	10.74			12.30		13.15w/12.97	11.07w	12.84
2003	15.01i	11.95	11.92		12.41i	12.78w/12.71	13.25w/12.95i	11.86w/11.82	12.35
2004	14.47i	12.71w/12.49	12.75w/12.74	12.43w/12.34	12.48	12.54	13.02	11.92	12.12w/11.86
2005		13.13	13.31	12.50	13.03	12.87	13.51w/13/10	12.22	12.90
2006	13.65	13.75w/13.14	13.42	12.88	12.93w/12.91		13.23i	13.17w/12.98	13.09
2007	13.68i	13.35w/13.27i	13.59	13.22	12.98		13.17	13.42w/13.25	12.74
2008	13.31	13.85A/13.52	13.45	13.76w/13.62	13.04i	13.27	11.81	13.05i	
2009		13.82w/13.75	13.67	13.45i	13.17w/13.07i	13.04	12.98	12.23i	
2010		13.55	13.75w/13.68	13.15w/13.13	13.24	12.82	12.81		
2011		13.76	13.94w/13.77		12.73	12.32			NAOMI
2012		13.50i	13.71	12.78i	12.90				OGBETA
2013				13.44	12.24	13.27			9.88
2014			13.27i	12.98w/12.94		12.95			12.61
2015						13.12i			12.98

YAMILE ALDAMA: Cuba to 2000, Sudan from 2004 and GBR from 2011

1994: 13.92, 1995: 13.84, 1996: 14.43, 1997: 14.46, 1998: 14.55, 1999: 14.77, 2000: 14.47, 2001: 13.85i.....

	LIZ PATRICK GRIFFITHS	MICHELLE TURNER	KARLENE PARKER	EMILY STEAD	CAROLINE FRANKSON	HANNAH ALDAMA	YAMILE GUTZMORE	SINEADE BARRETT	ANGELA
2002	12.06w/11.83	13.44	12.39w/11.95	12.52	12.24		14.54w/14.40		11.85i
2003	12.09i	13.03i	12.61w/12.54	12.67w/12.60	12.48w/12.42		15.29		
2004	11.42	13.85w/13.49	12.44	12.97			15.28	11.92	
2005	11.56		12.98	13.02i	LAURA	12.24	14.82	11.96w/11.64	12.03
2006	11.38	12.80	13.31		SAMUEL	12.32	14.86i	12.43	12.05
2007	11.59					11.94w/11.54	14.58	12.83	11.30
2008		CHIOMA	12.79		11.81	11.19	14.51	13.02w/12.97	12.60w/12.55
2009	LISA	MATTHEWS			12.98	12.86	14.68w/14.48	12.61	12.60i
2010	JAMES	12.60w/12.58		11.78w	13.75		12.41i	13.09	12.77
2011		13.18w/12.76			13.77w	13.44	14.50	13.22	13.18i
2012	11.54	13.02	13.10	11.81i	13.75	13.33	14.82i	13.37w/13.30	12.69
2013	12.37	13.50	12.81		13.75w/13.73	12.95	14.06	13.38	13.04i
2014	12.58	13.46			14.09		14.05w/13.85		13.09i
2015	13.22w/13.03	13.53			14.06		13.08	13.54	13.18i

MEN'S SHOT PUT

MARK PROCTOR 2006: 17.59, BRUCE ROBB: 2006: 13.99, 2009: 15.17, 2011: 14.66
STEVE WHYTE 2015: 12.69

	CARL MYERSCOUGH	KEIRAN KELLY	MARK EDWARDS	CARL FLETCHER	SCOTT RIDER	EMEKA UDECHUKU	GREG BEARD	SAM WESTLAKE CANN	RYAN SPENCER JONES
2006	20.75i	16.78i	18.78	15.49	17.86	18.97		17.61	13.07
2007	19.96	18.17i	19.88	16.55	18.16	18.29		17.71	15.25
2008	20.38	18.45	20.88	16.83	18.80	18.70		16.18	15.45
2009	20.33	19.02i	19.33	17.90		17.82		17.10	16.79
2010	20.44i		19.38	18.70	18.95	17.04	16.51	17.36i	17.98
2011	19.31			17.00i	18.77	16.58	17.81	16.71	17.95i
2012	20.13				18.43i	16.45	18.21		18.10i
2013					18.75i		18.59i		18.66i
2014					18.40		17.55i		18.32
2015					17.88				

	JAMIE WILLIAMSON	NEIL ELLIOTT	JAMIE STEVENSON	SCOTT LINCOLN	CURTIS GRIFFITHS PARKER	CHRIS GEARING	DAVID READLE	MARCUS GOULDB'RNE	ZANE DUQUEMIN
2006	17.28i	16.23i	17.32 (5)	11.90 (4)	18.99 (5)	17.89i	15.45i	13.52	
2007	17.77	16.55	15.20	11.90 (4)	19.57 (5)	17.90	15.61		
2008	17.22	16.38i	16.78	13.27 (5)	18.56 (6)	KAI JONES	14.26i	14.08i	14.96 (6K)
2009	17.28	16.56i	17.85	13.34i	16.97	10.74 (3.25K)		15.25	15.19
2010	17.66i	15.26i		13.44	17.62	14.69 (4)	11.92		16.38
2011	17.58i	14.93i		14.49		18.01 (4)			17.57
2012	18.17			16.01		13.41			18.48
2013	18.29i			16.50		15.05			19.42
2014	17.10i		16.54	17.59			12.32		18.90
2015	15.19		16.62	18.54			11.88		18.29

GARETH WINTER

2009	13.22	
2010	14.18	YOUCEF
2011	15.74	ZATAT
2012	16.57	13.28
2013	16.84i	15.54
2014	17.90	16.66
2015	18.07	17.15

WOMEN'S SHOT PUT

	RACHEL WALLADER	SHAUNAGH BROWN	KELLY SOTHERTON	AMY HILL	JESSICA ENNIS	ALISON RODGER	ELEANOR GATRELL	REBECCA PEAKE	EMMA MASSEY
2005	12.31	11.28	14.22i	11.59i	12.26				
2006	12.93	12.49	14.27	13.02i	12.76	15.55i	15.55	15.46	15.59
2007	13.90i	13.30	14.57i	14.13i	13.28i	15.64	15.86	16.16	16.63
2008	14.57	14.27	14.66	14.21i	13.52	15.88	15.96	16.23	16.20
2009	15.45	14.51i	14.51	15.28	14.14	15.80	15.61	16.55	
2010	14.94i	15.32	14.41i	15.03i	14.25	16.09i	16.17	16.76	14.41
2011	16.28	15.27		14.96i	14.67	15.57i	14.93	16.29	
2012	16.31	16.31	12.98		14.79i	15.67i	15.36i		
2013	16.41	16.39				15.55	15.43		
2014	16.83	15.96				15.53	15.93		
2015	17.42	15.55i			13.95		13.94i		

	SOPHIE McKINNA	JULIE DUNKLEY	CAROL PARKER	JOANNE DUNCAN	PHILIPPA ROLES	KIRSTY YATES	EDEN FRANCIS	ADELE NICOLL
2006		16.11i	13.23	17.13			14.98	
2007		13.78	13.32	16.85		11.23 (3.25K)	15.82	6.80 (2.72K)
2008	11.19 (3.25K)		12.88	16.37	15.57	11.96	16.12	10.17i (2.72K)
2009	12.91i	MORGAN	12.63	15.81	13.61	12.57i	16.53	11.92 (3.25K)
2010	15.14	LAKE	12.04	15.92		12.73	16.24	11.84i
2011	15.71	13.98 (3.25K)	12.37	15.23		14.11	16.73	12.76
2012	16.23	12.74	12.35			15.22	17.24	13.71
2013	17.12	12.89	12.26			15.87i	15.44	14.73
2014	16.59	14.85	12.06			16.42	17.07	14.65
2015	16.41	13.91i	12.45			15.34	16.94i	15.55

MEN'S DISCUS

LAWRENCE OKOYE 2008: 48.26 (1.5K), 2009: 50.70 (1.75), 2010: 63.92 (1.75), 2011: 67.63, 2012: 68.24

	MARCUS GOULDBOURNE	SCOT THOMPSON	STEVE WHYTE	LES RICHARDS	BRUCE ROBB	DANNY GREAVES	LEITH MARAR	MARK WISEMAN	
2000		50.07							
2001		51.42	46.50	40.06	54.25	43.66	46.97		
2002	49.53	BRETT	52.97	40.39	42.86	52.22	43.08	42.76	53.57
2003	51.75	MORSE	55.27	44.33	45.25	48.79	43.71	47.67	54.41
2004	54.48		55.32	48.30	49.16	53.83	47.27	53.20	54.94
2005	56.67	43.42 (1.5K)	54.91	47.86	50.90	55.40	50.02	53.73	54.61
2006	58.69	45.52	51.10	45.70	54.97	47.81	47.11	52.71	53.10
2007	57.41	55.65	52.73		56.06		45.84	53.61	53.71
2008	57.32	56.87	54.12	46.00	53.08		49.76	49.97	55.82
2009	56.15	59.52	52.05	47.31	49.18	46.78	46.88	45.73	54.51
2010	57.04	63.35	53.66	45.07	57.09		43.98	51.03	52.80
2011	56.35	66.06	48.64	44.72		48.18		50.53	51.52
2012		64.35		41.24	43.33			52.25	50.53
2013		66.84	47.33		47.86				49.15
2014		63.34		47.54					48.53
2015		63.42		40.09					51.04

	EMEKA UDECHUKU	ABDUL BUHARI	MATT BROWN	CARL MYERSCOUGH		KEVIN BROWN	CHRIS SCOTT	SIMON COOKE	PERRIS WILKINS
2002									
2003	60.66	48.95		61.85	ZANE	52.59	41.24 (1.5)	44.78	
2004	64.93	51.78	55.76	65.10	DUQUEMIN	49.52	42.02 (1.75)	52.90	
2005	61.18	54.53		61.53	33.54 (1.25)	56.20	42.13	50.78	
2006	59.92	56.72	54.14	61.11	36.86 (1.5)	56.15	46.94	52.76	55.64
2007	63.37	56.87	55.04		47.16 (1.5)	57.84	51.21	54.23	56.65
2008	61.92	61.30	56.97	56.81	40.57	52.86	53.87	53.03	54.72
2009	59.23	58.79	55.56	56.65	52.91	52.93	53.97	52.66	50.71
2010	61.02	59.34	55.57	61.51	52.48	53.65	59.90	54.13	53.09
2011	57.06	65.44	52.78	65.04	57.35	52.35	63.00	56.03	48.96
2012	61.91	65.24	50.25	65.24	63.46	52.50	58.13i	58.84	50.70
2013	55.03		52.14		60.56	52.57	59.58	51.38	47.59
2014			50.30	62.57	61.15	47.21			45.90
2015			50.26	60.11	59.08	42.90			38.52

	ABI EKOKU	NEVILLE THOMPSON	GLEN SMITH	LUKE ROSENBERG	NEIL GRIFFIN	TOM NORMAN	ANGUS MCINROY	JAMIE WILLIAMSON	ROBERT RUSSELL
2003		51.29	58.53	50.00	43.20		43.01 (1.75K)		
2004	49.26	51.72		52.90	41.90		40.41	42.30	
2005	49.61	51.82		53.77	43.86		42.16	47.02	49.44
2006		51.51	NICK PERCY	50.97	41.48	49.39	43.89	48.73	50.82
2007	49.59	51.97	31.00 (1K)	50.78			52.82	45.11	50.47
2008	46.61	48.29	39.83 (1.25)		35.49	56.12	51.69	51.11	48.33
2009		44.66	46.92 (1.25)		37.18	54.71	52.66	52.72	
2010	47.65	47.14	52.15 (1.5)		34.62	54.44	58.77	50.18	45.51
2011		48.25	50.58 (1.75)		34.91	59.98	57.05	55.06	44.45
2012	39.18	43.44	45.66	46.25	31.83	59.37	56.49	59.58	44.51
2013		45.69	56.44			57.05	54.40	54.74	37.77
2014			58.61			59.30	57.28	50.96	41.25
2015			58.54			49.54	55.18	51.32	40.84

WOMEN'S DISCUS

	PHILIPPA ROLES	SHELLEY NEWMAN	KARA NWIDOBIE	CLAIRE SMITHSON	EDEN FRANCIS	JADE LALLY	NAVDEEP DHALIWAL	EMMA CARPENTER	SHAUNAGH BROWN
2002					30.43				24.20 (0.75kg)
2003	62.89	61.22	49.29	54.49	39.56	37.22	45.21	50.55	31.91
2004	59.52	60.34	52.98	53.96	45.36	41.85	45.10		37.19
2005	58.07	SHADINE	57.27	55.93	47.00	42.29	47.50	52.06	42.43
2006	59.56	DUQUEMIN	56.43	56.73	48.20	47.34	49.05	56.37	46.01
2007	59.08	28.84	55.21		55.28	49.28	47.59	54.58	51.18
2008	61.41	31.03			56.57	49.19	44.70	57.26	49.69
2009	57.57	40.36		As Claire	59.27	54.47	50.93	50.90	50.81
2010	58.63	41.52		Koom-Dadzie	58.99	58.38	53.44	49.62	48.09
2011	54.64	49.25		47.78	59.78	60.76	48.87	51.57	51.57
2012		51.31		48.32	57.61	60.51	48.51	52.08	50.09
2013		51.48		48.93	52.10	60.23			48.68
2014		53.44			56.29	60.48			51.77
2015		51.21			57.06	60.01			49.53

	EMMA MERRY	DEBBIE CALLAWAY	ROSEMARY CHRIMES	GWEN BIRD	KIRSTY LAW	LORRAINE SHAW	REBECCA ROLES	LESLEY BRYANT	SARAH HENTON
2001					33.82				
2002					39.08				
2003	51.86	42.48	31.62		39.80	46.21	54.73	39.59	
2004	48.54	42.13			46.40		56.25	35.21	45.47
2005	53.44	43.82	29.70		45.57	43.56	52.12	36.17	48.60
2006	48.03	42.15		38.64	52.30	41.74			46.95
2007		43.43	27.72	38.10	50.97		AMY HOLDER	GEORGIE TAYLOR	46.74
2008	40.12	43.06	29.07	39.25	49.49	38.65	21.42	32.93 (0.75k)	47.30
2009	43.70	41.62	26.89	38.28	51.83	37.31			50.54
2010	43.23	38.66	27.92	35.12	54.33	36.99	32.27	32.93	49.64
2011		38.85	29.11 (0.75k)		55.17		35.12	39.81	50.55
2012			26.19		57.79		39.05	45.10	49.43
2013			20.52		55.66		44.29	47.04	52.84
2014			19.80		57.15		49.19	45.94	50.49
2015					56.03		51.89	48.84	

MEN'S HAMMER

CHRIS BENNETT:

2004 48.24(4), 2005: 54.07(5), 2006: 55.63(6), 2007 53.73, 2008 57.15, 2008 58.84, 2009 63.53

MATTHEW RICHARDS:

2002 50.64 (5), 2003 49.03 (6.25), 2004: 46.03, 2005 46.10, 2006 54.38, 2007 58.57, 2008 59.10, 2009 60.06, 2010 61.36

MICK JONES: 2010 59.75

NICK MILLER: 2007 (4) 40.47, 2008 52.48 (5), 2009 (5) 61.85, 2010 49.86

	MARK DRY	JAMES BEDFORD	ALEX SMITH	ANDY FROST	NICK MILLER	MICHAEL BOMBA	MIKE FLOYD	AMIR WILLIAMSON	MATT LAMBLEY
2011	72.49	69.24	74.62	72.79	57.74	67.02	72.45	67.06	67.66
2012	74.82	70.68	75.63	71.36	67.56	68.74		67.57	67.79
2013	74.46	70.82	72.45	72.31	71.60	70.90	70.48	71.01	
2014	74.63	69.72	73.52	71.19	74.38	69.10	61.10	70.07	D SMITH (74)
2015	76.93	66.57	69.22	69.49	77.55	68.98	62.90		60.72

	CHRIS SHORTHOUSE	PETE SMITH	CHRIS BENNETT	MATTHEW RICHARDS	SIMON BOWN	JOHN PEARSON	STEVE WHYTE	MATTHEW BELL	GARETH COOK
2011	66.14	66.66	68.84	64.69	66.29	59.51	55.17	62.15	52.49
2012	66.69	71.75	68.08	62.87	62.86	60.45	54.82	55.29	50.87
2013	68.35	67.97	71.24	64.58	62.16	60.19	54.81	54.71	52.49
2014	66.71	61.29	72.58	62.80		58.63	55.26	55.15	50.56
2015	70.18		74.66	61.87		57.10	51.54	51.55	51.85

	TAYLOR CAMPBELL	OSIAN JONES	CALLUM BROWN	IAIN PARK
2010		55.43 (6k)	48.27	54.57
2011	56.95 (6k)	60.22 (6k)	54.57	
2012	59.49 (6k)	57.19	58.29	
2013	57.19	61.91	62.05	
2014	65.00	65.91	65.73	
2015	69.39	67.88	67.31	50.90

WOMEN'S HAMMER

RACHEL HUNTER: 2009 38.93, 2010 49.51 KIMBERLEY REED 2009 45.73 (3K), 2010 51.02

	SOPHIE HITCHON	SARAH HOLT	SHAUNAGH BROWN	CARYS PARRY	SUSAN McKELVIE	RACHEL GAIR	RACHEL HUNTER	LOUISA JAMES	LAURA DOUGLAS
2011	69.59	66.46	56.10	63.86	65.03	62.66	52.93	58.10	64.05
2012	71.98	68.50	61.13	64.96	64.65	61.38	55.30	59.03	59.96
2013	72.97	67.70	66.06	63.81	62.65	61.83	60.91	60.83	60.31
2014	71.53	65.67	66.85	66.80	64.26	57.90	66.30	62.30	60.00
2015	73.86	68.97	62.17	66.36	62.72		65.63	59.85	

	KIMBERLEY REED	CHRISTINA JONES	MYRA PERKINS	HAYLEY MURRAY	ABBI CARTER	ZOE DERHAM	LUCY MARSHALL	HANNAH EVENDEN	SAMANTHA HYNES
2011	55.98	53.37	61.94	56.24	59.55	65.37	54.73	55.43	60.10
2012	56.41	56.12	57.93	57.16	60.75	67.39	55.23	57.16	62.96
2013	59.69	59.25	58.42	58.39	57.62		54.82	54.33	
2014	61.77	61.69	63.11	58.23			56.20	55.79	
2015	54.96	63.98	58.96	55.49	60.25		60.41	55.35	

MEN'S JAVELIN

	CHRIS HUGHFF	STEVE BACKLEY	MICK HILL	MARK ROBERSON	NICK NIELAND	NIGEL	BEVAN	KEITH BEARD	DAVID PARKER	NEIL McLELLAN
1998										
1999	55.61	87.59	84.94	81.59	83.68	65.78	68.36	77.48	63.00	
2000	61.02	89.85	83.71	79.40	85.09	65.05	67.48	78.24	68.27	
2001		90.81	84.88	80.80	82.93	63.29	68.08	78.33	68.78	
2002	67.07	88.54	82.90	78.80	80.05	61.81	67.65	74.80	66.33	
2003	69.78	85.69	78.73	77.54	82.97	64.22	68.22	65.30	70.40	
2004	67.67	84.13	80.46	76.07	79.06	63.54	68.97	71.74	69.87	
2005	63.09	DAN PEMBROKE		72.10	79.56	60.42	66.84	76.95	71.36	
2006	59.24	57.00	JOE		84.70	56.60		73.02	72.58	
2007	68.26	58.70	DUNDERDALE	BENJI	79.04	55.76		71.73	74.92	
2008	72.15	62.25	45.51 (700)	PEARSON				70.64	72.19	
2009	76.92	71.45	59.14 (700)			GEORGE		71.20	70.75	
2010	71.10	72.54	65.14	66.34 (700)		DAVIES	56.64		71.59	
2011	67.22	75.89	72.55	67.22	70.39	42.75 (600)	66.21		67.47	
2012	67.39	75.52	75.73	70.44	65.64	51.91 (700)	62.10		67.83	
2013	67.30	72.40	73.97	71.76		64.34 (700)	65.08			
2014			76.13	74.71		70.07 (700)				
2015	63.57		72.61			64.17	54.82			

	MICHAEL ALLEN	GARY JENSON	PETER YATES	PHILL SHARPE	ROALD BRADSTOCK	ALEX vd MERVE	STUART FABEN	JAMES CAMPBELL	LEE DORAN
1998									
1999	66.38	64.16	71.51	70.17			75.22		
2000	68.34	68.91		71.79		56.48	75.37		
2001	59.77	MERVYN	66.86	68.49		64.04	73.15	43.31 (600)	67.31 (700)
2002	75.43	LUCKWELL	64.79	71.09		68.85	76.17	52.59 (600)	
2003	74.23	53.87	65.56			68.75	75.00	58.58 (700)	
2004	72.02	57.37	65.11	70.47		69.10	NEIL	67.21	66.14
2005	72.18	69.68			68.81	71.49	CROSSLEY	67.08	67.25
2006	79.55	72.37				69.79	60.98	73.18	72.04
2007		75.68		68.43	72.02	69.19	55.45	73.00	73.75
2008	76.38	74.98		65.66		74.62A	59.19	73.70	72.26
2009	73.90	81.05	59.44	61.87	69.63	70.86	65.41	76.71	71.58
2010	73.14	80.08			71.22	65.40	69.09	80.38	75.12
2011		83.52			74.73	69.68	71.28	80.18	78.63
2012		82.15			72.78		72.08		79.72
2013							73.41		75.60
2014	63.96	67.03					71.80	70.78	76.61
2015	64.55						67.23		71.18

BONNE BUWEMBO			
2004	51.52		
2005	54.99		
2006	59.42		
2007	63.30	FREDDIE	
2008	70.80	CURTIS	
2009	68.75		HARRY
2010	67.25	49.42	HUGHES
2011	70.43	58.50	
2012	69.54	67.84	52.81 (700)
2013	70.78	69.48	62.30
2014	74.64	71.83	59.85
2015	73.53	72.73	71.73

WOMEN'S JAVELIN

CHLOE COZENS; 1996: 39.12, 1997: 45.38, 1998: 48.00

GOLDIE SAYERS: 1994: 25.80, 1996: 41.56, 1997: 45.10, 1998: 51.92

KATIE WATTS: 1995: 32.52, 1996: 39.94, 1997: 41.42, 1998: 45.08

	GOLDIE SAYERS	LAURA WHITTINGHAM	KATIE WATTS	KELLY MORGAN	CHLOE COZENS	ROSIE SEMENYTSH	SHARON GIBSON	KIRSTY MORRISON/ HERBERT	KAREN MARTIN
1999	51.06		45.24	54.61	48.15		50.85	55.91	59.50
2000	54.58		43.46	58.45	51.79		48.00	51.22	58.54
2001	55.40	36.31	46.29	54.49	51.65	34.37	49.36	53.10	55.85
2002	58.20	38.45	47.33	64.87	51.65	41.01	48.73	55.74	56.34
2003	56.29	40.12	49.40		47.61	40.58		52.48A	51.15
2004	60.85	41.89	49.83	58.98	51.15	45.83		48.79	46.33
2005	61.45	50.57	51.45		44.89	41.08	NATASHA WILSON		46.71
2006	60.41	50.28				46.68			
2007	65.05	52.88	48.19			48.43			45.23
2008	65.75	50.73	50.02			49.04	36.64 (400g)		
2009	59.82	52.76	52.41			49.37	36.87		
2010	63.15	60.68	51.97	47.97		50.34	40.57	48.79	
2011	64.46	59.95	51.80			48.81	42.55	47.63	
2012	66.17	54.25	51.55			49.54	46.80	46.68	
2013			49.55			50.43	47.90		
2014	62.75	54.40	49.15			50.06	45.77		
2015	62.09	54.15	45.55			47.93	43.40	40.00	
	SHELLEY HOLROYD	LORNA JACKSON	LIANE CLARKE		JESSICA ENNIS	ISABELLE JEFFS	ELOISE MEAKINS	JOANNA BLAIR	KIKE ONIWINDE
1999	49.30	56.00							
2000	53.06	57.19						34.16	
2001		52.74	32.76					36.60	
2002	54.18	48.54	40.68					41.04	
2003	49.76		45.55	FREYA JONES				46.90	
2004	57.48		50.95					49.85	
2005	55.14		49.31	26.82 (400g)	32.55	33.28	28.39 (400g)	51.23	
2006	49.46		48.33	33.05 (400g)	36.81	36.92	32.10	52.84	30.57
2007			52.68	36.47	38.07	43.51	33.48	47.76	38.16
2008			47.06	44.23	43.08	47.72	39.38	42.06	41.59
2009			47.02	49.66	46.47	48.90	39.48	46.96	45.60
2010			51.11	51.28	46.71	54.89	44.39	52.66	46.61
2011			52.31	52.82	44.81	52.55	47.26	49.50	49.35
2012				52.73	47.49	55.79	52.32	48.99	52.02
2013				54.95	48.33	56.31	50.16	49.25	45.39
2014				55.36		58.63	49.38	49.85	54.71
2015				54.11	43.88	57.39	48.64	54.57	48.78